

Declassified E.O. 12356 Section 3.3/NND No. 785-016

10000/419/46

21 PP

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10000/119/46

21- Basis of Ration Scales
August 1943 - February 1944

21 pp

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HEADQUARTERS PENINSULAR BASE SECTION

7 FEBRUARY 1944

CONFIDENTIAL

CONFIDENTIAL

OPERATIONAL PRIORITY

TO (ACTION) : CG PERBARE FOR FARGO FOR EVANS FOR BUCK
(INFORMATION) : NONE
FROM : AMO REGION 2
DATE TIME SIGNED : 071200A
DATE TIME REC'D : 071540A
REF NR : RT/138 6
SITE : NONE

RADIO BROADCASTS EMBARRASSING WITH ADVICE TO ALL ITALIANS THAT
RATION WILL BE INCREASED AS OF 7TH. DISTRIBUTION IMPOSSIBLE TO MEET
THIS DEMAND UNLESS ARMY LENDS ROAD TRANSPORT ON HAND IN AREA AND
RAILROAD CARS MADE AVAILABLE AND LANDING CRAFT USED TO DO SHORT
HAUL REGGIO AND VIBO ARIA AND ALL UP WEST COAST TO SAVE RAILROAD
TRUCKS. DISCONTENT CERTAIN. LAY ON FOR RAIL MOVEMENT GROTOLE TO
POTENZA STARTING ABOUT FEB 15. MINIMUM EXTRA 3 CARS PER DAY AND
HIGH PRIORITY NECESSARY TO PREVENT SUPPLIES NOT GETTING THERE ON
TIME. REQUISITION 15,000 GALLONS CARBON DISULFIDE TO KILL GEEVIL
ARRIVE JULY 1. 1797

21
INFO : AMO HQ
WGS ADV ✓
TRANS
G-4
C.O.
SECT

CONFIDENTIAL

13078

Daily Wheat Required ~~Units~~ for Regions II & III and Province of Apulia:Apulia (less Foggia 518,000 pop.)

Population	2,100,000
Ration per person	
per day	<u>170</u>
	357,000,000 gr. per day
or	357 tons per day

Ration of 200 gr. per person - per day 420 tons per day req.

Region II

Population	2,252,000
Ration per person	
per day	<u>100</u>
	225,200,000 gr. per day
or	225 tons per day

Ration of 200 gr. per person - per day 450 tons per day req.

Region III (including Salerno pop. 692,000)

Population	3,645,000
Rations per person	
per day	<u>125</u>
	455,725,000 gr. per day
or	455.7 tons per day

Ration of 200 gr. per person - per day 829 Tons per day req. 17796

Summary

At present ration 1,037.7 tons per day are required.
At a ration of 200gr. per day per person 1,699 Tons per day are required.

1920

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CIPHER 3040 IN

5140
L 10 10 10
1000 5100 1

File

AS PERIOD FOR PERIODAL TWO PERIOD H. 100

FROM PERIOD SIGNING CINC CIE PHOGE 44660

22 Jan

NOTE SIGNING YOUR 2174 OF 27-10 JAN. 1960. INCORPORATED ORIGIN 3
BEING INCORPORATED FOR IN 101010 IS 1000 1000 (ITALY)
1000-1000 OF 27-10 JAN

SEC DISTRIBUTION

LOCATION 4
INFO HUS(ADV) ✓
G4
MIA LO

OR
SEC 1000 301230A

Fatima 2174

21

27 Jan 1960

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CIPHER MESSAGE IN.

SIGS NO: 2410.
IMPORTANT.

TO: - FREEDOM INFO FLAMBO, ACMF,

FROM: - FATIMA SGD MACFARLANE. R329-27 2174

POLICY DECLARATION CAN BE TRANSMITTED TO ITALIANS.
SECOND. ABOVE LAYS DOWN OVERALL RATION CEILING OF 500,
000 RPT 500,000 AND THEREFORE INCLUDES LOCAL RATION
CEILINGS PROPOSES IN DCAO/10590 OF 20 JAN WHICH ARE
ADMINISTRATIVELY ADJUSTABLE FROM TIME TO TIME MSG BGS
YOUR 42788 OF 25 JAN. FIRST. AGREE WITH ACMF 1905/50/3
G(SD) OF 22 JAN SIGNED HAREING ADDRESSED GENERAL ROOKS
AT AFHQ ADV CP. RECOMMEND IMMEDIATE ISSUE TO ACC BY
GENERAL ROOKS OF YOUR AG 400(ITALY) GGT-AGM OF 2 JAN
AS AMENDED THEREBY IN ORDER THAT LONG OVERDUE

SMC DISTRIBUTION

ACTION.
INFO

Q.
CEC. G.4.
MMIA LO.

J.S.C.
SMCTOR 271840A.

