

ACC 10000/146/267

L.S.C./1207

FOOD COST - ROME

MAY - OCT. 1945

GOOD COST - ROME

1 - OCT. 1945

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 5 persons = 3,73 consuming units)

Basis: 2,200 calories daily per consuming unit.-

ROMA 1938

FOOD STUFFS	Unit	Quantities (standard budget)	Price	Expenditure
1. Bread	Kg.	45, -	2,20	99, -
2. Pasta, rice, flour	"	10, -	2,30	23, -
3. Dried beans	"	3, -	2,10	6,30
4. Potatoes	"	15, -	0,65	9,75
5. Vegetables	"	40, -	1,70	68, -
6. Fruit	"	20, -	3,30	66, -
7. Jam	"	1, -	4,50	4,50
8. Meat (beef)	"	2, -	13, -	26, -
9. Salumi	"	0,500	18,35	9,20
10. Fish	"	1, -	9, -	9, -
11. Milk	l.	10, -	1,55	15,50
12. Table cheese	Kg.	1,500	12,15	18,20
13. Eggs	piece	25, -	0,50	12,50
14. Fats	Kg.	2, -	12, -	24, -
15. Seasoning cheese	"	0,500	12,15	6,10
16. Tomato sauce	"	1, -	4, -	4,60
17. Sugar	"	1,500	6,50	9,75
18. Kitchen salt	"	1,500	2, -	3, -
19. Wine	l.	15, -	2,35	35,25

TOTAL 449,05

1. Bread	Kg.	45, -	2,20	23, -
2. Pasta, rice, flour	"	10, -	2,30	6,30
3. Dried beans	"	3, -	2,10	9,75
4. Potatoes	"	15, -	0,65	68, -
5. Vegetables	"	40, -	1,70	56, -
6. Fruit	"	20, -	3,30	4,50
7. Jam	"	1, -	4,50	26, -
8. Meat (beef)	"	2, -	13, -	9,20
9. Salumi	"	0,500	18,35	9, -
10. Fish	"	1, -	9, -	15,50
11. Milk	l.	10, -	1,55	18,20
12. Table cheese	Kg.	1,500	12,15	12,50
13. Eggs	piece	25, -	0,50	24, -
14. Fats	Kg.	2, -	12, -	6,10
15. Seasoning cheese	"	0,500	12,15	4,60
16. Tomato sauce	"	1, -	4, -	9,75
17. Sugar	"	1,500	6,50	3, -
18. Kitchen salt	"	1,500	2, -	35,25
19. Wine	l.	15, -	2,35	
T O T A L				449,05

252.205 calories

787

OPEN MARKET Ron's

Jan Feb

rice	116	120
peas	143	160
potato	58	50
oil	515	452
beans	879	800
lentils	583	457
tomatoes	307	263
carrots		
zucchini	857	770
corn	29	25
lettuce	90	60
onions	350	310
garlic		

Food Ration Scales for normal consumers in Italian Government and A.M.G. Territory

( In effect since October 1, 1945 )

( In grams per person )

		NATIONALLY RATIONED ITEMS FROM NATIVE AND IMPORTED SOURCES						
		Powd- ered Milk	Bread	Generi da minestra : pasta/rice	Oil/ Fats	Sugar	Salt	
		Daily	Daily	Monthly	Monthly	Monthly AMG. Ital.Gov territory	Monthly	
<u>BASIC SCALES for Normal Consumers</u>								
<u>Age Groups</u>								
A	0 - 3	50	200	2000	180	500	125	300
B	4 - 8	-	200	2000	180	250	125	300
C	9 - 18	-	200	2000	180	250	125	300
D	19 - 65	-	200	2000	180	-	125	300
E	66 over	-	200	2000	180	250	125	300

R O M B <sup>April</sup> 1940

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY

Consisting of 5 persons - 3.73 consuming units)

I - (Standard food budget on a basis of 2,200 calories daily per consuming unit).

	<u>JAN.</u>	<u>FEBR.</u>	<u>MARCH</u>	<u>APR.</u>
a) cereals, vegetables, fruit	5.830	6.406	6.069	6.100
b) meat, fish, dairy products	2.795	2.557	2.935	3.281
c) seasoning and sugar	1.101	2.329	2.782	2.315
d) wine	578	633	670	600
	<u>10.324</u>	<u>11.925</u>	<u>12.456</u>	<u>12.296</u>
T o t a l	10.324	11.925	12.456	12.296
INDEX NUMBERS (Basis Sept 42-10)	900	1.040	1.085	1.071

II -

a) Expenditure by food cards	395	581	1.170	1.880
b) " without " "	9.929	11.344	11.286	10.416
	<u>10.324</u>	<u>11.925</u>	<u>12.456</u>	<u>12.296</u>

III - Daily caloric value of foodstuffs allocated by food-cards.....760      735      904      1.083

ROME 1945

FOOD-STUFFS	OFFICIAL PRICES				BLACK-MARKET PRICES			
	Jan.	Feb.	Mar.	Apr.	Jan.	Feb.	Mar.	Apr.
BREAD	5,-	5,-	13,30	18,-	115	117	143	143
PASTA	7,-	7,-	17,30	22,50	213	220	240	210
FLOUR					115	125	138	136
DRIED BEANS	30,-	30,-			148	170	150	170
POTATOES	18,50				47	56	62	59
VEGETABLES	25,-	17,75	17,10	14,65				
FRUIT	28,50	35,10	40,40	37,40				
JAM	145,-		170,-	185,-	300	300	356	450
BEEF	188,-	187,50		505,-	450	583	650	850
MILK	15,-	18,-	15,-	20,-	37	47	55	60
CHEESE HARD	95,-	95,-			700	700	725	886
CHEESE SOFT					400	353	577	710
EGGS					33	30	26	24
OIL	50,30	73,-	75,-	75,-	387	460	450	430
BUTTER						833	867	958
LARD						633	650	758
TOMATO SAUCE	185		226,-	213,-	260	293	313	360
WINE	38,50	34,50	40,-	40,-	1000	917	1050	1200



**MONTHLY COST OF FOOD IN DISTRICTS IN ITALY**  
 SUMMARY OF ITALIAN COST OF LIVING - ~~FIGURES~~ ~~IS AVAILABLE IN A.C.~~

LABOUR SUB COMMISSION

*Rome  
 &  
 Pruning*

**SOURCE:**

EXCEPT WHEN MARKED "x" FIGURES PROVIDED BY "ISTITUTO CENTRALE DI STATISTICA" - ROME. FIGURES MARKED "x" FROM REPORTS FROM LABOUR OFFICES.

**FIGURES:**  
 LIRE COST.

**FAMILY:**

TYPICAL FAMILY OF 5 PERSONS (3.73 CONSUMING UNITS)

**BASIS:** 2,200 CALORIES DAILY PER CONSUMING UNIT.

REGION	CITY	1938	1940	M I D 1945	REGION	CITY	1938	1940	M I D 1945	
<u>PIEDMONT</u>	TURINO			10417 x	<u>ABRUZZI</u>	AQUILA	379		9300	
	VERCELLI			11292 x		AVELLINO			9348	
<u>LIGURIA</u>	GENOVA			10515 x	<u>CAMPANIA</u>	BENEVENTO			9448	
						NAPOLI	394		10057	
<u>LOMBARDIA</u>	MILANO		514 x	11822 x		SALERNO			9985	
					<u>FUGLIE</u>	BARI	337		8731	
<u>VENEZIE</u>	PADOVA			6997 x		BRINDISI			9619	
	VENEZIA			9067 x		FOGGIA			8036	
	VERONA			6372 x		LECCE			8487	
	VICENZA			8188 x		TARANTO			9800	
	BOLZANO			6288 x		<u>CALABRIE</u>	CATANZARO			8261
TRENTO			8340 x	REGGIO C.			371		6134	
<u>EMILIA</u>	BOLOGNA		485 x	7962 x	<u>LUCANIA</u>	POTENZA	349		8973	
	MODENA		451 x	6299 x		<u>SICILY</u>	PALERMO	364		8973
	PARMA		440 x	5223 x			<u>SARDEGNA</u>	CAGLIARI	468	
<u>TUSCANY</u>	AREZZO			9886	NUORO				8505	
	FIRENZE	426		11917	SASSARI				8964	
	LIVORNO			10638						
	PISA			10792						
<u>MARCHE</u>	ANCONA			7783						
<u>LAZIO</u>	FROSINONE			11776						
	LATINIA			10574						
	RIETI			10811						
	ROME	449 x	515 x	9085 x						
	VITERBO			11807						

783

Cost of living

cost of food

	January	February.
Pauloqne	14.301	13.379
Jenora	13.928	13.907
Proand.	14.798	12.559

Decree 15-1-1946: (Gazetta Ufficiale N. 49 of 27/2/1946)  
 Increase of 20% of the carovita indennità  
 for state employees.

To morrow morning I shall  
 have the cost food for other  
 tortus in January  
 and the strikes in February.

Decreto 14-2. 1946 N. 27

Norme integrative sulle riassegnazioni e assunzioni  
obbligatorie che riduca nelle aziende private

The employer is obliged to give a job in the  
percentage of 5% of the staff employed in  
the concern at 31-12-1945.

*Miss Sturman*

DAILY CALORIC VALUE OF FOOD-STUFFS ALLOCATED BY FOOD-CARDS

T O M E

MONTH	No CALORIES per person	MONTH	No CALORIES per person
SEPTEMBER 1942	1,600	JANUARY 1945	760
SEPTEMBER 1943	580	FEBRUARY "	735
OCTOBER "	760	MARCH "	904
NOVEMBER "	620	APRIL "	1,033
DECEMBER "	910	MAY "	935
JANUARY 1944	1,090	JUNE "	935
FEBRUARY "	900	JULY "	959
MARCH "	660	AUGUST "	898
APRIL "	560	SEPTEMBER "	862
MAY "	465	OCTOBER "	854
JUNE "	510	NOVEMBER "	899
JULY "	720	DECEMBER "	892
AUGUST "	785		
SEPTEMBER "	750		
OCTOBER "	770		
NOVEMBER "	790		
DECEMBER "	751		



OFFICIAL RETAIL PRICES IN PONE  
(LIRE)

FOOD STUFFS	1942	1 9 4 3					1 9 4 4												
	Sept.	Sept.	Oct.	Nov.	Dec.	Jan.	Febr.	March.	April	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.	Jan.	
1. BREAD Kg.	2,60	2,60	2,60	2,60	2,60	2,60	2,60	2,60	2,60	2,60	3,60	3,80	5,-	5,-	5,-	5,-	5,-	5,-	
2. PASTA "	3,10	3,10	3,10	3,10	3,10	3,30	3,30	3,30	3,30	3,30	--	--	7,-	7,-	7,-	7,-	7,-	7,-	
3. RICE "	2,65	2,65	2,65	2,65	4,50	5,-	5,-	7,20	7,60	26,-	25,-	25,-	--	--	--	--	--	--	
4. DRIED BEANS "	5,70	6,50	6,50	6,50	12,-	12,-	12,-	12,-	--	--	30,-	30,-	30,-	30,-	30,-	30,-	30,-	30,-	
5. POTATOES "	1,70	2,-	2,-	2,-	--	2,90	--	--	--	--	--	--	--	15,-	16,-	17,50	18,50	--	
6. VEGETABLES "	4,30	6,20	6,50	4,95	5,45	7,40	13,90	19,50	24,85	19,-	22,85	19,-	16,70	15,65	15,50	15,50	13,10	--	
7. FRUIT "	7,-	9,45	10,-	8,50	10,-	12,50	25,-	35,-	40,-	60,-	37,-	33,-	26,70	28,75	25,-	30,-	31,-	--	
8. JAM "	14,30	--	20,90	--	--	20,90	--	38,50	--	--	--	--	--	--	--	--	145,	145	
9. MEAT { BEEF "	13,75	23,20	23,20	23,20	26,50	26,-	26,-	--	32,-	--	--	--	--	--	--	--	215,	188	
9. MEAT { SHEEP "	20,40	--	--	--	33,-	31,-	30,50	31,-	52,70	54,50	55,55	--	--	--	--	--	--	--	
10. MILK Lt.	1,95	3,-	3,-	3,-	3,-	5,-	5,-	5,-	5,-	5,-	5,-	5,-	5,-	5,-	5,-	7,-	8,75	15,-	15,-
11. TABLE CHEESE Kg.	18,-	19,60	23,15	23,15	23,15	23,15	38,-	34,50	34,50	34,50	--	--	--	--	--	--	--	95,-	95,-
12. SEASONING CHEESE "	22,95	28,-	28,-	28,-	28,90	--	27,90	27,90	--	--	47,50	47,50	--	100	--	--	--	18,-	--
13. EGGS each	2,-	3,-	3,-	3,-	4,-	4,-	12,-	9,-	9,-	9,-	9,-	18,-	--	--	--	--	--	18,-	--
14. OIL Lt.	13,60	14,80	16,20	16,20	16,20	18,-	19,20	--	--	19,50	26,40	30,-	30,-	--	39	--	39,-	50,-	--
15. BUTTER Kg.	27,-	27,-	33,-	33,-	33,-	52,-	52,-	46,-	46,-	46,-	47,50	40,-	--	--	--	--	--	--	--
16. SUGAR "	7,70	9,10	12,-	12,-	12,-	12,-	12,-	25,-	25,-	25,-	25,-	15,-	16,25	--	15,-	--	--	185	185,
17. TOMATO SAUCE "	9,30	--	9,30	10,30	10,30	--	--	13,-	--	--	--	--	--	--	--	--	--	185	185,
18. WINE Lt.	6,30	18,-	20,-	20,-	20,-	20,-	21,-	25,40	32,20	40,-	60,-	80,-	77,	40,-	40,-	40	45	38,	--

