

Declassified E.O. 12356 Section 3.3/NND No.

785020

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Declassified E.O. 12356 Section 3.3/NND No. 785020

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M 16 Ration Scales Hospital Diets - Etc.

Opened Dec. 14, 1943 - Closed Dec. 26, 1947

Dec. 1943 - Dec. 1947

Subject: Hospital Diet / Jan Demand

Land Forces Sub Com.
A.C. (MIA)

RDSP

W/16/2683

26 Dec 44

To: S & T (2 copies)

1. Herewith demand for hospital diet items for the month of January 1945.
2. As the last release for period 15 Nov to 15 Dec 44 was not made until late in November, it is recommended that this demand be made for the month of Jan 45 and thereafter monthly.
3. Information from MIA 10 1 District states that S & T 1 District prefer to have a bulk release for 209 Division rather than units drawing individually as was previously arranged for areas north of Rome.
4. The estimated needs of rear areas have been cut down slightly in order to allow for the needs of the Combat Force medical units and still keep the overall demand within the maximum limit of 13,000 patients.

/TNG

file

Walt
Major,
D.A.D.M.S.
Land Forces Sub Com. AC (MIA)

5362

Declassified E.O. 12356 Section 3.3/NND No. 785020

HOSPITAL DIET FEED DEMAND

	Beds Occupied	MILK	RICE	STAPOLINA	BUTTER	EGGS PER DOZEN
Apulia & Lucania	2400	3432 ✓	6480	1680	6420	28
Calabria	400	572 ✓	1080	280	1020	4
Campania	3400	4862 ✓	9180	2300	8670	40
Lazio, Abruzzi & Umbria (excluding 1 District)	1600	2288 ✓	4320	1120	4080	19
% 1 District	1000	1430 ✓	2700	700	2550	12
Sicily	400	572 ✓	1080	280	1020	4
Sardinia	500	715 ✓	1350	350	1275	6
8th Army	400	572 ✓	1080	280	1020	4
5th Army (Br Inor) & Tuscany 1900		2717 ✓	5130	1330	4845	22
Italian Navy	1000	1430 ✓	2700	700	2550	12
	13000	18590	35100	9100	33150	1569

% = For hospitals at Perugia, Ancona, Cassino and Anzio and Friuli and German Groups.

2361

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SPECIAL DIET ITEM DEMAND

	SPECIAL	BUTTER	MEAT EXTRACT	Suggest Release at
100	1600	6120	288	in bulk at Bari
100	200	1020	48	in bulk at Bari
100	2300	8670	408	in bulk at Naples
100	1120	4080	192	in bulk at Rome or Naples
100	700	2550	120	in bulk from DID in 1 District
100	280	1020	48	in bulk in Sicily
100	350	1275	60	in bulk at Naples for shipment to Sardinia
100	280	1020	48	} drawn by units from British D.I.Ds.
100	1330	4845	228	
100	700	2550	120	in bulk at Bari
100	9100	33150	1560	all amounts in lbs

and Arosso and Friuli and Gessona Groups.

785020

Subject: Diets for Italian Military Hospitals

Land Forces Sub Comm
A.C. (MILIA)
ROME

2/16/2412

1 Dec 44

Ministry of War
Direzione Generale di Sanita Militare

1. In the areas of 5th Army, 13th Army and 1 District, hospital diet items may now be drawn direct from British D.I.Ds.

The total amounts issuable in forward areas will be deducted from the total allotments to the Italian Armed Forces. (see MIL. Letters ST/9 of 19 Oct ST/9 of 21 Oct and ST/9 of 29 Nov 44 to Ministry of War, Commissariato).

2. Os.C. Italian Military Hospitals (including Field Hospitals but not Medical Sections or other medical officers) will admit demands direct to British D.I.Ds., using MIA form ST/3 in triplicate. All three copies will be endorsed in the top right hand corner "I.D."

One copy is retained by the Italian unit, two copies are retained by the British D.I.D., one of which is forwarded to MIA in the same manner as for ordinary rations.