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HEADQUARTERS PERIMETER DEFENSE SECTION

8 JANUARY 1944

RESTRICTED
ROUTINE

TO (ACTION) : CG PBS FOR OVERALL RPTD FIFTH ARMY FOR AND EIGHTH ARMY FOR AND
: CG PBS FOR AND REGION 3, CG PBS FOR AND REGION 4, AND REGION 4
: ADV (USE ELS FROM AND 15 AG)

(INFORMATION) : NONE

FROM : AND 15 ARMY OF

DATE TIME SIGNED : 07/07/1/
DATE TIME REC'D : 072048 A

REF NR : FA 769 7

CITE : NONE

C. L. 58
To be discussed at
C. C. meeting 12 Jan
W. G. H.

FROM LUSH. FUTURE BIDS FOR FOOD SHOULD ALLOW FOR DISTRIBUTION

NOT LOWER THAN OLD ITALIAN SCALE VIZ FLOUR NORMAL CONSUMER 150 GRAMMES LIGHT WORKERS
250 EXPECTANT MOTHERS 300 HEAVY WORKERS 350 GRAMMES DAILY. PASTA NORMAL CONSUMER -

500 HEAVY WORKERS 600 GRAMMES WEEKLY. SUGAR NORMAL CONSUMER 125 CHILDREN 150 TO
200 WEEKLY. FATS AND 1 OIL 100 GRAMMES WEEKLY. SUPPLEMENTARY BIDS SHOULD BE MADE
FOR FEEDING AFTER FEBRUARY 1ST AND DISTRIBUTION SHOULD BE ON ABOVE SCALE. IN CASE
SHORTAGE URBAN POPULATION SHOULD HAVE PRIORITY OVER RURAL

ACTION : AND CIVIL SUPPLY
INFO : AND HQ
: AND REGION 3
: AND REGION 4
: HQ ADV
: G-4
: SEC'TY GEN. STAFF
: COMMANDING GENERAL

1793

RESTRICTED

8/8

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HEADQUARTERS
ALLIED MILITARY GOVERNMENT
15 ARMY GROUP

10 Jan. 44.

SUBJECT : Food supplies. (Reference: MSL/101)

TO : Central Economic Committee.

1. The present ration scale in Region III which includes Naples City is insufficient for the maintenance of life. If we do not increase it the usual results of mal-nutrition will appear, and will appear rapidly viz. disorder, disease, starvation. Moreover, we shall be justly accused of failure to live up to the promises made on several occasions by the leaders of the United Nations.

2. I recommend most strongly that the ration should be raised to approximate to that laid down (though not necessarily distributed) by the Italian Government. I attach details.

3. Region IV and VIII Army Areas are in this ration. In our planning for Rome this ration should be applied.

4. The total daily tonnage for Region III on this ration will amount to 780 tons, for Rome 480 tons.

MS Lust
Brigadier, U.S.
C.C.A.O.

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785-016

26 November 1943.

SUBJECT: Feeding of Civilian Population in Occupied Territory.

TO : The Combined Chiefs of Staff.

1. Object:

To move into this Theater, on schedule, amounts of grain or flour adequate to provide minimum bread rations for the Italian population and to establish a stockpile for the provisioning on a similar basis of other areas which may be invaded by the Allied Force.

2. Assumptions:

(a) Population to be fed with imports. Fifty percent of the population of Italy south of Rome and in Sicily and Sardinia will have to be fed with imported grain or flour. Of the population north of Rome, 70 percent will have to be so fed.

(b) Daily ration. The daily minimum ration will be set at 200 grams of bread per day.

(c) The schedule of monthly consumption requirements is based on necessarily qualified estimates of the current and prospective military situation. Should the Allied occupation of Italy proceed at a different rate than herein assumed, the schedule of requirements would be subject to appropriate modification.

(d) Occupied areas outside Italy. It is assumed that a reserve stockpile of grain or flour must be set up in the Theater large enough to feed 5 million people in other areas which might be invaded, on a basic ration of 200 grams per day for four months.

3. Discussion:

(a) Data are now available on the basis of which it is possible for the first time to estimate the minimum amounts of flour which will have to be made available for Italian consumption during the first 6 months of 1944 if we are to prevent civilian starvation and resulting disorder which will interfere with military operations and will provide propaganda for the enemy.

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(B) It is proposed to rely primarily on grain and flour for this minimum provisioning of Italy because (1) the diet of Italians is based on bread and other flour products and (2) grain and flour are the most convenient foods for our purposes. Prior to the invasion the effective basic ration in Italy was 220 grams (half a pound) per day, bread and pasta combined. It is proposed that under existing world conditions we cannot undertake to supply more than the bare minimum ration, which is taken to be 200 grams per day (two-fifths pound), with increases for medium and heavy workers.

(C) The grain and flour situation in Italy, which we expected prior to our invasion of Sicily to be bad but not intolerably so -- has deteriorated rapidly. The principal causes are: (1) Harvests were about 25 percent below normal. (2) Ordinary war damage, to which now must be added the virtual certainty of widespread and systematic rural devastation, confiscation, and disorganization as the Germans retreat. (3) Extreme reluctance of producers to deliver to the legal market or even sell in the black market except at extremely high prices. This reluctance is due to such factors as distrust of the currency and little incentive to sell because of lack of goods to buy in return. (4) A well-established and deeply-rooted black market system, which is proving extremely difficult to choke. There is probably enough grain in Sicily to supply to the population of the island a basic ration somewhere between 200 and 300 grams (two-fifths to two-thirds pound) per day. But the conditions just enumerated, plus the difficulties arising from the disorganization of the Italian governmental machinery, make it doubtful if enough of this grain can be brought onto the legal market to provide bread for half this population, on a ration of 200 grams. On the mainland and in Sardinia the prospects are that an actual and serious deficit in grain confronts us.