OFFICIAL RETAIL PRICES IN ROME  
(LIRE)

1 9 4 4												1 9 4 5									
Oct.	Nov.	Dec.	Jan.	Febr.	March.	April	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.	Jan.	Febr.	March	April	May	June	
2,60	2,60	2,60	2,60	2,60	2,60	2,60	2,60	3,60	3,60	5,-	5,-	5,-	5,-	5,-	5,-	5,-	5,-	13,30	18	18	18
3,10	3,10	3,10	3,30	3,30	3,30	3,30	3,30	-	-	7,-	7,-	7,-	7,-	7,-	7,-	7,-	7,-	17,30	22,50	22,5	22,50
2,65	2,65	4,50	5,-	5,-	7,20	7,60	26,-	25,-	25,-	-	-	-	-	-	-	-	-	-	-	-	-
6,50	6,50	12,-	12,-	12,-	12,-	-	-	30,-	30,-	30,-	30,-	30,-	30,-	30,-	30,-	30,-	30,-	-	-	95	-
2,-	2,-	-	2,90	-	-	-	-	-	-	15,-	16,-	17,50	18,50	-	-	-	-	-	-	-	-
6,50	4,95	5,45	7,40	13,90	19,50	24,85	19,-	22,85	19,-	16,70	15,65	15,30	15,50	13,10	-	-	17,75	17,70	14,85	29	-
10,-	6,50	10,-	12,50	25,-	35,-	40,-	60,-	37,-	33,-	26,70	26,75	25,-	30,-	31,-	-	-	35,10	40,40	37,40	36	-
20,90	-	-	20,90	-	38,50	-	-	-	-	-	-	-	-	145,	145	-	170	185	-	-	-
23,20	23,20	26,50	26,-	26,-	-	32,-	-	-	-	-	-	-	-	215,	183	187,50	-	303	410	307	
-	-	33,-	31,-	30,50	31,-	52,70	54,50	55,55	-	-	-	-	-	-	-	-	-	-	-	340	-
3,-	3,-	3,-	5,-	5,-	5,-	5,-	5,-	5,-	5,-	5,-	5,-	7,-	8,75	15,-	15,-	15,-	15	20	30	30	
23,15	23,15	23,15	23,15	38,-	34,50	34,50	34,50	-	-	-	-	-	-	-	-	-	-	-	-	-	-
28,-	28,-	28,90	-	27,90	27,90	-	-	47,50	47,50	-	100	-	-	95,-	95,-	95,-	-	-	-	21	-
3,-	3,-	4,-	4,-	12,-	9,-	9,-	9,-	9,-	18,-	-	-	-	-	18,-	-	-	-	-	-	-	-
16,20	16,20	16,20	18,-	19,20	-	-	19,50	26,40	30,-	30,-	-	39	-	39,-	50,30	73,-	75	75	75	75	77,50
33,-	33,-	33,-	52,-	52,-	46,-	46,-	46,-	47,50	40,-	-	-	-	-	-	-	-	-	-	-	-	-
12,-	12,-	12,-	12,-	12,-	25,-	25,-	25,-	25,-	15,-	16,25	-	15,-	-	-	16,40	16,10	-	20	20	20	-
9,30	10,30	10,30	-	-	13,-	-	-	-	-	-	-	-	-	185	185,-	-	226	213	207	224	
20,-	20,-	28,-	20,-	21,-	25,40	32,20	40,-	60,-	80,-	77,50	40,-	40,-	40	45	38,50	34,50	40,-	40	40	40	





OFFICIAL RETAIL PRICES IN ROME  
(LIRE)

1945					1946												1947				
SEPT.	OCT.	NOV.	DEC.	JAN.	FEB.	MARCH	APRIL	MAY	JUNE	JULY	AUG.	SEPT.	OCT.	NOV.	DEC.	JAN.	FEB.	MARCH	APRIL	MAY	
18	18	18	18	19795																	
50	24	24	24	26																	
65	39,65	37,30	44	-																	
-	-	120	-	60																	
-	-	-	-	-																	
-	-	-	-	-																	
-	-	-	-	160																	
278	238	220	222	220																	
-	-	-	-	-																	
30	30	30	30	30																	
-	-	-	-	-																	
-	-	121	550	270																	
-	-	-	-	-																	
80	80	80	80	158																	
-	-	-	-	-																	
27,50	31,80	34	50	58																	
224	-	-	-	-																	
40	50	52	59	59																	

778

INDEX NUMBERS OF OFFICIAL DETAIL PRICES IN FOODS  
BASIS: September 1942 = 100

FOOD STUFFS	1942	1 9 4 3				1 9 4 4											
	Sept	Sept	Oct	Nov	Dec	Jan	Febr	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec
1. BREAD	100	100	100	100	100	100	100	100	100	100	138	147	192	192	192	192	192
2. PASTA	100	100	100	100	100	106	106	106	106	106	---	---	225	225	225	225	225
3. RICE	100	100	100	100	170	190	190	271	286	981	943	943	---	---	---	---	---
4. DRIED BEANS	100	114	114	114	210	210	210	210	---	---	526	526	526	526	526	526	526
5. POTATOES	100	118	118	118	---	170	---	---	---	---	---	---	---	882	---	941	1030
6. VEGETABLES	100	144	151	115	127	172	323	453	578	442	531	442	384	384	360	366	304
7. FRUIT	100	135	143	121	143	179	357	500	571	657	529	471	381	411	357	428	443
8. JAM	100	---	146	---	---	146	---	270	---	---	---	---	---	---	---	---	1013
9. MEAT { BEEF { SHEEP	100	169	169	169	193	193	193	---	233	---	---	---	---	---	---	---	---
	100	---	---	---	163	152	150	152	258	266	272	---	---	---	---	---	---
10. MILK	100	154	154	154	154	256	256	256	256	256	256	256	266	256	359	448	769
11. TABLE CHEESE	100	109	130	130	130	130	211	192	192	192	---	---	---	---	---	---	---
12. SEASONING CHEESE	100	122	122	122	126	---	121	121	---	---	207	207	---	435	---	---	414
13. EGGS	100	150	150	150	200	200	600	450	450	450	450	900	---	---	---	---	900
14. OIL	100	108	112	112	112	132	141	---	---	143	194	220	220	---	237	---	287
15. BUTTER	100	100	122	122	---	191	191	170	170	170	176	148	---	---	---	---	---
16. SUGAR	100	118	155	155	155	155	155	324	324	324	324	195	211	---	194	---	---
17. TOMATO SAUCE	100	---	100	111	111	---	---	140	---	---	---	---	---	---	---	---	1989
18. WINE	100	285	317	347	444	347	333	403	511	637	952	1270	1230	635	635	635	714

INDEX NUMBERS OF OFFICIAL DETAIL (19000) MONTHLY  
BASIS: September 1942 = 100

1 0 4 3				1 9 4 4												1 0 4 5						
Sept	Oct	Nov	Dec	Jan	Febr	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Febr	March	April	May	June	
100	100	100	100	100	100	100	100	100	138	147	192	192	192	192	192	192	192	512	692	692	692	
100	100	100	100	106	106	106	106	106	---	---	225	225	225	225	225	225	225	358	725	725	725	
100	100	100	170	190	190	271	286	981	943	943	---	---	---	---	---	---	---	---	---	166	---	
114	114	114	210	210	210	210	---	---	526	526	526	526	526	526	526	526	526	---	---	---	---	
118	118	118	---	170	---	---	---	---	---	---	---	882	---	941	1030	1089	---	---	---	---	---	
144	151	115	127	172	323	453	578	442	531	442	384	364	360	366	304	---	412	397	345	674	---	
135	143	121	143	179	357	500	571	657	529	471	381	411	357	428	443	---	501	577	534	514	---	
---	146	---	---	146	---	270	---	---	---	---	---	---	---	---	1013	1013	---	1168	1290	---	---	
169	169	169	193	193	193	---	233	---	---	---	---	---	---	---	---	---	---	---	---	1666	---	
---	---	---	163	152	150	152	258	266	272	---	---	---	---	---	---	1563	1367	1364	---	3672	2981	2232
154	154	154	154	256	256	256	256	256	256	256	266	256	359	448	769	769	769	769	1025	1538	1538	
109	130	130	130	130	211	192	192	192	---	---	---	---	---	---	---	---	---	---	---	---	---	
122	122	122	126	---	121	121	---	---	207	207	---	435	---	---	414	414	414	---	---	---	---	
150	150	150	200	200	600	450	450	450	450	900	---	---	---	---	900	---	---	---	---	1050	---	
108	112	112	112	132	141	---	---	143	194	220	220	---	237	---	287	370	536	551	551	551	569	
100	122	122	---	191	191	190	170	170	176	148	---	---	---	---	---	---	---	---	---	---	---	
118	155	155	155	155	155	324	324	324	324	195	211	---	194	---	---	---	---	---	---	259	259	
---	100	111	111	---	---	140	---	---	---	---	---	---	---	---	1989	1989	---	2430	2279	2225	2408	
286	317	317	444	317	333	403	511	637	902	1270	1230	635	635	635	714	611	547	635	635	635	635	



INDEX NUMBERS OF OFFICIAL RETAIL PRICES IN ROME

BASIS: September 1942 - 100

	1945				1946												1947					
	SEPT.	OCT.	NOV.	DEC.	JAN.	FEBR.	MARCH	APRIL	MAY	JUNE	JULY	AUG.	SEPT.	OCT.	NOV.	DEC.	JAN.	FEB.	MARCH	APRIL	MAY	
92	692	692	692	756																		
98	774	774	774	838																		
05	1,496	1407	1,660	-																		
-	-	2105	-	1,052																		
-	-	-	-	-																		
-	-	-	-	-																		
-	-	-	-	1,118																		
21	1,730	1600	1,644	1,600																		
-	-	-	-	-																		
30	1,530	1530	1,530	1,530																		
-	-	-	-	-																		
-	-	537	2,396	1,176																		
-	-	-	-	-																		
88	588	588	588	1,161																		
-	-	-	-	-																		
57	413	441	640	753																		
08	-	-	-	-																		
93	793	825	936	936																		

776

BLACK MARKET PRICES IN P/HE  
(LIRE)