3. Quantities demanded will be strictly in accordance with the scale as shown below. All items of hospital diets will be kept under lock and key and used solely for patients. In no circumstances will hospital diet items be misappropriated and consumed by hospital staffs (officers or other ranks).

4. Scale of Issue.

Amounts available for one month calculated on the average daily number of beds occupied being 100.

MILK	443	lbs
RICE	270	lbs
SMOOLINA or Equivalent	70	lbs
BUTTER or Margarine	255	lbs
MEAT EXTRACT	12	lbs

Medical Sections of this Medical Officers, will submit demands direct to British D.I.Ds., using MHA form SZ/3 in triplicate. All three copies will be endorsed in the top right hand corner "M.D."

One copy is retained by the Italian unit, two copies are retained by the British D.I.D., one of which is forwarded to MHA in the same manner as for ordinary rations.

3. Quantities demanded will be strictly in accordance with the scale as shown below. All items of hospital diets will be kept under lock and key and used solely for patients. In no circumstances will hospital diet items be misappropriated and consumed by hospital staffs (officers or other ranks).

4. Scale of Issues.
Amounts available for one month calculated on the average daily number of beds occupied being 100.

MILK	143	lbs
RICE	270	lbs
SEMOLINA or Equivalent	70	lbs
BUTTER or Margarine	255	lbs
WHEAT EXTRACT	12	lbs

5. Please note that this procedure for drawing from British stores is applicable only in the areas stated in para 1. Orders have already been issued for obtaining supplies in rear areas.

W.A. Haggie

Major,
D.A.D.I.L.S.,
Land Forces Sub Com. AC. (MHA)

/RSC

Copy to: (for information)

HEAD AMHQ

DIS AMI

DIS 5th Army

DIS + District

ADMS (Brit Inc) 5th Army

MHA LCo concerned

lm

To :- S & T (Internal).Land Forces Sub Commission, A.C.,
(M.M.I.A.).

Ref :- H/16/23/124.

21 Nov 1944.

Herewith state of Italian Military Hospitals North of Rome :-

	<u>Beds.</u>	<u>Location.</u>	<u>Release Medical Comforts at.</u>
<u>With 5th Army.</u>			
Nos. 525 and 865.	200	Not known	5th Army Area.
<u>With 5th Army British Ingr.</u>			
Nos. 96.	100	FLORENCE	FLORENCE Area.
San Gallo Military Hospital	400	FLORENCE	
Monte Oliveto Military Hospital.	200	FLORENCE	
Lucca Military Hospital.	400	LUCCA	
<u>With 8th Army.</u>			
315 Field Hospital.	100	PERJANO	8th Army.
229 Field Hospital.	100	In transit.	
<u>With No. 1 District.</u>			
ANDONA Military Hospital.	300	ANDONA	ANDONA AREA.
247 Field Hospital.	100	OSIMO	
PERURIA Military Hospital.	400	PERURIA	PERURIA.
521 Field Hospital.	100	ARREZZO	ARREZZO.
CHIESI	250	CHIESI	CHIESI
	2650		

Major,
DALMAS.

HEADQUARTERS
ALLIED CONTROL COMMISSION
Food Sub-Commission
A.P.O. 394

ATP/sl

ACC/43-1/FOOD

30 June 1944

SUBJECT: New Basic Ration Scale - Normal Consumer

TO : Regional Commissioners, Region I, II, III, V, VI, VII

1. With effect from 1 July the Normal Consumer Basic Ration will be increased from 160 grams of flour to 240 grams of flour per capita. In agreement with the Italian Government, the new ration will be 200 grams of bread per day, plus 550 grams of paste per week.

2. This new scale will apply to Sicily, Sardinia and the Mainland of Italy, south of the northern boundaries of Campobasso and Naples Provinces.

3. The increase will apply only to the Normal Consumer Class. A complete schedule of authorized Ration Scales is annexed as Appendix I.