(d) Imports of flour on a large scale will be necessary during the first half of 1944--i.e., until the next harvest begins to be available. Contrary to original estimates, we are currently providing imported flour to about 75 percent of the inhabitants of both Sicily and Sardinia. It will not be safe to assume that more than, say, 40 percent of the Italian population will be fed from local foodstuffs.

(e) This policy of provisioning Italy by import of flour or grain calls for two related steps: (1) Stronger and more determined practicable measures must be taken to bring domestic grain out of hoard, however disappointing past efforts have been. (2) Responsibility of provisioning the civilian population will be turned over to the Italian Government as soon as possible, but

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continued attack on hoarding and the black market can best be carried out by that Government with Allied sanction behind it and because in this manner the Allies will be relieved of the full brunt of a situation which is a legacy of Fascism.

(f) The food supply in other areas which may be invaded from this Theater is not likely to be any better than in Italy -- certainly this will be true of Southern France, Albania, and Jugoslavia. Consequently the proposed stockpile has been calculated on approximately the same basis.

4. Recommendations:

(a) It is recommended that grain or flour shipments for civilian consumption in Italy be scheduled for the first 6 months of 1944 (including existing requisitions) as follows:

<u>In month of</u>	<u>Metric tons</u>
January	70,000
February	80,000
March	93,000
April	120,000
May	147,000
June	<u>190,000</u>
Total, 6 months	700,000

(b) It is recommended that an additional 134,000 metric tons be accumulated within the period 1 January - 30 April 1944 as a stockpile to meet operational contingencies, calculated on the basis of 4 months' consumption by 5 million people on a basic ration of 200 grams per day.

5. The recommendations and the discussion are further supported by the attached Annex. It should be noted that seed requirements in Italy have not been included in the above estimates, since farmers are assumed to have present the legal retentions for seed. The several technical problems of availability of shipping, berthing, warehousing, etc., relevant to the procurement and handling of the grain and flour above proposed are being urgently studied, and continuous surveys of the supply situation in Italy are in progress.

For the Commander in Chief:

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J.F.M. Whiteley,
Major General, G.S.,
Deputy Chief of Staff.

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ESTIMATED FLOUR/MEAT REQUIREMENTS FOR ITALY (Including SICILY & SARDINIA) PER MONTH, 1 JANUARY 1943

	Population Scheduled to Require Basic Ration of 200 Grams per day.				Number of Persons Requiring Extra Ration of 200 g. Daily
	50% Rome & S. Italy	70% North of Rome	50% Sicily & Sardinia	Total	
Jan.	6,500,000	700,000	2,550,000	9,750,000	1,900,000
Feb.	6,500,000	2,100,000	2,550,000	11,150,000	2,100,000
Mar.	6,500,000	4,200,000	2,550,000	13,250,000	2,400,000
Apr.	6,500,000	7,700,000	2,550,000	16,750,000	2,900,000
May	6,500,000	11,900,000	2,550,000	20,950,000	3,500,000
June	6,500,000	18,200,000	2,550,000	27,250,000	4,400,000

BASIS OF ESTIMATION: In Sicily, Sardinia and North of Rome, it is scheduled that 50% of the population stocks. North of Rome, operations will tend to push the population further North, and the available small urban area — 70% of the population is therefore estimated to require a basic ration. Requirements indicated assumes an operational advance that will "take in" the whole of ITALY by and of not maintained, corresponding storage requirements can be adjusted accordingly.

RATION OF 200 GRAMS per head per day is felt to be the lowest standard we can possibly justify. The medical authorities is 2000 calories daily, of which 60% should be from grain. The proposed ration

1943 HARVEST: The best evidence available indicates that the harvest in SICILY & S. ITALY was 25% below normal due to lack of fertilizers.

SUPPLEMENTAL RATION is considered essential to Carabinieri, Minors and heavy workers. Estimated at 10%

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1789

REQUIREMENTS FOR ITALY (Including SICILY & SARDINIA) 1 Jan. to 30 June, 1944.

to Require Basic Ration of 200 Grams per day.			Number to Receive Extra Ration of 200 gram. Daily	Total Tonnage (2. tons)
North Zone	50% Daily & Sardinia	Total		
100,000	2,550,000	9,750,000	1,900,000	70,000
200,000	2,550,000	11,150,000	2,100,000	80,000
300,000	2,550,000	13,250,000	2,400,000	93,000
400,000	2,550,000	16,750,000	2,900,000	120,000
500,000	2,550,000	20,950,000	3,400,000	147,000
600,000	2,550,000	27,050,000	4,100,000	180,000
				700,000

Sardinia and South of Rome, it is scheduled that 50% of the population must be provided for from local stocks. This will tend to push the population further North, and the availability of local stocks is likely to be reduced. The population is therefore estimated to require a basic ration. The Progressive monthly rationational advance that will "take in" the whole of ITALY by end of June 1944. If this schedule is followed, requirements can be adjusted accordingly.

It is felt to be the lowest standard we can possibly justify. The minimum average diet, laid down by the War Office, of which 60% should be from grain. The proposed ration provides less than 40% grain.

Available indicates that the harvest in SICILY & S. ITALY was 35% below normal due to lack of rainfall.

essential to Carabinieri, Miners and heavy workers. Estimated at 10% of total population.