FOOD STUFFS	1942	1943				1 9 4 4											
	Sept	Sept	Oct	Nov	Dec	Jan	Febr	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec
1. BREAD <i>kg.</i>	12	20	20	22	25	30	35	50	60	125	90	100	100	90	90	90	103
2. PASTA "	20	20	35	35	40	60	75	100	150	230	180	190	170	220	240	180	187
3. RICE "	30	30	35	40	45	70	80	100	130	230	180	230	300	250	250	260	—
4. FLOUR "	25	25	35	40	50	60	85	100	160	220	180	150	130	120	110	95	90
5. DRIED BEANS "	20	25	30	35	45	60	75	90	110	200	115	160	170	130	130	120	123
6. POTATOES "	4	10	12	13	15	20	25	30	45	60	50	35	40	40	40	36	40
7. LAM "	20	20	35	50	70	95	100	140	165	290	290	275	265	250	430	450	300
8. MEAT { BEEF	60	80	90	110	120	140	155	165	200	250	325	370	380	355	400	380	390
	{ SHEEP	40	50	60	70	90	100	120	150	190	200	300	---	---	255	260	300
9. HAM "	40	45	60	120	200	325	350	365	400	450	500	750	750	775	800	800	1000
10. TABLE CHEESE "	25	40	50	70	90	150	160	180	200	230	280	425	---	350	350	350	300
11. SEASONING CHEESE "	40	100	110	120	180	200	225	300	460	500	600	425	575	550	450	500	600
12. MILK <i>lt.</i>	5	5,50	6	10	12	15	18	21	25	40	40	30	35	35	40	45	—
13. EGGS <i>each</i>	4	7	9	10	12	13	12	12	15	18	25	30	29	23	25	35	—
14. OIL <i>lt.</i>	70	160	180	200	250	300	360	400	600	900	800	550	450	550	500	540	—
15. BUTTER <i>kg.</i>	60	125	150	165	170	350	400	480	525	700	700	650	725	650	700	700	—
16. LARD "	55	300	120	150	210	240	270	350	450	650	600	600	600	750	700	600	—
17. TOMATO SAUCE "	18	25	45	65	85	100	125	150	200	250	250	215	265	265	200	200	—
18. SUGAR "	25	50	80	110	150	200	220	250	300	400	350	350	450	480	500	600	—

BLACK MARKET PRICES IN POME  
(LIRE)

1943				1944												1945					
Sept	Oct	Nov	Dec	Jan	Febr	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Febr	March	April	May	June
				30	35	50	60	125	90	100	100	90	90	90	103	115	175	143	143	110	92
20	20	22	25	60	75	100	150	230	180	190	170	220	240	180	187	213	220	240	210	183	140
20	35	35	40	70	80	100	130	230	180	230	300	250	250	260	---	---	477	463	490	575	180
30	35	40	45	60	85	100	160	220	180	150	130	120	110	95	98	115	125	158	136	113	95
25	35	40	50	60	75	90	110	200	115	160	170	130	130	120	123	148	170	130	170	150	110
25	30	35	45	60	75	90	110	200	115	160	170	130	130	120	123	148	170	130	170	150	110
10	12	13	15	20	25	30	45	60	50	35	40	40	40	36	40	47	56	62	59	46	30
20	35	50	70	95	100	140	165	290	290	275	265	250	430	450	300	300	300	356	450	363	300
80	90	110	120	140	155	165	200	250	325	370	380	355	400	380	397	450	583	650	850	700	517
50	60	70	90	100	120	150	190	200	300	---	---	255	260	300	340	---	420	460	583	458	325
45	60	120	200	325	350	365	400	450	500	750	750	775	800	800	1000	950	950	900	900	973	906
40	50	70	90	150	160	180	200	230	280	425	---	350	350	350	316	400	353	577	710	674	636
100	110	120	180	200	225	300	460	500	600	425	575	550	450	500	683	700	700	725	886	966	841
5,50	6	10	12	15	18	21	25	40	40	30	35	35	40	45	37	37	47	55	60	53	50
7	9	10	12	13	12	12	15	18	25	30	29	23	25	35	35	33	30	26	24	23	22
160	180	200	250	300	360	400	600	900	800	550	450	550	500	540	428	387	460	450	430	410	373
125	150	165	170	350	400	480	525	700	700	650	725	650	700	700	800	---	833	867	958	963	902
900	120	150	210	240	270	350	450	650	600	600	600	750	700	600	734	---	833	650	758	765	717
25	45	65	85	100	125	150	200	250	250	215	265	265	200	200	231	260	293	313	360	351	286
50	80	110	150	200	220	250	300	400	350	350	450	480	500	600	793	1000	917	1050	1200	1033	633







INDEX NUMBERS OF BLACK MARKET INDEX  
BASIS: SEPTEMBER 1942 = 100

FOOD STUFFS	1942	1 9 4 3				1 9 4 4												
	Sept	Sept	Oct	Nov	Dec	Jan	Febr	March	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan
1. BREAD	100	166	166	183	208	250	292	417	500	1042	750	833	833	750	750	750	858	960
2. PASTA	100	100	175	175	200	300	375	500	750	1150	900	950	850	1100	1200	900	935	1060
3. RICE	100	100	116	133	150	233	266	333	433	766	600	766	1000	833	833	876	---	---
4. FLOUR	100	100	140	160	200	240	340	400	640	880	720	600	520	480	440	380	392	460
5. DRIED BEANS	100	125	150	175	225	300	375	450	550	1000	575	800	850	650	650	600	615	760
6. POTATOES	100	250	300	325	375	500	625	750	1125	1500	1250	875	1000	1000	1000	900	1008	1170
7. JAM	100	100	175	250	350	475	500	700	825	1450	1450	1375	1325	1250	2145	2245	1500	1500
8. MEAT BEEF	100	133	150	183	200	233	258	275	333	416	541	617	633	591	666	633	661	750
SHEEP	100	125	150	175	225	250	300	375	475	500	750	---	---	637	650	750	850	---
9. HAM	100	112	150	300	500	812	875	912	1000	1125	1250	1875	1875	1937	2000	2000	2500	2370
10. TABLE CHEESE	100	160	200	280	360	600	640	720	800	920	1120	1700	---	1400	1400	1100	1264	1600
11. SEASONING CHEESE	100	250	275	300	450	500	562	750	1150	1250	1800	1062	1437	1375	1125	1250	1707	1750
12. MILK	100	110	120	200	240	300	360	420	500	800	800	600	700	700	800	900	740	760
13. EGGS	100	175	225	250	300	325	300	300	375	450	625	750	725	575	625	875	875	800
14. OIL	100	228	257	286	357	428	514	571	857	1286	1143	786	643	786	714	771	611	500
15. BUTTER	100	208	250	275	283	583	666	800	875	1166	1166	1083	1208	1083	1166	1166	1333	---
16. LARD	100	182	218	273	382	436	491	636	818	1182	1092	1092	1092	1455	1276	1091	1334	---
17. TOMATO SAUCE	100	109	250	361	472	555	694	833	1111	1388	1388	1195	1472	1472	1111	1111	1283	1400
18. SUGAR	100	200	320	440	600	800	888	1000	1200	1600	1400	1400	1800	1920	2000	2400	3172	4000





INDEX NUMBERS OF BLACK MARKET PRICES IN ROME

BASIS: SEPTEMBER 1942 = 100

	1 9 4 6												1 9 4 7							
PT.	OCT.	NOV.	DEC.	JAN.	FEB.	MARCH	APRIL	MAY	JUNE	JULY	AUG.	SEPT.	OCT.	NOV.	DEC.	JAN.	FEB.	MARCH	APRIL	MAY
33	916	983	1.016																	
75	865	860	1.060																	
00	476	526	483																	
00	428	460	492																	
00	850	900	885																	
00	1.150	1.275	1.425																	
530	1.675	2.215	2.235																	
7	750	666	695																	
37	835	767	900																	
2.222	2.292	2.457	2.500																	
780	1.860	2.000	2.500																	
332	1.482	1.975	2.082																	
140	1.140	1.340	1.400																	
622	675	725	775																	
761	810	870	861																	
307	1.353	1.486	1.511																	
091	1.091	1.150	1.212																	
277	1.378	1.639	1.781																	
400	3.332	3.628	3.904																	

712

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 5 persons - 3.73 consuming units)

BASIS: 2,200 calories daily per consuming unit

MONTHS	MONTHLY EXPENDITURE (Lira)					INDEX NUMBERS				
	cereals, vegetables, fruit	meat, fish, dairy products	seasoning and sugar	wine	TOTAL	cereals, vegetables, fruit	meat, fish, dairy products	seasoning and sugar	wine	TOTAL
SEPTEMBER 1942	767,60	220,10	65,45	94,50	1,147,65	100	100	100	100	100
SEPTEMBER 1943	1,352,70	309,20	460,20	270,-	2,392,10	176	140	703	286	208
OCTOBER "	1,263,96	216,90	584,95	300,-	2,365,80	165	99	894	317	206
NOVEMBER "	1,448,55	707,20	526,60	300,-	2,982,35	189	321	805	317	260
DECEMBER "	1,452,20	661,70	574,50	420,-	3,128,40	189	309	878	444	273
JANUARY 1944	1,315,68	750,50	575,20	300,-	2,971,35	171	355	879	317	259
FEBRUARY "	2,522,85	1,021,-	652,91	315,-	4,551,75	329	464	1,059	333	397
MARCH "	3,969,75	1,140,75	1,101,50	380,-	6,592,-	517	518	1,683	402	574
APRIL "	5,590,55	1,155,75	1,312,50	483,-	8,541,80	728	525	2,005	511	744
MAY "	8,017,65	2,085,15	2,221,85	600,-	13,734,65	1,149	952	3,395	635	1,197
JUNE "	6,744,35	1,874,80	2,340,85	900,-	11,860,-	879	851	3,577	952	1,033
JULY "	5,581,60	2,324,70	1,735,50	1,200,-	10,841,80	727	1,056	2,652	1,270	945
AUGUST "	4,454,10	1,861,70	1,683,40	1,162,50	9,161,10	580	846	2,572	1,230	798
SEPTEMBER "	4,407,10	1,542,20	2,660,-	600,-	9,209,30	574	700	4,066	635	802
OCTOBER "	4,599,60	1,674,15	1,876,80	600,-	8,750,55	599	761	2,968	635	762
NOVEMBER "	4,388,15	2,077,-	1,743,50	600,-	8,808,65	572	939	2,663	635	767
DECEMBER "	5,331,-	2,413,55	1,857,50	675,-	10,277,05	696	1,096	2,838	714	895
JANUARY 1945	5,850,-	2,795,-	1,101,45	577,50	10,323,95	762	1,270	1,683	611	900
FEBRUARY "	6,406,-	2,557,25	2,325,75	633,-	11,925,-	835	1,161	3,558	670	1,040
MARCH "	6,069,25	2,935,50	2,781,70	670,-	12,456,45	790	1,333	4,250	709	1,085



**MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY**  
(consisting of 5 persons - 3,73 consuming units)

BASIS: 2,200 calories daily per consuming unit

M O N T H S	E X P E N D I T U R E (Line)			I N D E X N U M B E R S			% O N T O T A L E X P E N D I T U R E		
	by food-cards	without food-cards	TOTAL	by food-cards	without food-cards	TOTAL	by food-cards	without food-cards	TOTAL
SEPTEMBER 1942	401,25	746,40	1,147,65	100	100	100	34,9	65,1	100
SEPTEMBER 1943	237,30	2,154,80	2,392,10	59	289	208	9,9	90,2	100
OCTOBER "	336,30	2,027,50	2,363,80	84	272	208	14,3	85,7	100
NOVEMBER "	145,60	2,835,75	2,981,35	36	380	260	4,9	95,1	100
DECEMBER "	342,05	2,765,35	3,127,40	85	373	273	10,9	89,1	100
JANUARY 1944	428,15	2,543,20	2,971,35	106	341	259	14,4	85,6	100
FEBRUARY "	251,25	4,300,50	4,551,75	62	576	397	5,5	94,5	100
MARCH "	581,-	6,211,-	6,592,-	95	832	574	5,8	94,2	100
APRIL "	369,30	8,172,50	8,541,80	92	1,095	744	4,3	95,7	100
MAY "	249,65	13,485,-	13,734,65	62	1,807	1,197	1,8	98,2	100
JUNE "	331,50	11,528,50	11,860,-	82	1,585	1,033	2,8	97,2	100
JULY "	331,-	10,510,80	10,841,80	92	1,408	945	3,-	97,-	100
AUGUST "	604,45	8,557,25	9,161,70	157	1,146	798	6,6	93,4	100
SEPTEMBER "	484,80	8,724,50	9,209,30	120	1,169	802	5,3	94,7	100
OCTOBER "	473,95	8,276,80	8,750,75	118	1,108	762	5,4	94,6	100
NOVEMBER "	505,90	8,502,75	9,008,65	126	1,112	767	5,7	94,3	100
DECEMBER "	565,65	9,711,40	10,277,05	141	1,361	895	5,5	94,5	100
JANUARY 1945	394,95	9,929,-	10,323,95	98	1,330	900	3,8	96,2	100
FEBRUARY "	561,25	11,343,75	11,925,-	144	1,519	1,040	4,8	95,2	100
MARCH "	1170,25	11,286,20	12,456,45	291	1,512	1,085	9,4	90,6	100
APRIL "	1,880,55	10,416,-	12,296,55	468	1,355	1,071	15,3	84,7	100
MAY "	1,870,50	9,736,90	11,607,40	466	1,307	1,011	19,2	80,8	100
JUNE "	2,614,40	7,701,-	9,865,-	651	1,031	659	26,5	73,5	100
JULY "	1,454,35	8,375,25	9,829,60	362	1,122	838	15,1	84,9	100



NOVEMBER	"	145,60	2,636,75	2,982,35	36	380	260	4,9	95,1	100
DECEMBER	"	342,05	2,786,35	3,128,40	85	373	273	10,9	89,1	100
JANUARY	1944	428,15	2,543,20	2,971,35	106	341	259	14,4	85,6	100
FEBRUARY	"	251,25	4,300,50	4,551,75	62	576	397	5,5	94,5	100
MARCH	"	361,-	6,211,-	6,592,-	95	832	574	5,8	94,2	100
APRIL	"	369,30	8,172,50	8,541,80	90	1,095	744	4,3	95,7	100
MAY	"	249,65	13,485,-	13,734,65	62	1,807	1,197	1,8	98,2	100
JUNE	"	331,50	11,528,50	11,860,-	82	1,589	1,033	2,8	97,2	100
JULY	"	331,-	10,510,60	10,841,60	82	1,108	945	3,-	97,-	100
AUGUST	"	604,45	8,557,25	9,161,70	157	1,146	799	6,6	95,4	100
SEPTEMBER	"	484,80	8,723,50	9,205,30	120	1,169	802	5,3	94,7	100
OCTOBER	"	473,95	8,276,60	8,750,55	118	1,108	762	5,4	94,6	100
NOVEMBER	"	505,90	8,502,75	8,808,65	126	1,112	767	5,7	94,3	100
DECEMBER	"	565,65	9,711,40	10,277,05	141	1,301	895	5,5	94,5	100
JANUARY	1945	394,95	9,929,-	10,323,95	98	1,330	900	3,8	96,2	100
FEBRUARY	"	581,25	11,343,75	11,925,-	144	1,519	1,040	4,8	95,2	100
MARCH	"	1170,25	11,286,20	12,456,45	291	1,512	1,086	9,4	90,6	100
APRIL	"	1,880,55	10,416,-	12,296,55	468	1,395	1,071	15,3	84,7	100
MAY	"	1,670,50	9,736,90	11,607,40	466	1,307	1,011	19,2	80,8	100
JUNE	"	2,614,40	7,701,-	9,865,-	651	1,031	859	26,5	73,5	100
JULY	"	1,454,35	8,375,25	9,829,60	362	1,122	858	15,1	84,9	100
AUGUST	"	1,611,10	8,867,10	10,378,20	399	1,175	903	15,4	84,6	100
SEPTEMBER	"	1,139,50	9,723,75	10,863,25	263	1,502	946	10,3	88,7	100
OCTOBER	"	1,231,25	10,755,40	11,986,75	307	1,441	1,044	10,2	89,8	100
NOVEMBER	"	1,666,00	10,867,60	12,533,60	412	1,456,00	1,170	13,6	96,7	100
DECEMBER	"	1,698,50	11,020,10	12,718,60	423	1,375,00	1,103	13,3	96,7	100

A . P . O . 394

LABOUR SUB + COMMISSION

MONTHLY FOOD EXPENDITURE OF AMERICAN SUPPLY IN ROME

(consisting of 5 persons - 3/75 consuming units)

DECEMBER 1945

BASIS: 2,300 calories daily per consuming unit.

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS			TOTAL EXPENDITURE
			quantity	price	expenditure	quantity	price	expenditure	
1. BREAD	KG	15	30	19.65	589.50	15	122.-	1,830.-	2,399.50
2. PASTA RICE FLOUR	"	15	7,500	26.-	195.-	2,500	212.-	530.-	725.-
3. FRIED BEANS	"	3	2,500	60.-	150.-	0,500	177.-	88.50	239.50
4. POTATOES	"	15	-	-	-	15	57.-	855.-	855.-
5. VEGETABLES	"	15	-	-	-	40	24.-	960.-	960.-
6. FRUIT	"	20	-	-	-	20	58.50	1,170.-	1,170.-
7. JAM	"	1	0,400	160.-	64.-	0,600	447.-	263.20	332.20
8. MEAT (BEEF)	"	2	-	-	-	2	417.-	834.-	834.-
9. SALAMI (TOPK)	"	0,970	-	-	-	0,500	1000.-	500.-	500.-
10. FISH	"	1	0,500	88.-	44.-	0,500	168.-	84.-	128.-
11. MILK	LT.	15	10	35.-	350.-	-	-	-	350.-
12. TABLE CHEESE	KG	1,500	-	-	-	1,500	550.-	625.-	625.-
13. EGGS	piece	25	-	-	-	25	31.-	775.-	775.-
14. FATS	KG	2.7	1	158.-	158.-	1	603.-	603.-	761.-
15. SEASONING CHEESE	"	1,500	0,200	270.-	54.-	0,300	633.-	249.00	303.90
16. TOMATO SAUCE	"	1.7	-	-	-	1	307.-	307.-	307.-
17. SUGAR	"	1,500	1	58.-	58.-	10,500	951.-	475.50	533.50
18. KITCHEN SALT	"	1,500	1,500	24.-	36.-	-	-	-	36.-
19. VINE	LT.	15	-	-	-	15	59.-	885.-	885.-

ITEM	QTY	UNIT	PRICE	TOTAL	QTY	UNIT	PRICE	TOTAL
1. BREAD	30	55	19.65	589.50	15		122.-	1,830.-
2. PASTA PIZZA GLAZE	7,500	10	26.-	195.-	2,500	X	242.-	530.-
3. TIERED BEANS	2,500	60	60.-	150.-	0,500		177.-	88.50
4. POTATOS	-	15	-	-	15		57.-	255.-
5. VEGETABLES	-	40	-	-	40		24.-	960.-
6. FRUIT	-	40	-	-	20		58.50	1,170.-
7. HAM	0,400	160	160.-	64.-	0,600		447.-	268.20
8. MEAT (BEEF)	-	2	-	-	2		417.-	834.-
9. SALAMI (PORK)	-	0,500	-	-	0,500		1000.-	500.-
10. FISH	0,500	88	88.-	44.-	0,500		168.-	84.-
11. MILK	10	35	35.-	350.-	-		-	-
12. TABLE CHEESE	-	1,500	-	-	1,500		550.-	625.-
13. EGGS	-	25	-	-	25		31.-	775.-
14. FATS	1	158	158.-	158.-	1		603.-	761.-
15. CENSURING CHEESE	0,200	270	270.-	54.-	0,300		633.-	303.90
16. TOMATO SAUCE	-	1	-	-	1		307.-	307.-
17. SUGAR	1	58	58.-	58.-	0,500		951.-	535.50
18. KITCHEN SALT	1,500	24	24.-	36.-	-		-	36.-
19. BUTTER	-	15	-	-	15		59.-	885.-

TOTAL FOR DECEMBER 1945

NOVEMBER	11,020.10	1,698.50	12,718.60
OCTOBER	10,867.60	1,666.00	12,533.60
SEPTEMBER	10,755.40	1,231.25	11,986.65
AUGUST	9,723.75	1,139.50	10,863.25
JULY	8,717.10	1,611.10	10,378.20
JUNE	6,375.25	1,424.35	9,229.60
MAY	7,701.00	2,616.40	9,865.00
APRIL	9,735.90	1,880.50	11,607.40
MARCH	10,416.00	1,880.55	12,296.55
FEBRUARY	11,285.20	1,170.25	12,455.45
JANUARY	11,343.75	581.25	11,975.00
TOTAL	9,929.00	394.95	10,323.95

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L.F.C. 391

LABOUR SUB-COMMISSION

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY

(consisting of 5 persons - 3, 73 consuming units)

NOVEMBER 1945

STATUS: 2,200 calories daily per consuming unit.

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS		TOTAL EXPENDITURE
			quantities	price L.	quantities	price L.	
1. BREAD	KG	45, -	30, -	18, -	15, -	118, -	2,310, -
2. PASTA } RICE } FLOUR }	"	10, -	7,500	24, -	2,500	172, -	610, -
3. DRIED BEANS	"	3, -	1,250 dried soup	107, -	1,750	180, -	418,75
4. POTATOES	"	15, -	-	-	15, -	51, -	765, -
5. VEGETABLES	"	40, -	-	-	40, -	27, -	1,080, -
6. FRUIT	"	20, -	-	-	20, -	43, -	860, -
7. JAM	"	1, -	-	-	1, -	443, -	443, -
8. MEAT (BEEF)	"	2, -	-	-	2, -	400, -	800, -
9. SALAMI (PORK)	"	0,500	-	-	0,500	983, -	491,50
10. FISH	"	1, -	-	-	1, -	160, -	160, -
11. MILK	Lt.	10, -	10, -	35, -	-	-	350, -
12. TABLE CHEESE	KG	1,500	-	-	1,500	500, -	750, -
13. EGGS	piece	25, -	-	-	25, -	29, -	725, -
14. FATS	KG	2, -	1,500	80, -	0,500	609, -	304,50
15. SEASONING CHEESE	"	0,500	0,500	550, -	-	275, -	275, -
16. TOMATO SAUCE	"	1, -	-	-	1, -	295, -	295, -
17. SUGAR	"	1,500	0,625	50, -	0,875	907, -	823,85
18. KITCHEN SALT	"	1,500	1,500	24, -	-	-	35, -
19. WINE	Lt.	15, -	-	-	15, -	59, -	865, -

	KG	Lt.	Lt.	Lt.	Lt.	Lt.	Lt.	Lt.	Lt.	Lt.	Lt.	Lt.
1. BREAD	45, -	30, -	18, -	540, -	15, -	118, -	1,770, -	2,310, -				
2. PASTA	10, -	7,500	24, -	180, -	2,500	172, -	430, -	610, -				
3. DRIED BEANS	3, -	1,250 dried soup	107, -	133,75	1,750	180, -	315, -	418,75				
4. POTATOES	15, -	-	-	-	15, -	51, -	765, -	765, -				
5. VEGETABLES	40, -	-	-	-	40, -	27, -	1,080, -	1,080, -				
6. FRUIT	20, -	-	-	-	20, -	43, -	860, -	860, -				
7. JAM	1, -	-	-	-	1, -	443, -	443, -	443, -				
8. MEAT (BEEF)	2, -	-	-	-	2, -	400, -	800, -	800, -				
9. SALUMI (PORK)	0,500	-	-	-	0,500	983, -	491,50	491,50				
10. FISH	1, -	-	-	-	1, -	160, -	160, -	160, -				
11. MILK	10, -	10, -	35, -	350, -	-	-	-	350, -				
12. TABLE CHEESE	1,500	-	-	-	1,500	500, -	750, -	750, -				
13. EGGS	25, -	-	-	-	25, -	29, -	725, -	725, -				
14. FATS	2, -	1,500	80, -	120, -	0,500	609, -	304,50	424,50				
15. SEASONING CHEESE	0,500	0,500	550, -	275, -	-	-	-	275, -				
16. TOMATO SAUCE	1, -	-	-	-	1, -	295, -	295, -	295, -				
17. SUGAR	1,500	0,625	50, -	31,25	0,875	907, -	793,60	824,85				
18. KITCHEN SALT	1,500	1,500	24, -	36, -	-	-	-	36, -				
19. WINE	15, -	-	-	-	15, -	59, -	895, -	865, -				

T O T A L	NOVEMBER	1,666, -	10,867,60	12,533,60
	OCTOBER	1,231,25	10,755,40	11,986,65
	SEPTEMBER	1,139,50	9,723,75	10,863,25
	AUGUST	1,611,10	8,717,10	10,378,20
	JULY	1,424,35	8,375,25	9,829,60
	JUNE	2,614,40	7,701, -	9,865, -
	MAY	1,870,50	9,735,90	11,607,40
	APRIL	1,880,55	10,416, -	12,295,55
	MARCH	1,170,25	11,266,20	12,456,45
	FEBRUARY	581,25	11,343,75	11,925, -
	JANUARY	394,95	9,929, -	10,323,95

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A.P.O. 354

## LABOUR SUB-COMMISSION

## MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY IN ROYE

(consisting of 5 persons = 3, 73 consuming units)

OCTOBER 1945

BASIS: 2,200 calories daily per consuming unit.