4. The introduction of the new ration scale imposes a heavy supply commitment and to avoid abuse it is imperative that requirements should be carefully calculated and supplies rigidly controlled. On this, the Grower's Retention Allowances, has a vital bearing. The total numbers of persons entitled to retention allowances should be accurately determined by means of the Accertamento forms and Bollette di Mezzadione issued by the Agriculture Sub-Commission which should be carefully checked. Ration cards should be withheld from these persons, or withdrawn in cases where they have already been issued.

5. The numbers of Heavy Workers entitled on Scales "A" or "B" should be regularly reviewed in the light of a general reduction in the numbers employed by the Armed Forces in the territory defined in para 2.

6. It will be noted that an adjustment has been effected in the issue of Heavy Workers "A" and "B" Scales. This will facilitate administration and reduce possibilities of abuse. Dehydrated Soup at current scale and price is authorized to be served on the job to holders of Heavy Workers Supplementary Scale "B" cards. Contractors should also continue to provide the six (6) ounces of Fresh Vegetables daily.

7. To ensure uniformity and equitability Supplementary Scales "A" or "B" will be applied in Sicily and Sardinia in accordance with Appendices I and II of 222/CA dated 25 May 1944. All other scales or allowances for Heavy Workers, will be abolished in all Regions.

allowances should be accurately determined by means of the accertamento forms and Bolletta di Macchine issued by the Agriculture Sub-Commission which should be carefully checked. Ration cards should be withheld from these persons, or withdrawn in cases where they have already been issued.

5. The numbers of Heavy Workers entitled on Scales "A" or "B" should be regularly reviewed in the light of a general reduction in the numbers employed by the armed Forces in the territory defined in para 2.

6. It will be noted that an adjustment has been effected in the issue of Heavy Workers "A" and "B" Scales. This will facilitate administration and reduce possibilities of abuse. Dehydrated Soup at current scale and price is authorized to be served on the job to holders of Heavy Workers Supplementary Scale "B" cards. Contractors should also continue to provide the six (6) ounces of Fresh Vegetables daily.

7. To ensure uniformity and equitability Supplementary Scales "A" or "B" will be applied in Sicily and Sardinia in accordance with Appendices I and II of 222/CA dated 25 May 1944. All other scales or allowances for Heavy Workers, will be abolished in all Regions.

For Information to:

Regional Commissioners, Region IV and VIII
Regional Commissioner, Rome Region
SCAO's 5th and 8th Armies
EC AND MT Section
Economic Section (5)
Admin (5)
Spare (2)
HQ AAI (10)
FRS (2)

/s/ G.W.I. SHIPP, Lt. Col.
for Brigadier
Executive Commissioner

W/16

Appendix I

1. The following Ration Scales have been approved and are to be applied with effect from 1 July 1944.

A. Normal ConsumerBy Ration Card

Bread

200 grams per day

Pasta

550 grams per week

Or variation, not to exceed a basis
of 240 grams of flour per day.

Milk

Dehydrated Soup)

Sugar

Olive Oil

Dried Veg.

M & V Stew

Meat (Preserved)

Other commodities as available)

At the current month's scales

B. Hospital Patients.

By bulk authorization according to number of inmates.

Bread

350 grams per day

Pasta

100 grams per day

Sugar

33 grams per day

Evap. Milk

100 grams per day

Olive Oil

25 grams per day

Dried Veg.

100 grams per day

Dehy. Soup

100 grams per day

Bouillon

1 Cube per day

M & V Stew

400 grams per week

or Preserved Meat

200 grams per week

C. Public Security Agents. Prison Guards. Firemen. Guardia Forestale.

Flour

230 grams)

By bulk authorization

or

350 grams)

or variation, not to

Per Head,

Pasta

100 grams)

exceed a total of 380

Per Day.