SECRET

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ALLIED FORCE HEADQUARTERS

Military Government Section

/jm

29 September 1943

SUBJECT: Civilian Ration for Italy

TO : 15th Army Group for AMG
Joint Asst. Chiefs of Staff for Armistice C.C., Tizi Ouzou

I. ACTION REQUIRED BY AMG.

A. Temporary Ration Scale.

1. Conditions relating to availability of supplies for civilian use make it imperative that you redouble your efforts to use local foodstuffs to the maximum, supplementing with AMG supplies only in an emergency.

2. Refer to AG 400-1 (AMOOT) 31 Aug 43, with special emphasis on para 1 and 5 (Annex I).

3. It will be impossible to exceed the total provision of basic items ex U.S., as phased for AMG Regions, which has been agreed as follows:

October	15,000 tons
November	35,000 "
December	50,000 "
(Jan., Feb., Mar., 1944 total of 175,000 tons as yet unphased.)	

4. To assure adequate subsistence for civilian population and to properly control the distribution of AMG supplies:

(a) You will adopt a ration scale which will not exceed an average maximum of 2000 calories per person daily, as provided by Basic Ration for Italian Subsistence (ANNEX II). This was prepared by AFHC medical and nutrition experts.

(b) Use as reference all available data including:

(1) Basic Ration for Supplemental Feeding (Annex III)

(2) Caloric ^{Content} Contract of Local Foodstuffs (Annex IV)

(3) Italy: Subsistence Deficiencies and

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1930

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1. Conditions relating to availability of supplies for civilian use make it imperative that you redouble your efforts to use local foodstuffs to the maximum, supplementing with AMG supplies only in an emergency.

2. Refer to AG 400-1 (AMGOT) 31 Aug 43, with special emphasis on pars 1 and 5 (Annex I).

3. It will be impossible to exceed the total provision of basic items ex U.S., as phased for AMG Regions, which has been agreed as follows:

October 15,000 tons
November 35,000 "
December 50,000 "
(Jan., Feb., Mar., 1944 total of 175,000 tons as yet unphased.)

4. To assure adequate subsistence for civilian population and to properly control the distribution of AMG supplies:

(a) You will adopt a ration scale which will not exceed an average maximum of 2000 calories per person daily, as provided by Basic Ration for Italian Subsistence (ANNEX II). This was prepared by AFHQ medical and nutrition experts.

(b) Use as reference all available data including:

(1) Basic Ration for Supplemental Feeding (Annex III)

(2) Caloric ^{Contract} ~~Contract~~ of Local Foodstuffs (Annex IV)

(3) Italy: Subsistence Deficiencies and Surplus (Annex V)

5. You will reexamine immediately the present ration in Regions I, II and III to insure that the maxima caloric standards established in par 4 are not exceeded.

6. Every effort will be made to provide foodstuffs in the order of priority from:

(a) Local resources entirely.

(b) Local resources plus minimum amount of AMG supplies.

(c) AMG supplies entirely (emergency).

7. Action taken on above will be reported to AFHQ.

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PERMANENT RATION SCALE.

1. Since Basic Rations for Italian Subsistence, cited in par A 4, has been based on estimated figures, it is necessary that you initiate a careful and comprehensive study of the actual minimum nutritional maintenance needs of the people now under your control in Regions I, II, III and in other Regions as they come under AMG.
2. A consolidated report of this study should be forwarded to AFHQ by 1 December 1943. Upon receipt, the Temporary Ration scale, par A, will be reviewed.

II. ACTION REQUIRED BY ARMISTICE C.C.. TIZI OUZOU.

- A. 1. You will review immediately your ration plans for those Regions (not including Regions I, II and III) to come under your control using all available data including those in Annex I - V (inclusive).

2. Submit the results of your studies to AFHQ by 1 November 1943.

- B. 1. Upon assuming authority over a Region you will Supplement your preliminary estimates by a comprehensive field study of the actual minimum nutritional maintenance needs ~~in~~ in such an area(s).
2. A report of this study should be forwarded to AFHQ sixty (60) days after taking over active control of a Region.

J. C. HOLMES
Brigadier General, G.S.C.
Chief, Military Government Section

Attached:

- Annex I - AG 400-1 (AMGOT) 31 August 43.
Annex II- Basic Ration for Italian Subsistence
" III- Basic Ration for Supplemental Feeding
" IV- Caloric Contents of Local Foodstuffs
" V - Italy: Subsistence Deficiencies and Surpluses

SECRET

1 - OAC
1 - OAC
1 - OAC
1 - OAC

- B. 1. Upon assuming authority over a Region you will Supplement your preliminary estimates by a comprehensive field study of the actual minimum nutritional maintenance needs ~~in~~ for each area(s).
2. A report of this study should be forwarded to AFHQ sixty (60) days after taking over active control of a Region.

J. C. HOLMES
Brigadier General, G.S.C.
Chief, Military Government Section

Attached:

- Annex I - AG 400-1 (AMCOT) 31 August 43.
Annex II - Basic Ration for Italian Subsistence
" III - Basic Ration for Supplemental Feeding
" IV - Caloric Contents of Local Foodstuffs
" V - Italy: Subsistence Deficiencies and Surpluses

DISTRIBUTION

1 - GAO
1 - DBU
6 - DB, 200
4 - G-4
5 - National
4 - CP
12 - MCS
8 - 2 Medals
2 - 1000 11/10/43
10 - HQ AFHQ, G-4
12 - JCS
1 - JIS
1 - AG

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SECRET

Equals British Most Secret

IMB D I A T E A C T I O N
SECRET

(Equals British Most Secret)

ALLIED FORCE HEADQUARTERS
APO 212

AG 400-1 (MCOOT) GDS-ADM

SUBJECT: Civilian Supply in Occupied Countries.