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS		TOTAL EXPEN- DITURE		
			quantities	price L.	expenditure L.	quantities		price L.	expenditure L.
1. BREAD	KG	15	30	18	540	15	110	1,650	2,190
2. PASTA } RICE } FLOUR }	"	10	10	24	240	-	-	-	240
3. DRIED BEANS	"	5	1,250	120	150	1,750	170	297,50	447,50
4. POTATOES	"	15	-	-	-	15	46	690	690
5. VEGETABLES	"	40	-	7	-	40	28	1,120	1,120
6. FRUIT	"	20	-	-	-	20	41,60	832	832
7. JAM	"	1	-	-	-	1	376	376	376
8. BEEF	"	2	-	-	-	2	450	900	900
9. SALAMI (PORK)	"	0,500	-	-	-	0,500	917	458,50	458,50
10. FISH	"	1	-	-	-	1	155	155	155
11. MILK (fresh & Canned)	Lt.	10	10	20,40	204	-	-	-	204
12. TABLE CHEESE	KG	1,500	-	-	-	1,500	465	697,50	697,50
13. EGGS	Piece	25	-	-	-	25	27	675	675
14. FATS	KG	2	0,500	60	40	1,500	567	850,50	890,50
15. SEASONING CHEESE	"	0,500	-	-	-	0,500	593	296,50	296,50
16. TOMATO SAUCE	"	1	-	-	-	1	248	248	248
17. SUGAR	"	1,500	0,625	34	21,25	0,875	833	728,30	750,15
18. KITCHEN SALT	"	1,500	1,500	24	36	-	-	-	36
19. WINE	Lt.	15	-	-	-	15	52	780	780

	budget)	quantities	price	expenditure	quantities	price	expenditure	LIABILITY
			L.	L.		L.	L.	
1. BREAD	10	30	10	340	15	110	1,650	2,190
2. PASTA								
RICE	10	10	24	240	-	-	-	240
FLOUR								
3. DRIED BEANS	3	1,250	120	150	1,750	170	297,50	447,50
4. POTATOES	15	-	-	-	15	46	690	690
5. VEGETABLES	40	-	7	-	40	28	1,120	1,120
6. FRUIT	20	-	-	-	20	41,60	832	832
7. JAM	1	-	-	-	1	376	376	376
8. BEEF	2	-	-	-	2	450	900	900
9. SALUMI (PORK)	0,500	-	-	-	0,500	917	458,50	458,50
10. FISH	1	-	-	-	1	155	155	155
11. MILK (fresh & canned)	10	10	20,40	204	-	-	-	204
12. TABLE CHEESE	1,500	-	-	-	1,500	465	697,50	697,50
13. EGGS	25	-	-	-	25	27	675	675
14. FATS	2	0,500	80	40	1,500	567	850,50	850,50
15. SEASONING CHEESE	0,500	-	-	-	0,500	593	296,50	296,50
16. TOMATO SAUCE	1	-	-	-	1	248	248	248
17. SUGAR	1,500	0,625	34	21,25	0,875	633	728,90	750,15
18. KITCHEN SALT	1,500	1,500	24	36	-	-	-	36
19. WINE	15	-	-	-	15	52	780	780

TOTAL FOR	1,231,25	10,755,40	11,986,65
OCTOBER	1,231,25	10,755,40	11,986,65
SEPTEMBER	1,439,50	9,723,75	10,863,25
AUGUST	1,611,10	8,717,10	10,378,20
JULY	1,424,35	8,375,25	9,829,60
JUNE	2,614,40	7,701,-	9,865,-
MAY	1,670,50	9,736,90	11,607,40
APRIL	1,860,55	10,416,-	12,215,55
MARCH	1,170,25	11,286,20	12,456,45
FEBRUARY	581,25	11,343,75	11,925,-
JANUARY	301,95	9,929,-	10,323,95

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A.P.O. 394  
 LABOUR SUB-COMMISSION  
 MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY IN ROME  
 (consisting of 5 persons - 3,73 consuming units)  
 SEPTEMBER 1945  
 BASIS: 2,200 calories daily per consuming unit.

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS		TOTAL EXPENDITURE
			quantities	price	quantities	price	
			L.	L.	L.	L.	L.
1. BREAD	KG	5,-	30,-	10,-	15,-	100,-	2,040,-
2. PASTA	"	10,-	10,400	25,-	-	-	249,60
3. DRIED BEANS	"	3,-	-	-	2,-	160,-	680,-
4. POTATOES	"	15,-	-	-	15,-	34,-	510,-
5. VEGETABLES	"	40,-	-	-	40,-	22,-	880,-
6. FRUIT	"	20,-	-	-	20,-	37,50	750,-
7. JAM	"	1,-	-	-	1,-	306,-	306,-
8. TURT BEEF	"	2,-	-	-	2,-	424,-	848,-
9. SALAMI (POPK)	"	0,500	-	-	0,500	900,-	450,-
10. FISH	"	1,-	-	-	1,-	184,-	184,-
11. MILK	Lt	10,-	10,-	21,40	-	-	214,-
12. TABLE CHEESE	KG	1,500	-	-	1,500	445,-	667,50
13. EGGS	piece	25	-	-	25	25	625,-
14. FATS	KG	2,-	1,-	80,-	1,-	533,-	613,-
15. SEASONING CHEESE	"	0,500	-	-	0,500	535,-	266,50
16. TOMATO SAUCE	"	1,-	-	-	1,-	230,-	230,-
17. SUGAR	"	1,500	0,625	31,80	0,875	850,-	763,00
18. KITCHEN SALT	"	1,500	1,500	24,-	-	-	-
19. WINE	Lt	15,-	-	-	15,-	50,-	750,-



1. BREAD	KG	45,-	30,-	18,-	540,-	15,-	100,-	1,500,-	2,000,-
2. PASTA	"	10,-	10,400	24,-	259,60	-	-	-	247,60
RICE	"	-	-	-	-	-	-	-	-
FLOUR	"	-	-	-	-	-	-	-	-
3. DRIED BEANS	"	3,-	-	-	-	3,-	160,-	480,-	480,-
4. POTATOES	"	15,-	-	-	-	15,-	34,-	510,-	510,-
5. VEGETABLES	"	40,-	-	-	-	40,-	32,-	280,-	660,-
6. FRUIT	"	20,-	-	-	-	20,-	37,50	750,-	750,-
7. JAM	"	1,-	-	-	-	1,-	306,-	306,-	306,-
8. TEAT BEEF	"	2,-	-	-	-	2,-	421,-	842,-	842,-
9. SALINE (POPK)	"	0,500	-	-	-	0,500	900,-	450,-	450,-
10. FISH	"	1,-	-	-	-	1,-	184,-	184,-	184,-
11. MILK	Lt	10,-	10,-	21,40	211,-	-	-	-	211,-
12. TABLE CHEESE	KG	1,500	-	-	-	1,500	445,-	667,50	667,50
13. EGGS	piece	25	-	-	-	25	25	625,-	625,-
14. FATS	KG	2,-	1,-	80,-	80,-	1,-	533,-	533,-	613,-
15. SEASONING CHEESE	"	0,500	-	-	-	0,500	533,-	266,50	266,50
16. TOMATO SAUCE	"	1,-	-	-	-	1,-	230,-	230,-	230,-
17. SUGAR	"	1,500	0,625	31,80	19,90	0,675	840,-	743,75	763,75
18. KITCHEN SALT	"	1,500	1,500	24,-	36,-	-	-	-	-
19. WINE	Lt	15,-	-	-	-	15,-	50,-	750,-	750,-

TOTAL FOR SEPTEMBER	1,139,50	9,225,75	10,853,25
" AUGUST	1,611,10	8,717,10	10,279,20
" JULY	1,154,35	9,375,25	9,829,60
" JUNE	2,614,40	9,701,-	9,855,-
" MAY	1,820,50	11,576,90	11,607,40
" APRIL	1,300,55	10,416,-	12,295,55
" MARCH	1,170,25	11,286,20	12,156,45
" FEBRUARY	581,25	11,343,75	11,925,-
" JANUARY	391,95	9,929,-	10,323,95

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MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY

(CONSISTING OF 5 PERSONS - 3,73 CONSUMING UNITS)

BASIS: 2,200 CALORIES DAILY PER CONSUMING UNIT)

ROME, AUGUST 1945

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS			TOTAL EXPEN- DITURE
			quantities	price L.	expenditure L.	quantities	price L.	expenditure L.	
1. BREAD	KG	45 -	30 -	18	540	14,600	117	1,708,20	2,248,20
2. PASTA	"		10,400	23,50	240,40	-	-	-	240,40
RICE	"	10 -	0,300	26,65	8	-	-	-	8
FLOUR	"		-	-	-	-	-	-	-
3. DRIED BEANS	"	3 -	-	-	-	3	130	390	390
4. POTATOES	"	15	-	-	-	15	28	420	420
5. VEGETABLES	"	40	-	-	-	40	19	760	760
6. FRUIT	"	20	-	-	-	20	35	700	700
7. JAM	"	1	-	-	-	1	256	256	256
8. MEAT (BEEF)	"	2	2	278	556	-	-	-	556
9. SALAMI (PORK)	"	0,500	-	-	-	0,500	833	416,50	416,50
10. FISH	"	1	-	-	-	1	160	160	160
11. MILK	LT	10	4,450	30	133,50	5,550	50	277,50	411
12. TABLE CHEESE	KG	1,500	-	-	-	1,500	447	670,50	670,50
13. EGGS	piece	25	-	-	-	25	23	575	575
14. FATS	KG	2	1	80	80	1	473	473	553
15. SEASONING CHEESE	"	0,500	-	-	-	0,500	575	287,50	287,50
16. TOMATO SAUCE	"	1	-	-	-	1	208	208	208
17. SUGAR	"	1,500	0,625	27,50	17,20	0,875	817	714,90	732,10
18. KITCHEN SALT	"	1,500	1,500	24	36	-	-	-	36
19. WINE	LT	15	-	-	-	15	50	750	750

TOTAL

1,611,10

8,767,10

10,378,20

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MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 5 persons • 3,73 consuming units)