Soup

60 grams)

grams of flour per day

Sugar

Dried Vegetables

Olive Oil

M & V Stew

At the current monthly

Bread 350 grams per day
 Pasta 100 grams per day
 Sugar 33 grams per day
 Evap. Milk 100 grams per day
 Olive Oil 25 grams per day
 Dried Veg. 100 grams per day
 Dried Veg. 100 grams per day
 Bouillon 1 Cube per day
 M & V Stew 400 grams per week
 or Preserved Meat 200 grams per week

C. Public Security Agents, Prison Guards, Firemen, Guardia Forestale.

Flour	280 grams)	By bulk authorization	(	
Bread	350 grams)	or variation, not to	(	Per Head,
Pasta	100 grams)	exceed a total of 380	(	Per Day.
Soup	60 grams)	grams of flour per day	(	
Sugar		Olive Oil	)	
Dried Vegetables		M & V Stew	)	
Meat (preserved)		Milk	)	
Other commodities as available.			)	

At the current monthly Scales for normal consumers.

D. Prisoners in Penal Establishments.

Bread
 Dried Veg.
 Sugar
 Soup
 Bouillon
 Olive Oil

By bulk authorization according to number of inmates.

300 grams per day
 100 grams per day
 8.3 grams per day
 100 grams per day
 1 Cube per day
 Current monthly normal consumer's scale.

Returning P.O.D. in Transit camp
 Base Naples Transit Camp
 -1-
 Calsona, Palermo

Appendix I - Cont'd:

B. Refugees in Camps administered by ACC Refugee Branch.

By bulk authorization

Bread	300 grams per person per day
Pasta	100 grams per person per day
Sugar	50 grams per person per day
Evap. Milk	100 grams per person per day
Dried Veg.	100 grams per person per day
Dehy. Soup	100 grams per person per day
Cheese/Meat	60 grams per person per day

F. Harvesters

Maximum 40 days. Issuable only during period of Harvest.

Bread	400 grams per person per day
Pasta	50 grams per person per day
Cheese	100 grams per person per day
Meat (preserved)	60 grams per person per day
Pulses (or Soup)	100 grams per person per day
Olive Oil	20 grams per person per day

G. Heavy workers, working directly for Armed Forces 100%, including Heavy Railway Workers.

SCALE "A"

a. The approved entitlement for this class is comprised as follows:

- (1) Normal Consumer Scale (para 1a) by ration cards.
- (2) Midshift Meal viz: supplied by employing unit, on job.

Bread	1/3 lb (150 grams)
Fresh Vegetables	6 oz.
Dehydrated Soup	0.8 oz.

- (3) Supplementary Ration viz: by Supplementary Ration Card

Pulses (or Soup) 100 grams per person per day
Olive Oil 20 grams per person per day

G. Heavy workers, working directly for Armed Forces 100%, including Heavy Railway Workers.

SCALE "A"

a. The approved entitlement for this class is comprised as follows:

- (1) Normal Consumer Scale (para 1A) by ration cards.
- (2) Midshift Meal viz: supplied by employing unit, on job.

Bread 1/3 lb (150 grams)

Fresh Vegetables 6 oz.

Dehydrated Soup 0.8 oz.

- (3) Supplementary Ration viz: by Supplementary Ration Card

Scale "A"

Pasta

150 grams per week

Dehydrated Soup

200 grams per week

b. There is no increase in the overall quantity of Rationed foods for this class. The quantities have been adjusted as between the Normal Consumers Scale and the Supplementary Ration Card "A". As from the date of the adoption of these Ration Scales. On July 1944, the Supplementary Ration Card ~~4433~~ valid for the quantities indicated in Sub paragraph CIII only.

H. Heavy Worker working indirectly for the Armed Forces, as indicated in 222/CA dated 25 May.

SCALE "B"

a. The approved rations for this class are comprised as follows:

- (1) Normal Consumer Scale (para 1.A.) by Ration Card.
- (2) Supplementary Ration viz: by Supplementary Ration Card Scale "B".

Bread 110 grams per day.