TO : All Concerned.

ANNEX I

SECRET
ATTN: G H C AF
Initials: JWH
31 August 1943

31 August 1943

1. The Commander-in-Chief, Allied Force, is responsible for the administration of occupied territory, including the procurement and distribution, where necessary, of minimum essential civilian supplies. For a period, presumed to be not less than 90 days, beginning with occupation and ending at the discretion of the Commander-in-Chief, Allied Force, such civilian supplies will be procured and distributed by military agencies.

2. The Military Government Section, this headquarters, will be responsible for the estimation of minimum essential civilian requirements, through coordination with the General (G-4) and Special Staff Sections, this headquarters, and for the coordination of supply plans and requisitions with Task Force Commanders.

3. This headquarters will be responsible for review and coordination of Military Government Section estimates with regard to the overall supply plan, and for review and forwarding of all requisitions from Task Force Commanders to appropriate supply agencies. The Military Government Section, this headquarters, will be responsible for the review and edit of requisitions to eliminate items and quantities which are not essential.

4. Task Force Commanders will be responsible for the preparation of phased lists of minimum essential civilian supplies, in normal Army requisition form, as soon as planning for an operation permits. All such requisitions will be forwarded direct to this headquarters.

5. Initially, the Task Force Commander, later the General Officer Commanding-in-Chief, 15th Army Group, will be responsible for calling forth supplies previously requisitioned, and the requisition of such additional supplies as determined normally by actual survey of occupied territory as may be found necessary to meet the minimum essential needs of the civilian population. However, before calling forth additional supplies, he will take fullest advantage of existing local resources and captured enemy material available to him. He will insure that requisitions are in accordance with approved policies. The General Officer Commanding-in-Chief, 15th Army Group, will be responsible for calling forth supplies previously requisitioned, and the requisition of such additional supplies as determined normally by actual survey of occupied territory as may be found necessary to meet the minimum essential needs of the civilian population. However, before calling forth additional supplies, he will take fullest advantage of existing local resources and captured enemy material available to him. He will insure that requisitions are in accordance with approved policies. The General Officer Commanding-in-Chief, 15th Army Group, will be responsible for calling forth supplies previously requisitioned, and the requisition of such additional supplies as determined normally by actual survey of occupied territory as may be found necessary to meet the minimum essential needs of the civilian population.

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be procured and distributed by Military agencies.

2. The Military Government Section, this headquarters, will be responsible for the estimation of minimum essential civilian requirements, through coordination with the General (G-4) and Special Staff Sections, this headquarters, and for the coordination of supply plans and requisitions with Task Force Commanders.

3. This headquarters will be responsible for review and coordination of Military Government Section estimates with regard to the overall supply plan, and for review and forwarding of all requisitions from Task Force Commanders to appropriate supply agencies. The Military Government Section, this headquarters, will be responsible for the review and edit of requisitions to eliminate items and quantities which are not essential.

4. Task Force Commanders will be responsible for the preparation of phased lists of minimum essential civilian supplies, in normal Army requisition form, as soon as planning for an operation permits. All such requisitions will be forwarded direct to this headquarters.

5. Initially, the Task Force Commander, later the General Officer Commanding-in-Chief, 15th Army Group, will be responsible for calling forth supplies previously requisitioned, and the requisition of such additional supplies as determined normally by actual survey of occupied territory as may be found necessary to meet the minimum essential needs of the civilian population. However, before calling forth additional supplies, he will take fullest advantage of existing local resources and captured enemy material available to him. He will insure that requisitions are in accordance with approved policies. The General Officer Commanding-in-Chief, 15th Army Group will include in his requisitions those items deemed essential for emergency re-establishment of utilities in the occupied areas if necessary to meet military requirements.

6. Requisitions will be compiled and submitted by supply branch: Quartermaster, Medical, Engineer, etc. (U.S.); and Supply & Transport, Medical, Ordnance, etc., (Br.) using appropriate standard forms insofar as is practicable. In all cases, requisitions will be accompanied by sufficient information to explain and justify the use to which the supplies are to be put.

7. It will be the responsibility of the Supply Services (U.S. and Br.) to meet requisitions approved by this headquarters. U.S. agencies will stockpile, within the theater, appropriate amounts of approved items of civilian supply in accordance with approved requisitions, by drawing upon the following sources, in

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IMMEDIATE ACTION

SECRET

(Equals British Most Secret)

AG 400-1 (AMGOT) GDS-AGM, 31 Aug. '43, (cont'd.)

order of priority:

- Resources of North African and adjacent areas, such as Mideast and West Africa.
- United States and United Kingdom.
- Existing Army stocks in the theater, for emergency requirements only.

By command of General WISNHOVER:

(s) T. J. DAVIS
T. J. DAVIS
Brigadier General, USA,
Adjutant General.

DISTRIBUTION:

2	-	GOC-in-C, 15th Army Group	
2	-	CG, Seventh Army	
2	-	GOC, 6th Army	
2	-	CG, Fifth Army	
1	-	DTC, NATOUSA	
2	-	CG, GOS NATOUSA	
2	-	CG, MBS	
2	-	CG, ABS	
2	-	CG, JBS	
2	-	CG, MBS	
	-	(Gen. Dis. Adjutants)	
2	-	CG, NAAP	
2	-	CG, NAASC	
2	-	Air C-in-C Med.	
10	-	Mil. Gov. Sec.	
2	-	NAEB	
2	-	Liaison Sec.	