BASIS: 2,200 calories daily per consuming unit

ROMA, JULY 1945

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS		TOTAL EXPENDITURE L.		
			quantities	price expenditure L.	quantities	price expenditure L.			
1. BREAD	KG	45	30	18	540	13,500	117	1,579,50	2,119,50
2. PASTA	"		11,500	22,50	258,75	-	-	-	258,75
RICE	"	10	0,150	18	2,70	-	-	-	2,70
FLOUR	"		-	-	-	-	-	-	-
3. DRIED BEANS	"	3	-	-	-	3	107	321 -	321 -
4. POTATOES	"	15	-	-	-	15	29	435 -	435 -
5. VEGETABLES	"	40	-	-	-	40	20	800 -	800 -
6. FRUIT	"	20	2,500	12	30 -	15	34	510 -	540 -
7. JAM	"	1	-	-	-	1	280	280 -	280 -
8. MEAT (BEEF)	"	2	1	302	302 -	1	396	396 -	698 -
9. SALAMI (PORK)	"	0,500	-	-	-	0,500	833	415,50	415,50
10. FISH	"	1	-	-	-	1	182	182 -	182 -
11. MILK	Lt	10	6	30	180 -	4	52	208 -	388 -
12. TABLE CHEESE	KG	1,500	-	-	-	1,500	550	825 -	825 -
13. EGGS	piece	25	-	-	-	25	23	575 -	575 -
14. FATS	KG	2	1	80	80 -	1	427	427 -	507 -
15. SEASONING CHEESE	"	0,500	-	-	-	0,500	628	314 -	314 -
16. TOMATO SAUCE	"	1	-	-	-	1	225	225 -	225 -
17. SUGAR	"	1,500	1,125	27,50	30,90	0,375	750	291,25	312,15
18. KITCHEN SALT	"	1,500	1,500	20	30 -	-	-	-	30 -

1. BREAD	KG	45	18	540	13,500	117	1,579,50	2,119,50
2. PASTA	"		22,50	258,75	-	-	-	258,75
RICE	"	10	18	2,70	-	-	-	2,70
FLOUR	"		-	-	-	-	-	-
3. DRIED BEANS	"	3	-	-	3	107	321 -	321 -
4. POTATOES	"	15	-	-	15	29	435 -	435 -
5. VEGETABLES	"	40	-	-	40	20	800 -	800 -
6. FRUIT	"	20	12	30 -	15	34	510 -	540 -
7. JAM	"	1	-	-	1	280	280 -	280 -
8. MEAT (BEEF)	"	2	302	302 -	1	396	396 -	598 -
9. SALAMI (PORK)	"	0,500	-	-	0,500	833	416,50	416,50
10. FISH	"	1	-	-	1	182	182 -	182 -
11. MILK	Lt	10	30	180 -	4	52	208 -	388 -
12. TABLE CHEESE	KG	1,500	-	-	1,500	550	825 -	825 -
13. EGGS	piece	25	-	-	25	23	575 -	575 -
14. FATS	KG	2	80	80 -	1	427	427 -	507 -
15. SEASONING CHEESE	"	0,500	-	-	0,500	628	314 -	314 -
16. TOMATO SAUCE	"	1	-	-	1	225	225 -	225 -
17. SUGAR	"	1,500	27,50	30,90	0,375	750	281,25	312,15
18. KITCHEN SALT	"	1,500	20	30 -	-	-	-	30 -
19. WINE	Lt	15	-	-	15	40	600 -	600 -
TOTAL								9,629,60
TOTAL								1,454,35
TOTAL								8,375,25

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MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY

(consisting of 5 persons = 3,73 consuming units)

BASIS: 2,200 calories daily per consuming unit

ROME, JUNE 1945

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS			TOTAL EXPENDITURE
			quantities	price L.	expenditure L.	quantities	price L.	expenditure L.	
1. BREAD	KG	45, -	30, -	18	540 -	13,200	92	1,214,40	1,754,40
PASTA	"		11,000	23,50	265,50	-	-	-	265,50
2. RICE	"	10, -	-	-	-	-	-	-	-
FLOUR	"		-	-	-	-	-	-	-
3. DRIED BEANS	"	3, -	-	-	-	3, -	110	330 -	330 -
4. POTATOES	"	15, -	-	-	-	15, -	30	450 -	450 -
5. VEGETABLES	"	40, -	-	-	-	40, -	16,40	656 -	656 -
6. FRUIT	"	20, -	1,200	12	14,40	18,800	29	545,20	559,60
7. JAM	"	1, -	-	-	-	1, -	300	300 -	300 -
8. MEAT (BEEF)	"	2, -	2,400	307	736,80	-	-	-	736,80
9. SALUMI (PORK)	"	0,500	-	-	-	0,400	906	362,40	362,40
10. FISH	"	1, -	0,300	82	24,60	0,600	152	91,20	115,80
11. MILK	LT	10, -	6, -	30	180 -	4, -	50	200 -	380 -
12. TABLE CHEESE	KG	1,500	-	-	-	1,500	636	954, -	954 -
13. EGGS	PIECE	25, -	-	-	-	25, -	22	550, -	550 -
14. FATS: OIL	KG	2, -	1, -	77,50	77,50	0,600	373	298,40	375,90
LARD	"		0,200	340	68 -	-	-	-	68 -
15. SEASONING CHEESE	"	0,500	-	-	-	0,500	841	420,50	420,50
16. TOMATO SAUCE	"	1, -	1, -	224	224 -	-	-	-	224 -
17. SUGAR	"	1,500	0,625	25	15,60	0,875	833	728,90	744,50
18. KITCHEN SALT	"	1,500	1,500	12	18 -	-	-	-	18 -
19. WINE	LT	15, -	-	-	-	15, -	40	600 -	600 -
TOTAL					2,164,40			7,701,00	9,865,40

763

## MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY

(consisting of 5 persons 3.73 consuming units)

BASIS: 2,200 CALORIES DAILY PER CONSUMING UNIT

ROME, MAY 1943

FOOD STUFFS	UNIT	QUANTITIES (STANDARD BUDGET)	PURCHASE BY FOOD-CARDS		PURCHASE WITHOUT FOOD CARDS		TOTAL EXPEN- DITURE
			QUANTITIES	PRICE	QUANTITIES	PRICE	
			L.	L.	L.	L.	
1. BREAD	KG	45 -	30 -	18	13,200	1,452 -	1992 -
2. PASTA	"	10 -	17,800	22.50	-	-	265,50
RICE	"	-	-	-	-	-	-
FLOUR	"	-	-	-	-	-	-
3. DRIED BEANS	"	3 -	1 -	95	1,500	225 -	300 -
4. VEGETABLE SOUP	"	-	0,500	36	-	-	18 -
5. POTATOES	"	15 -	-	-	15 -	600 -	600 -
6. VEGETABLES	"	40 -	-	-	40 -	840 -	840 -
7. FRUIT	"	20 -	2 -	12	18 -	1,008 -	1032 -
8. JAM	"	1 -	-	-	1 -	363 -	363 -
9. MEAT (BEEF)	"	2 -	0,800	410	1,200 (FISH)	302,40	630,00
10. SALAMI (PORK)	"	0,500	-	-	-	-	-
11. FISH (COD FISH)	"	1 -	1,500	120	-	-	180 -
12. MILK	Lt	10 -	4 -	30	6 -	318 -	438 -
13. TABLE CHEESE	KG	1,500	-	-	1,500	1,011	1011 -
14. EGGS	PIECE	25 -	-	-	25 -	575 -	575 -
15. FATS	KG	2 -	1 -	75	1 -	410 -	465 -
16. SEASONING CHEESE	"	0,500	-	-	0,500	483 -	403 -
17. TOMATO SAUCE	"	1 -	1 -	207	-	-	207 -
18. SUGAR	"	1,500	-	-	1,500	1,549,50	1,549,50
19. KITCHEN SALT	"	1,500	1,500	12	-	-	16 -
20. WINE	Lt	15 -	-	-	15 -	600 -	600 -

TOTAL

1670,30

9756,90 11607,

Item	19,800	22,50	265,5	1,500	150	225	320
2. PASTA	10	95	95	1,500	150	225	320
3. DRIED BEANS	3	36	18	-	-	-	18
4. VEGETABLE SOUP	15	-	-	15	40	600	600
5. POTATOES	40	-	-	40	21	840	840
6. VEGETABLES	20	12	24	18	36	1,008	1,032
7. FRUIT	1	-	-	1	363	363	363
8. JAM	2	410	328	1,200 (FISH)	232	302,40	630,00
9. MEAT (BEEF)	0,500	-	-	-	-	-	-
10. SALAMI (PORK)	1	120	180	-	-	-	180
11. FISH (COD FISH)	10	30	120	6	53	318	438
12. MILK	1,500	-	-	1,500	674	1,011	1,011
13. TABLE CHEESE	25	-	-	25	23	575	575
14. EGGS	2	75	75	1	410	410	485
15. FATS	0,500	-	-	0,500	966	483	483
16. SEASONING CHEESE	1	207	207	-	-	-	207
17. TOMATO SAUCE	1,500	-	-	1,500	1033	1,549,50	1,549,50
18. SUGAR	1,500	12	13	-	-	-	18
19. KITCHEN SALT	15	-	-	15	40	600	600
20. WINE	-	-	-	-	-	-	-
<b>TOTAL</b>			1870,30			9756,90	11607,00

762

1-1

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY

(consisting of 5 persons = 3.73 consuming units)

ROME, APRIL 1945

BASIS: 2,200 calories daily per consuming unit

FOOD STUFFS	UNIT	QUANTITIES (standard food-budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS		TOTAL EXPENDITURE
			quantities	price expenditure L.	quantities	price expenditure L.	
1. BREAD	KG	45, -	30, -	18, -	13, -	143, -	2,359, -
2. PASTA	"	10, -	5,900	22,50	-	-	132,75
RICE	"	-	-	-	-	-	-
FLOUR	"	6,100	18, -	109,80	-	-	109,80
3. DRIED BEANS	"	3, -	-	-	3, -	170, -	510, -
4. POTATOES	"	15, -	-	-	15, -	59, -	885, -
5. VEGETABLES	"	40, -	-	-	40, -	17,85	714, -
6. FRUIT	"	20, -	-	-	20, -	45, -	900, -
7. JAM	"	1, -	-	-	1, -	450, -	450, -
8. MEAT (BEEF)	"	2, -	0,400	505, -	1,600	120, -	394, -
9. SALAMI (PORK)	"	0,500	-	-	0,500	900, -	450, -
10. FISH	"	1, -	-	-	1, -	340, -	340, -
11. MILK	Lt	10, -	4,20	20, -	5,80	60, -	432, -
12. TABLE CHEESE	KG	1,500	-	-	1,500	710, -	1,065, -
13. EGGS	pieces	25	-	-	25	24, -	600, -
14. FATS	KG	2, -	1, -	75, -	1, -	430, -	505, -
15. SEASONING CHEESE	"	0,500	-	-	0,500	885, -	443, -
16. TOMATO SAUCE	"	1, -	0,500	215, -	0,500	550, -	286,50

(M. STEW)



FOOD STUFFS	UNIT	QUANTITIES (standard food-budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS		TOTAL EXPENSE DITUE L.		
			quantities	price expenditure L.	quantities	price expenditure L.			
1. BREAD	KG	45, -	30, -	18, -	540, -	13, -	143, -	1,659, -	2,359, -
2. PASTA } PIECE } FLOUR }	"	10, -	-	22,50	132,75	-	-	-	132,75
	"	3, -	6,100	18, -	109,80	-	-	-	109,80
3. DRIED BEANS	"	3, -	-	-	-	3, -	170, -	510, -	510, -
4. POTATOES	"	15, -	-	-	-	15, -	59, -	885, -	885, -
5. VEGETABLES	"	40, -	-	-	-	40, -	17,85	714, -	714, -
6. FRUIT	"	20, -	-	-	-	20, -	45, -	900, -	900, -
7. JAM	"	1, -	-	-	-	1, -	450, -	450, -	450, -
8. MEAT (BEEF)	"	2, -	0,400	505, -	202, -	1,600	120, -	192, - (M. & STEW)	394, -
9. SALAMI (PORK)	"	0,500	-	-	-	0,500	900, -	450, -	450, -
10. FISH	"	1, -	-	-	-	1, -	340, -	340, -	340, -
11. MILK	Lt	10, -	4,20	20, -	84, -	5,80	60, -	348, -	432, -
12. TABLE CHEESE	KG	1,500	-	-	-	1,500	710, -	1,065, -	1,065, -
13. EGGS	piece	25	-	-	-	25	24, -	600, -	600, -
14. FATS	KG	2, -	1, -	75, -	75, -	1, -	430, -	430, -	505, -
15. SEASONING CHEESE	"	0,500	-	-	-	0,500	886, -	443, -	443, -
16. TOMATO SAUCE	"	1, -	0,500	213, -	106,50	0,500	360, -	180, -	286,50
17. SUGAR	"	1,500	0,625	20, -	12,50	0,875	1200, -	1,050, -	1,062,50
18. KITCHEN SALT	"	1,500	1,500	12, -	18, -	-	-	-	18, -
19. WINE	Lt	15, -	15, -	40, -	600, -	-	-	-	600, -