Appendix I - Cont'd:

b. There is no increase in the overall quantity of Rationed Foods in this class. The quantities have been adjusted as between the Normal Consumers Ration Card and the Supplementary Ration Card Scale "B". As from 1 July 1944 the Scale "B" Supplementary Ration Card will entitle the workers to the quantity indicated in para H.(2) only.

c. The mid-shift meal Flour Element has been abolished for this class but Employees will still have made available to them, 0.8 ounces of Dehydrated Soup per entitled employee per shift. (Supply Officers please note).

2. These scales will be adopted in Region I (Sicily), Region VI (Sardinia), and on the Mainland of Italy to the south of the northern boundaries of the provinces of Naples and Campobasso.

3. The Ration Scales incorporated in this instruction supersede all previous Ration Scales and Supplementary issues which are hereby abolished.

4. No additional issue of controlled foods may be authorized without prior approval of the Chief Commissioner, Allied Control Commission.

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~~Subject: Hospital Diet~~

Land Forces Sub Comm
A.C. (MFA)
MFA
14/16/2026
10 Dec 14

ST
M.M.F.A.

Authority for supply of special items for Italian
military hospital diets for the period 15 Nov 90 to 14 Dec 14,
is requested as per Appendix 'A'.

Please notify Ministry of War where items may be
collected as soon as release authority is received.

/EEG

Waw.
Major,
D.A.D.A.S.
Land Forces Sub Comm. AG. (MFA)

Copy to: Ministry of War (D)

5356

1409

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ESTIMATES FOR HOSPITALS, INDICES FOR PERIOD 15 MAY TO 15, 1962.

Required For		Military Command	Military Command	Italian	Military Command
		AFRICA	CALIFORNIA	ROME	CALIFORNIA
Average No. of Patients per day		3,000	500	1,500	3,000
MEAL	Ex.	4,200	720	2,160	4,200
ROOM		8,100	1,350	4,000	8,100
SHOWER or equivalent		2,100	350	1,000	2,100
TOILET or Magazine		7,650	1,300	3,820	7,650
HEAT FURNACE		360	60	180	360

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APPENDIX 'A'

ITALIAN DIVISIONS FOR PERIOD 15 MAY TO 14 DEC. 1943

Command	Italian	Military Command	Military Command	Military Command	Military Command
	NAVE	CAMPANIA	BASILICATA	ROMA & LACI	SICILY
	1,700	2,000	1,000	3,000	500
	2,160	4,290	1,400	4,290	720 11,870
	4,000	8,400	3,700	8,400	1,350 33,700
	1,000	2,400	700	2,400	350 8,700
	3,000	7,650	2,500	7,650	1,300 31,600
	100	360	120	360	60 1,500

MEDICAL CONSUMPTIONS

Scale for One Month per 1,000 beds occupied
(calculated on the daily average for previous months)

MILK	1,430	lbs
RICE	2,700	"
SEMOLINA or equivalent	700	"
BUTTER or Margarine	2,550	"
MEAT EXTRACT	120	"

Ration scales - Italian Armed Forces.

(COPY of Annex "B" to DDEP FLAMBO letter 4012/ST of 6 Jan 44)

Appendix "B" BASIC Scale for Italian Troops.

<u>Commodity.</u>	<u>Daily Scale in Oms.</u>	<u>Remarks.</u>
Whole Wheat or Flour or Biscuits	16 12 12 }	1284 1284
Vegetable Dried or Biscuits or Flour	4 2 2 }	332 166
Preserved Meat or Beef Boneless	2 1 1/2 }	120 130 Ink 244 (kg)
Herrings Tinned or Salmon Tinned or Sardines Tinned	4/7 3/7 2/7	17
Sugar	1/2	58 58
Pepper	1/200	—
Coffee	1/2	—
Salt	1/2	—
Fruit Fresh	4	61
Vegetables Fresh	8	40
Nuts (unshelled)	1	85
Olive Oil	1	260
Wine	1/2 litre	260
		2254
		61
		40
		85
		260
		2328

To be obtained
under Italian
Military
arrangements

File in M/2

5353

(Copy of AFI "A" to DDT PLADO letter 1012/SE of 5 Jun 44)

Appendix "A" Scale for Italian Combat Units in Any Area.