THRU:
CG, NATOUSA

2	-	GOC, TUNISIA DISTRICT
2	-	GOC, I of C
10	-	G-4
2	-	G-3
2	-	G-2
1	-	G-1
2	-	Jt
2	-	Med
2	-	Eng
2	-	Transportation (A)
2	-	M & Th
2	-	C(Maint)
2	-	Log Plans
2	-	C.A.O.
2	-	D.S.T.
2	-	AG Records, .PHC

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(s) T. J. DAVIS
T. J. DAVIS
Brigadier General, USA,
Adjutant General.

DISTRIBUTION:

2 -	GOC-in-C, 15th Army Group	2 -	GOC, TUNISIA DISTRICT
2 -	CG, Seventh Army	2 -	GOC, I of C
2 -	GOC, 3th Army	10 -	C-4
2 -	CG, Fifth Army	2 -	C-3
1 -	DTC, NATCUSA	2 -	C-2
2 -	CG, SCOS NATCUSA	1 -	C-1
2 -	CG, MBS	2 -	Med
2 -	CG, ABS	2 -	Engt
2 -	CG, LBS	2 -	Transportation (A)
2 -	CG, IES	2 -	M & Tn
2 -	(Gen. Dis. Algeria)	2 -	C (Maint)
2 -	CG, NAAT	2 -	Log Plans
2 -	CG, NAASC	2 -	C.A.O.
2 -	Air C-in-C Med.	2 -	D.S.T.
10 -	Mil. Gov. Sec.	2 -	AG Records, .PHQ
2 -	NAEB		
2 -	Linison Sec.		

THRU:
CG, NATCUSA

- 2 -
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IMMEDIATE ACTION

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ANNEX II

22 September 1943

SUBJECT: Basic Ration for Italian Subsidance

TO : Col. A. T. McNeill, Military Government Section, AFHQ.

1. The following material on ration requirements for relief in Italy is based on minimum physiological needs of the various classes of population present. It must be emphasized that the figures given are only estimates based on the limited information available. These figures should only be used for the preliminary calculations needed to initiate the relief program. A careful study of nutritional requirements should be immediately initiated by the Military Government Section to determine actual nutritional maintenance needs of the Italian people. When the results of this study are completed they should form the basis for shipment of food products for relief of food shortage in Italy.

2. Overall caloric requirement per day, considering all age and sex

- Pre-war average diet 2500 calories of which 58% from grain.
- 1942 average diet 2350 calories of which 66% from grain.
- Estimated minimal average diet required 2000 calories of which 66% to be from grain.

3. Caloric requirement per day by age groups, work and sex

Class by age	Normal Maintenance Male	Normal Maintenance Female	Light Worker Male	Light Worker Female	Heavy Worker Male	Heavy Worker Female
Under 3	950	950				
3 to 9	950	950				
9 to 18	1500	1500	1500	1500	1500	1500
18 to 25	1800	1800	1800	1800	2000	2000
25 to 50	1800	1800	2000	2000	2400	2400
50 & above	1600	1450	1800	1600	2100	2100
					2000	2300
						2100
						1785

The diet should contain a minimum of 30 grams daily of class 1 protein (animal, pulses, or fish origin) and 14 grams daily of fat of plant or

- a. Pre-war average diet 2500 calories of which 58% from grain.
- b. 1942 average diet 2350 calories of which 66% from grain.
- c. Estimated minimal average diet required 2000 calories of which 66% to be from grain.

3. Caloric requirement per day by age groups, work and sex

Class by age	Normal Maintenance Male	Light Worker Male	Expectant or Nursing Mother Male	Heavy Worker Male	Worker Female	Very Heavy Worker Male
Under 3	950	950				
3 to 9	950	950				
	1500	1500				
9 to 18	1500	1500	1500	1900	1500	1500
	1800	1700	1800	1900	1800	2000
18 to 25	1800	1600	2000	1800	2400	2100
						2600
25 to 50	1800	1600	2000	1300	2400	2100
						2550
50 & over	1600	1450	1800	1600	2100	2000
						2300
						2100
						1765

The diet should contain a minimum of 30 grams daily of class 1 protein (animal, pulses, or fish origin) and 14 grams daily of fat of plant or animal origin. The remainder can be made up of class 2 protein and carbohydrate. Whole milk or milk products from which fluid milk can be reconstituted should be reserved for expectant and nursing mothers, and children under 3. 1 litre per day is desirable.

Vitamin content of diet should meet minimum requirements if full advantage is taken of the use of local fruit, vegetable and sea food supply.

G. S. PARKINSON
Brigadier--JGS

W. S. STONE
Lt. Col. Med. Sec.

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1939

Declassified E.O. 12356 Section 3.3/NND No. 785-016

BASIC RATION FOR SUPPLEMENTAL FOREIGN FEEDING
PER MAN PER DAY

FOOD	CALORIES PER KILO	OZ WT.	CAL.	(G) PRO.	(G) FAT	(MG) CA.	(MG) FE.	(IU) VITA IN A	(MG) THIA D	(MG) RIBO
FLOUR, ISSUE	3535	16.0	1615	51	5	73	7.3	---	1.95	1.20
SALT	--	0.5	--	--	--	--	---	---	---	---
SOUP	3115	2.0	176	13	1	8	8.0	---	1.95	0.47
CHEESE, CHEDDAR	3835	1.0	111	7	9	247	0.3	425	0.01	0.14
DRIED PEAS OR BEANS	3500	1.0	100	7	--	21	1.7	---	0.36	0.08
TOTAL		20.5	2004	78	15	349	17.3	425	4.27	1.89
Milk Supplement for Children (Evaporated Milk)	540	2.0	79	4	4.5	135	0.2	240	0.03	0.22

Office of the Quartermaster General
Requirements and Planning Section
Subsistence Branch
3 July 1943.

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1940

Declassified E.O. 12356 Section 3.3/NND No. 785-016

BASIC RATION FOR SUPPLEMENTAL FOREIGN FEEDING
PER MAN PER DAY

ANNEX III

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CAL.	(G) PRO.	(G) FAT	(MG) CA.	(MG) FE.	(IU) VITAMIN A	(MG) THIA IN	(MG) RIBO	(MG) NIACIN	(MG) ASC.
1615	51	5	73	7.3	----	1.95	1.20	9.5	---
---	---	---	---	---	----	---	---	---	---
175	13	1	8	8.0	----	1.95	0.47	4.1	---
111	7	9	247	0.3	425	0.01	0.14	---	---
100	7	---	21	1.7	---	0.36	0.08	0.5	---
2004	78	15	349	17.3	425	4.27	1.89	14.1	---
79	4	4.5	135	0.2	240	0.03	0.22	0.1	---

Office of the Quartermaster General
Requirements and Planning Section
Subsistence Branch
3 July 1943.

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ANNEX IV

CALORIC CONTENT OF FOODSTUFFS

<u>LOCAL FOOD</u>	<u>CALORIES PER KILO</u>
Cereals	3520
Rice	3500
Dried Vegetables	3274
Fresh Vegetables	247
Potatoes	700
Fresh eggs (whole)	1500
Fresh fish	1300
Salt mackerel	3000
Smoked Herring	1200
Pickled "	2500
Fresh fruits	656
Olives	2510
Citrus fruits	330
Dried fruit and nuts	2681
Meat	1400
Olive oil	9000
Wine	930
Milk products and equivalents	540
Pasta	3600
Sugar	4000

1784

Declassified E.O. 12356 Section 3.3/NND No. 785-016

1942

Declassified E.O. 12356 Section 3.3/NND No. 785-016

Fresh fish	1300
Salt mackerel	3000
Smoked Herring	1200
Pickled "	2500
Fresh fruits	656
Olives	2510
Citrus fruits	330
Dried fruit and nuts	2681
Meat	1400
Olive oil	9000
Wine	930
Milk products and equivalents	540
Pasta	3600
Sugar	4000

1764

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ANNEX V

ITALY

Subsistence, Deficiencies and Surpluses

DEFICIENCIES

SURPLUSES

SOUTHER ITALY
(General)

Wheat, but to considerable degrees it represents the necessity to exchange durum (hard) wheat for soft bread wheat grown in the north.

Corn, potatoes, beans, tomatoes, vegetables, olive oil, fruits, citrus, nuts, pork, cheese, wine.

Calabria

Rice and sugar

Self-Sufficient

Lucania

The best farming region in the South and with modern agricultural methods.

Self-Sufficient

Oats, olive oil, and fruits. Potatoes for cash crop could be increased.

Campania

Normally grain imported to Naples

Potatoes, tomatoes, vegetables, sugar beets, fruits. Food Processing establishments.

Puglie

Farming region comparable to Lucania.

Eggs, meat, sugar

Tomatoes, beans, vegetables, dried fruits, olive oil, nuts, cheese, alimentary pastes, and wine.

Abruzzi and Molise

Barely self-sustaining upon a low basis, however, it is a region which habitually gets along on what it produces.

CENTRAL ITALY
(General)

Vegetables, citrus fruit, olive oil and meat.

Wheat

Lazio
(Lazio)

ROME requires shipments from all parts of ITALY.

Umbria

Ships considerable to Rome. Cattle, grain,

1700

1944

Declassified E.O. 12356 Section 3.3/NND No. 785-016

Lucania					
The best farming region in the South and with modern agricultural methods.					
Campania	Normally grain imported to Naples				
Puglie	Eggs, meat, sugar				
Apulian region comparable to Lucania.					
Abuzzi and Molise	Barely self-sustaining upon a low basis, however, it is a region which habitually gets along on what it produces.				
CENTRAL ITALY (General)	Vegetables, citrus fruit, olive oil and meat.				
Latium (Lazio)					
Umbria	ROME requires shipments from all parts of ITALY.				
Marche					

Self-Sufficient

Oats, olive oil, and fruits. Potatoes for cash crop could be increased.

Potatoes, tomatoes, vegetables, sugar beets, fruits. Food Processing establishments.

Tomatoes, beans, vegetables, dried fruits, olive oil, nuts, cheese, alimentary pastes, and wine.

Wheat

Ships considerable to Rome. Cattle, grain, vegetables, wine, fruits, olive oil.

Apple surpluses; ships to Rome. It is said the railway between Ancona and Rome is life-line of the Rome area.