Commodity	Daily Scale in Cms.
Flour	13
or Whole Wheat	24
or Biscuits	18
Meat Preserved	4
or Beef Boneless	3 1/2
Herrings Tinned	4 1/7
or Sardines Tinned	2 1/7
or Salmon Tinned	3 1/7
Macaroni	1 1/2
Cheese	2
Vegetables Dried	6
Vegetables Fresh	1 1/4
or Vegetables Tinned and Beans Canned	1 1/4
Onions	2
or Onion Powder	1 1/6
or Garlic	1 1/6
Coffee	1 1/2
or Cocoa	1 1/2
Sugar	1
Pepper	1/200
Cigarettes	1000 weekly
or Tobacco	1 1/4
Salt	1
Fruit Fresh	1
or Fruit Dried	4 1/7
Cooking Oil	1
or Olive Oil	1
or Fat	1

Subject:- Ration Scale.

MILITARY MISSION TO
ITALIAN ARMY.

14 Dec. 43.

SPARE

M/2/101

DDMS. AFHQ. Adv. Admin. Ech.

1. "Q" French of this Mission has asked me to express an opinion on the Food value of the proposed Scale of Rations to the Italian Army outside the Combat Zone. (Scale "B").
2. Attached as Appendix "A" is the proposed Ration Scale "B". Caloric values are in the uncooked state, but prepared for cooking.
3. These men will be employed in training, guard duties on L. of C., A.A. Defense, Road Construction and Port Labour.
4. I consider the diet fairly well balanced, but its total value appears insufficient.
5. I should be grateful of your opinion on this subject.

Reply received &
Passed to AQ(SET).

W. L. Haggis

Major, R.A.M. 5351
for Brigadier,
Commanding.

WAH/WGT.

APPENDIX "A"

ITALIAN ARMY - "B" RATION SCALE

Commodity	Daily Amount	Calorific Value			Carbo- Hydrates
		Total	Proteins	Fats	
Whole Wheat... .. 16	1284	148	13	1123	
or Flour 12					
Pulses.					
Peas, Dried... .. 2	166	50	-	116	
or Beans, Dried... .. 2					
or Lentils, Dried... .. 2					
Canned Meat(BULLY) 2	130	52	78	-	
Herrings, Tinned... .. 4/7					
or Sardines... .. 2/7	17	10	7	-	
or Salmon M.R... .. 3/7					
Cheese, Tinned 1	120	29	91	-	
Sausage, Tinned... .. 1-1/2	146	15	114	17	
Sugar. 1	116	-	-	116	
Pepper 1/200	-	-	-	-	
Matches... .. 2 boxes.	-	-	-	-	
Coffee 1/2	-	-	-	4	
LOCAL PURCHASE.					
Fruit. (Apple)... .. 8	112	3	-	109	
Fresh Vegetables(Say Turnip)8	40	7	-	33	
% Olive Oil. 1/2 oz.	130	-	130	-	
Wine... .. 1/2 litre.	-	-	-	-	

Pepper 1/200	-	-	-	-	-
Matches... .. 2 boxes.	-	-	-	-	-
Coffee 1/2	-	-	-	-	4
<u>LOCAL PURCHASE.</u>					
Fruit. (Apple)... .. 8	112	3	-	-	109
Fresh Vegetables(Say Turnip)8	40	7	-	-	33
% Olive Oil. 1/2 oz. 130		-	130		-
Wine... .. 1/2 litre.-		-	-		-
Nuts(Unshelled)... .. 1	85	16	64	5	
Say(Shelled) 1/2	2346	330	497	1212	
			5336		
At later date.					
Fish(Say Herring, raw) ... 4	244	56	188	-	
	2290	280	685	1212	

NOTE:- (1) Lowest alternatives have been chosen.

% 260 taken as calorific value, but no reference could be found.

Est. 263 from 14 M. of War. - 920/100 gram

Macaroni 290/100 gram.