(Wheat surplus - 180,000 metric tons)

Wheat, tomatoes, vegetables, olive oil, eggs, lambs and cattle for slaughter.

SECRET

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Tuscany

Fruits, vegetables, grains, meat. Very favorable position.

DEFICIENCIES

SURPLUSES

NORTHERN ITALY
(General)

Vegetables, citrus fruit, olive oil and meat.

Wheat

Emilia

Necessary to ensure shipments corn for hogs; feed concentrates for cattle

Good surpluses and exceptionally well developed food processing facilities. Animal industry good.

Liguria

Staple products Genoa and La Spezia depend upon Emilia and Lombardy; Sardinia for meat.

Finest grade olive oil produced in Tuscany. Coastal garden region produces out-of-season specialties.

Piedmont

Alimentary pastes, olive oil and citrus fruit from the

Grains, soft or bread wheat, rice, poultry, fruit and wine.

Lombardy

Petrol for agriculture purposes is important to transport produce to Market. However, Lombardy is not unique in this respect. Milan requires fresh vegetables from Liguria; fruit from South.

Grains, potatoes and dairy products.

Veneto

Petrol important to serve the Lagoon area.

Vegetables and Dairy products.

Trentino

General condition good.

Beans and potatoes.

Julia

Citrus fruit, potatoes, grains and meat.

Trieste and Fiume are in the department of Julia. The country tributary is mountainous and agriculturally poor.

1948

Declassified E.O. 12356 Section 3.3/NND No. 785-016

Piedmont

Alimentary pastes, olive oil and citrus fruit from the

produces out-of-season specialties.

Grains, soft or bread wheat, rice, poultry, fruit and wine.

Lombardy

Petrol for agriculture purposes is important to transport produce to Market. However, Lombardy is not unique in this respect. Milan requires fresh vegetables from Liguria; fruit from South.

Grains, potatoes and dairy products.

Veneto

Petrol important to serve the Lagoon area.

Vegetables and Dairy products.

Trentino

General condition good.

Beans and potatoes.

Julia

Citrus fruit, potatoes, grains and meat.

Trieste and Fiume are in the department of Julia. The country tributary is mountainous and agriculturally poor.

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1947

Declassified E.O. 12356 Section 3.3/NND No. 785-016

SUBJECT: RATIONING SITUATION

5 December, 1943
R/SIF/12TO----- M.G.S. ADV.
FLANDERS
FOR CIVIL SUPPLIES COMMITTEEFROM----- CHIEF LIAISON OFFICER
ALLIED CONTROL COMMISSION

Herewith report on general rationing situation in Apulia, as requested.

1. Normal Rations.

<u>Rationed Commodity</u>	<u>Ration Scale</u>	<u>Actual Distribution</u>
Bread	150 Gr. Daily	150 Gr. Daily
Pasta	2500 Gr. Monthly (including 100 Gr. Rice if available)	None in November. 500 Gr. authorized for first half of December situation to be reviewed then according to supplies.
Sugar	500 Gr. Monthly	In Taranto province 250 Gr. Elsewhere in Apulia none as stocks exhausted.
Meat	100 Gr. Monthly	None issued since August.
Cheese	300 Gr. Monthly	Quantities never sufficient for this. Normally divided as available. Last small issue in October.
Dried Eggs	1000 Gr. Monthly (Average)	Normally this scale not adhered to distributed as available. None for months but it is intended to issue 150 Gr. (inclusive of Favi which was to be used as forage) <u>was to have been used</u> Regular Distribution.
Olive Oil	8 Litre Monthly	Divided as available None issued since March.
Potatoes, Lard, Bacon, Jam, etc.		

1782

0

SHEET 2

2. SUPPLEMENTARY RATIONS.

<u>Commodity</u>	<u>Scale</u>	<u>To Whom</u>	<u>Distribution</u>
Bread	100 Gr. Daily	Heavy workers, Apprentice Mothers, T.B. Patients	Normal.
	200 Gr. Daily	Very Heavy Workers.	Normal
Pasta	600 Gr. Mthly.	Heavy Workers. Very Heavy Workers.	Not available now.
Sugar	500 Gr. Mthly.	Children & Invalids.	Not available now.

3. Summarising above, only Bread and Oil are being distributed regularly to the population, and, perhaps; an average of 500 gr. Pasta per Month. This represents a calorie value of only 800 daily, and depending on the flour used this may be as low as 600 calories.

4. (a) It is universally maintained here both by the people and by the authorities (Italian and British Army employing civilian labour) that the ration is not sufficient. Workmen, for example, were accustomed to eating 1000 gr. per day. The Pasta issue is very inadequate, as pasta is one of the staple necessities.

(b) If all the rationed items were available ^{to} or even a considerable number of them, the rationed scale would be sufficient for the needs of the population.

5. Black Market.

The Black Market is universally used by those who have sufficient means, to supplement a ration which is insufficient. But there are many who cannot pay Black Market prices, (often ten times ordinary prices) owing to insufficient means.

6. (a) In general rationing is applied to all civilians except those in the country who, being producers, keep enough to care ^{for} themselves (this ^{may} represent one-eighth of the population).

(b) In view of the low calorie value of the present ration it seems essential to supplement immediately with at any rate a partial ration of Sugar, Meat, Cheese, Dried Veg., Pasta.

15/ NW Monfor 701
Lt. Col.
Chief Liaison Officer..
Allied Control Commission..

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