1,880,55  
 10,116,76  
 12,296,85



FOOD STUFFS	UNIT	QUANTITIES (standard food-budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS			TOTAL EXPEN-DITURE L.
			quantities	price L.	expenditure L.	quantities	price L.	expenditure L.	
1. BREAD	Bg.	45, -	30, -	15,30	399, -	12, -	143	1,716, -	2,115, -
2. PASTA RICE FLOUR	"	1, -	12,50	16,50	206,25	---	-	---	206,25
3. DRIED BEANS	"	3, -	---	---	---	3, -	13	390, -	390, -
4. POTATOES	"	15, -	---	---	---	15, -	62	930, -	930, -
5. VEGETABLES	"	40, -	---	---	---	40, -	27,30	1,092, -	1,092, -
6. FRUIT	"	20, -	---	---	---	20, -	49	980, -	980, -
7. JAM	"	1, -	---	---	---	1, -	356, --	356, --	356, --
8. MEAT (M & V STEW)	"	2, -	---	---	---	2, -	120	240, -	240, -
9. SALAMI (PORK)	"	0,500	---	---	---	0,500	900	450, -	450, -
10. FISH	"	1, -	---	---	---	1, -	300	300, -	300, -
11. MILK	lt.	10, -	3, -	15, -	45, -	7, -	55	385, -	430, -
12. TABLE CHEESE	Kg.	1,500	---	---	---	1,500	577	865,50	865,50
13. EGGS	piece	25	---	---	---	25	26	650, -	650, -
14. FATS	Kg.	2, -	1, -	75, -	75, -	1, -	450	450, -	525, -
15. SEASONING CHEESE	"	0,500	---	---	---	0,500	725	362,5	362,5
16. TOMATO SAUCE	"	1, -	0,500	226, -	113, -	0,500	313	156,20	269,20
17. SUGAR	"	1,500	---	---	---	1,500	1050	1,575, -	1,575, -
18. KITCHEN SALT	"	1,500	1, -	12, -	12, -	0,500	78	38, -	50, -
19. WINE	bl.	15, -	8, -	40, -	320, -	7, -	50	350, -	670, -

TOTAL 1,170,25 11,286,20 12,456,45

760

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY

(consisting of 5 persons - 3,73 consuming units)

BASIS: 2,200 calories daily per consuming unit ROME, FEBRUARY 1945

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS		TOTAL EXPEN- DITURE	
			quantities	price L.	quantities	price L.		
1. BREAD	Kg.	45, -	30, -	5, -	150, -	15, -	1,755, -	1,905, -
2. PASTA	#	10, -	3, -	7, -	21, -	-	-	21, -
RICE	"	10, -	-	-	-	7, -	875, -	875, -
3. DRIED BEANS	"	3, -	-	-	-	3, -	510, -	510, -
4. POTATOES	"	15, -	-	-	-	15, -	840, -	840, -
5. VEGETABLES	"	40, -	-	-	-	40, -	1,040, -	1,040, -
6. FRUIT	"	20, -	-	-	-	20, -	915, -	915, -
7. JAM	"	1, -	-	-	-	1, -	300, -	300, -
8. YEAST (M. & V. STEW)	"	2, -	1, -	71, -	71, -	1, -	120, -	191, -
9. SALAMI (PORK)	"	0,500	-	-	-	0,500	475, -	475, -
10. FISH	"	1, -	-	-	-	1, -	326, -	326, -
11. MILK	lt.	10, -	3, -	15, -	45, -	7, -	329, -	374, -
12. TABLE CHEESE	Kg.	1,500	-	-	-	1,250	441,25	441,25
13. EGGS	piece	25	-	-	-	25, -	750, -	750, -
14. FATS	Kg.	2, -	1, -	75, -	75, -	1, -	460, -	533, -
15. SEASONING CHEESE	"	0,500	0,750	95, -	71,25	-	-	71,25
16. TOMATO SAUCE	"	1, -	-	-	-	1, -	293, -	293, -
17. SUGAR	"	1,500	-	-	-	1,500	1,375,50	1,375,50
18. BUTTER	"	1,500	1, -	12, -	12, -	0,500	44, -	56, -

759

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS			TOTAL EXPEN- DITURE
			quantities	price	expenditure	quantities	price	expenditure	
			L.	L.	L.	L.	L.	L.	
1. BREAD	Kg.	45, -	30, -	5, -	150, -	15, -	117, -	1,755, -	1,905, -
2. PASTA	"		3, -	7, -	21, -	-	-	-	21, -
RICE	"	10, -	-	-	-	-	-	-	-
	"		-	-	-	7, -	125, -	875, -	875, -
3. DRIED BEANS	"	3, -	-	-	-	3, -	170, -	510, -	510, -
4. POTATOES	"	15, -	-	-	-	15, -	56, -	840, -	840, -
5. VEGETABLES	"	40, -	-	-	-	40, -	26, -	1,040, -	1,040, -
6. FRUIT	"	20, -	-	-	-	20, -	45,75	915, -	915, -
7. JAM	"	1, -	-	-	-	1, -	300, -	300, -	300, -
8. MEAT (M. & V. STEW)	"	2, -	1, -	71, -	71, -	1, -	120, -	120, -	191, -
9. SALAMI (PORK)	"	0,500	-	-	-	0,500	950, -	475, -	475, -
10. FISH	"	1, -	-	-	-	1, -	326, -	326, -	326, -
11. MILK	lt.	10, -	3, -	15, -	45, -	7, -	47, -	329, -	374, -
12. TABLE CHEESE	Kg.	1,500	-	-	-	1,250	353, -	441,25	441,25
13. EGGS	piece	25	-	-	-	25, -	30, -	750, -	750, -
14. FATS	Kg.	2, -	1, -	75, -	75, -	1, -	460, -	460, -	533, -
15. SEASONING CHEESE	"	0,500	0,750	95, -	71,25	-	-	-	71,25
16. TOMATO SAUCE	"	1, -	-	-	-	1, -	293, -	293, -	293, -
17. SUGAR	"	1,500	-	-	-	1,500	917, -	1,375,50	1,375,50
18. KITCHEN SALT	"	1,500	1, -	12, -	12, -	0,500	88, -	44, -	56, -
19. WINE	lp.	15, -	4, -	34,50	136, -	11, -	45, -	495, -	633, -

T O T A L 581,25 11,343,75 11,925, -

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 5 persons - 3,73 consuming units)

BASIS: 2,200 calories daily per consuming unit ROME, JANUARY 1945

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS			TOTAL EXPENDITURE
			quantities	price L.	Expenditure L.	quantities	price L.	
1. BREAD	Kg.	45, -	30, -	5, -	150, -	15, -	115	1,725, -
2. PASTA	"	10, -	3, -	7, -	21, -	-	-	21, -
RICE	"	-	-	-	-	-	-	-
FLOUR	"	-	-	-	-	7, -	115	805, -
3. DRIED BEANS	"	3, -	-	-	-	3, -	148	444, -
4. POTATOES	"	15, -	-	-	-	15, -	47	705, -
5. VEGETABLES	"	40, -	-	-	-	40, -	25	1,000, -
6. FRUIT	"	20, -	-	-	-	20, -	28,50	570, -
7. JAM	"	1, -	-	-	-	1, -	300	300, -
8. MEAT (CANNED)	"	2, -	1, -	71, -	71, -	1, -	120	191, -
9. SALAMI	"	0,500	-	-	-	0,500	950	475, -
10. FISH	"	1, -	-	-	-	1, -	400	400, -
11. MILK	lt.	10, -	3, -	15, -	45, -	7, -	37	304, -
12. TABLE CHEESE	Kg.	1,500	-	-	-	1,500	400	600, -
13. EGGS	piece	25, -	-	-	-	25, -	33	825, -
14. FATS	Kg.	2, -	1,500	50,30	75,45	0,500	387	193,50
15. SEASONING CHEESE	"	0,500	-	-	-	0,500	700	350, -
16. TOMATO SAUCE	"	1, -	-	-	-	1, -	260	260, -
17. SUGAR	"	1,500	1,250	16,40	20,50	0,250	1000	270,50

FOOD STUFFS	UNIT (standard budget)	quantities	price L.	Expenditure L.	quantities	price L.	expenditure L.	EXPEN-DITURE L.
1. BREAD	Kg.	30, -	5, -	150, -	15, -	115	1,725, -	1,875, -
2. PASTA	"	3, -	7, -	21, -	-	-	-	21, -
RICE	"	-	-	-	-	-	-	-
FLUR	"	-	-	-	7, -	115	805, -	805, -
3. DRIED BEANS	"	-	-	-	3, -	148	444, -	444, -
4. POTATRES	"	-	-	-	15, -	47	705, -	705, -
5. VEGETABLES	"	-	-	-	40, -	25	1,000, -	1,000, -
6. FRUIT	"	-	-	-	20, -	28,50	570, -	570, -
7. JAM	"	-	-	-	1, -	300	300, -	300, -
8. MEAT (CANNED)	"	1, -	71, -	71, -	1, -	120	120, -	191, -
9. SALAMI	"	0,500	-	-	0,500	950	475, -	475, -
10. FISH	"	1, -	-	-	1, -	400	400, -	400, -
11. MILK	lt.	3, -	15, -	45, -	7, -	37	259, -	304, -
12. TABLE CHEESE	Kg.	1,500	-	-	1,500	400	600, -	600, -
13. EGGS	pieces	25, -	-	-	25, -	33	825, -	825, -
14. FATS	Kg.	2, -	50,30	75,45	0,500	387	193,50	269,95
15. SEASONING CHEESE	"	0,500	-	-	0,500	700	350, -	350, -
16. TOMATO SAUCE	"	1, -	-	-	1, -	260	260, -	260, -
17. SUGAR	"	1,500	16,40	20,50	0,250	1000	250, -	270,50
18. KITCHEN SALT	"	1,500	12, -	12, -	0,500	140	70, -	82, -
19. WINE	lt.	15, -	-	-	15, -	38,50	577,50	577,50

TOTAL 9,929, - 10,323,95

394,96

TOTAL

758

10 -

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 5 persons = 3,75 consuming units)

ROME, DECEMBER 1947

BASIS: 2,200 calories daily per consuming unit

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS			TOTAL EXPEN- DITURE L.
			quantities	price L.	expenditure L.	quantities	price L.	expenditure L.	
1. BREAD	Kg.	45, -	30, -	5, -	150, -	15, -	103, -	1,545, -	1,695, -
2. PASTA	"	10, -	3, -	7, -	21, -	-	-	-	21, -
3. DRIED BEANS	"	3, -	-	-	-	7, -	98, -	686, -	686, -
4. POTATOES	"	15, -	-	-	-	3, -	123, -	369, -	369, -
5. VEGETABLES	"	40, -	-	-	-	15, -	40, -	600, -	600, -
6. FRUIT	"	20, -	-	-	-	40, -	20,50	820, -	820, -
7. JAM	"	1, -	-	-	-	20, -	42, -	840, -	840, -
8. MEAT (CANNED)	"	2, -	1, -	67,65	67,65	1, -	500, -	300, -	300, -
9. SALAMI	"	0,500	-	-	-	0,500	867, -	433,50	433,50
10. FISH	"	1, -	-	-	-	1, -	340, -	340, -	340, -
11. MILK	lt.	10, -	4,800	15, -	72, -	5,200	37, -	192,40	264, -
12. TABLE CHEESE	Kg.	1,500	-	-	-	1, -	316, -	316, -	316, -
13. EGGS	pieces	25, -	-	-	-	25, -	35, -	875, -	875, -
14. FATS	Kg.	2, -	1,500	39, -	58,50	-	428, -	214, -	272,50
15. SEASONING CHEESE	"	0,500	1, -	96, -	96, -	-	-	-	96, -
16. TOMATO SAUCE	"	1, -	0,500	105, -	102,50	0,500	231, -	115,50	200, -
17. SUGAR	"	1,500	-	-	-	1,500	793, -	1,189,50	1,189,50



FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS			TOTAL EXPEN- DITURE L.
			quantities	price L.	expenditure L.	quantities	price L.	expenditure L.	
1. BREAD	Kg.	45, -	30, -	5, -	150, -	15, -	103, -	1,545, -	1,695, -
2. PASTA	"	10, -	3, -	7, -	21, -	-	-	-	21, -
RICE	"	-	-	-	-	-	-	-	-
FLOUR	"	-	-	-	-	7, -	98, -	686, -	686, -
3. DRIED BEANS	"	3, -	-	-	-	3, -	123, -	369, -	376, -
4. POTATOES	"	15, -	-	-	-	15, -	40, -	600, -	610, -
5. VEGETABLES	"	40, -	-	-	-	40, -	20,50	820, -	820, -
6. FRUIT	"	20, -	-	-	-	20, -	42, -	840, -	840, -
7. JAM	"	1, -	-	-	-	1, -	500, -	500, -	500, -
8. MEAT (CANNED)	"	2, -	1, -	67,65	67,65	1, -	117, -	117, -	184,65
9. SALAMI	"	0,500	-	-	-	0,500	867, -	433,50	433,50
10. FISH	"	1, -	-	-	-	1, -	340, -	340, -	340, -
11. MILK	lt.	10, -	4,800	15, -	72, -	5,200	37, -	192,40	207,40
12. TABLE CHEESE	Kg.	1,500	-	-	-	1, -	316, -	316, -	316, -
13. EGGS	pieces	25, -	-	-	-	25, -	35, -	875, -	875, -
14. FATS	Kg.	2, -	1,500	39, -	58,50	0,500	428, -	214, -	276,50
15. SEASONING CHEESE	"	0,500	1, -	95, -	95, -	-	-	-	95, -
16. TOMATO SAUCE	"	1, -	0,500	105, -	52,50	0,500	231, -	115,50	200, -
17. SUSHI	"	1,500	-	-	-	1,500	793, -	1,189,50	1,189,50
18. KITCHEN SALT	"	1,500	1, -	9, -	9, -	0,500	167, -	83,50	92,50
19. WINE	lt.	15, -	-	-	-	15, -	45, -	675, -	1,615, -

TOTAL 565,65 9.711,40 10.277,5

737

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 5 persons - 3,73 consuming units)

BASIS: 2,200 calories per consuming unit daily ROME, NOVEMBER 1944

FOOD STUFFS	UNIT	QUANTITIES standard budget)	PURCHASED BY FOOD CARDS			WITHOUT FOOD CARDS			TOTAL EXPEN- DITURE
			quantities	price	expenditure	quantities	price	expenditure	
1. BREAD	Kg.	45, -	30, -	5, -	150, -	15, -	90, -	1,350, -	1,350, -
2. PASTA	"		3, -	7, -	21, -	-	-	-	21, -
RICE	"	10, -	-	-	-	-	-	-	-
FLOUR	"		-	-	-	7, -	95, -	665, -	665, -
3. DRIED BEANS	"	3, -	1,625	39, -	63,40	1,375	150, -	178,78	242,15
4. POTATOES	"	15, -	5, -	16, -	80, -	10, -	36, -	360, -	440, -
5. VEGETABLES	"	40, -	-	-	-	40, -	15,50	620, -	620, -
6. FRUIT	"	20, -	-	-	-	20, -	30, -	600, -	600, -
7. OIL	"	1, -	-	-	-	1, -	300, -	300, -	300, -
8. MEAT (CANNED)	"	2, -	1, -	66, -	66, -	1, -	120, -	120, -	186, -
9. SAUSAGE	"	0,500	-	-	-	0,500	450, -	225, -	225, -
10. FISH	"	1, -	0,500	30, -	15, -	0,500	200, -	100, -	110, -
11. MILK	lt.	10, -	4,800	8,75	42, -	5,200	45, -	234, -	276, -
12. TABLE CHEESE	Kg.	1,500	-	-	-	1,500	350, -	525, -	525, -
13. EGGS	pieces	25, -	-	-	-	25, -	30, -	75, -	75, -
14. FATS	Kg.	2, -	1,500	39, -	50,50	0,500	50, -	250, -	300,50
15. SEASONING CHEESE	"	0,500	-	-	-	0,500	500, -	250, -	250, -
16. TOMATO SAUCE	"	1, -	-	-	-	1, -	200, -	200, -	200, -
17. SUGAR	"	1,500	-	-	-	1,500	600, -	900, -	900, -
18. KITCHEN SALT	"	1,500	1, -	10, -	10, -	0,500	150, -	75, -	65, -

FOOD STUFFS	UNIT	QUANTITIES standard budget)	PURCHASED BY FOOD CARDS			WITHOUT FOOD CARDS			TOTAL EXPEN- DITURE
			quantities	price L.	expenditure L.	quantities	price L.	expenditure L.	
1. BREAD	Kg.	45, -	30, -	5, -	150, -	15, -	90, -	1,350, -	1,500, -
2. PASTA	"	10, -	3, -	7, -	21, -	-	-	-	21, -
RICE	"	10, -	-	-	-	-	-	-	-
FLOUR	"	10, -	-	-	-	7, -	95, -	665, -	665, -
3. DRIED BEANS	"	3, -	1,625	39, -	63,40	1,375	130, -	176,78	242,15
4. POTATOES	"	15, -	5, -	16, -	80, -	10, -	36, -	360, -	440, -
5. VEGETABLES	"	40, -	-	-	-	40, -	15,50	620, -	620, -
6. FRUIT	"	20, -	-	-	-	20, -	30, -	600, -	600, -
7. JAM	"	1, -	-	-	-	1, -	300, -	300, -	300, -
8. MEAT (CANNED)	"	2, -	1, -	66, -	66, -	1, -	120, -	120, -	186, -
9. SAUSAGE	"	0,500	-	-	-	0,500	450, -	225, -	225, -
10. FISH	"	1, -	0,500	30, -	15, -	0,500	280, -	100, -	110, -
11. MILK	lt.	10, -	4,800	8,75	42, -	5,200	45, -	234, -	276, -
12. TABLE CHEESE	Kg.	1,500	-	-	-	1,500	350, -	525, -	525, -
13. EGGS	piece	25, -	-	-	-	25, -	30, -	75, -	750, -
14. FATS	Kg.	2, -	1,500	39, -	50,50	0,500	50, -	250, -	300,50
15. SEASONING CHEESE	"	0,500	-	-	-	0,500	500, -	250, -	250, -
16. TOMATO SAUCE	"	1, -	-	-	-	1, -	200	200, -	200, -
17. SUGAR	"	1,500	-	-	-	1,500	600, -	900, -	900, -
18. KITCHEN SALT	"	1,500	1, -	10, -	10, -	0,500	150, -	75, -	65, -
19. VINE	lt.	15, -	-	-	-	15, -	40, -	600, -	600, -

TOTAL 505,90 8,302,75 9,009,65

756

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 5 persons = 5.73 consuming units)

BASIS: 2,200 calories daily per consuming unit ROME, OCTOBER 1944

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS			TOTAL EXPEN- DITURE L.
			quantities	price L.	expenditure L.	quantities	price L.	expenditure L.	
1. BREAD	Kg.	45, -	30, -	5, -	150, -	15, -	90, -	1,350, -	1,800, -
2. PASTA	"	.	2,600	7, -	10,60	-	-	-	10,60
RICE	"	10, -	-	-	-	-	-	-	-
FLOUR	"	-	-	-	-	7,340	100, -	734, -	734, -
3. DRIED BEANS	"	3, -	1,900	30, -	57,90	1,070	130, -	139,10	197, -
4. POTATOES	"	15, -	-	-	-	15, -	40, -	600, -	600, -
5. VEGETABLES	"	40, -	-	-	-	40, -	15,50	620, -	620, -
6. FRUIT	"	30, -	-	-	-	20, -	25, -	500, -	500, -
7. JAM	"	1, -	-	-	-	1, -	430, -	430, -	430, -
8. MEAT (M. & V. STEAK)*	"	2, -	0,900	66, -	64, -	-	-	-	64, -
9. WIEN SAUSAGE	"	0,500	0,800	116, -	102,55	-	-	-	102,55
10. FISH	"	1, -	0,500	33, -	16,50	-	-	-	16,50
11. MILK	lt.	10, -	3, -	7, -	21, -	7, -	35, -	245, -	266, -
12. TABLE CHEESE	Kg.	1,500	-	-	-	1,500	350, -	525, -	525, -
13. EGGS	piece	25, -	-	-	-	25, -	28, -	700, -	700, -
14. FATS	Kg.	2, -	0,800	39, -	34,30	1,120	550, -	616, -	650,30
15. SEASHING CHEESE	"	0,500	-	-	-	0,500	550, -	275, -	275, -
16. TOMATO SAUCE	"	1, -	-	-	-	1, -	200, -	200, -	200, -
17. SUGAR	"	1,500	0,600	15, -	9, -	0,900	525, -	472,50	481,50
18. KITCHEN SALT	"	1,500	-	-	-	1,500	100, -	270, -	270, -

	budget)	quantities	price L.	expenditure L.	quantities	price L.	expenditure L.	DITIRE L.
1. BREAD	45, -	30, -	3, -	150, -	15, -	90, -	1,350, -	1,800, -
2. PASTA		2,600	7, -	18,60	-	-	-	18,60
RICE	10, -	-	-	-	-	-	-	-
FLOUR		-	-	-	7,340	100, -	734, -	734, -
3. DRIED BEANS	3, -	1,930	30, -	57,90	1,070	130, -	139,10	197, -
4. POTATOES	15, -	-	-	-	15, -	40, -	600, -	600, -
5. VEGETABLES	40, -	-	-	-	40, -	15,50	620, -	620, -
6. FRUIT	30, -	-	-	-	20, -	25, -	500, -	500, -
7. JAM	1, -	-	-	-	1, -	430, -	430, -	430, -
8. MEAT (M. & V. STEW)	2, -	0,970	66, -	64, -	-	-	-	64, -
9. WIEN SAUSAGE	0,500	0,870	116, -	102,75	-	-	-	102,65
10. FISH	1, -	0,500	33, -	16,50	-	-	-	16,50
11. MILK	10, -	3, -	7, -	21, -	7, -	35, -	245, -	266, -
12. TABLE CHEESE	1,500	-	-	-	1,500	350, -	525, -	525, -
13. EGGS	25, -	-	-	-	25, -	28, -	700, -	700, -
14. FATS	2, -	0,880	39, -	34,30	1,120	550, -	616, -	690,30
15. SEASONING CHEESE	0,500	-	-	-	0,500	550, -	275, -	275, -
16. TOMATO SAUCE	1, -	-	-	-	1, -	200, -	200, -	200, -
17. SUGAR	1,500	0,600	15, -	9, -	0,900	525, -	472,50	481,50
18. KITCHEN SALT	1,500	-	-	-	1,500	180, -	270, -	270, -
19. WINE	15, -	-	-	-	15, -	40, -	600, -	600, -

T O T A L 473,96 0,276,70 0,75,55

755

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 5 persons - 3, 73 consuming units)

BASIS: 2,200 calories daily per consuming unit

ROME, SEPTEMBER 1944

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS		TOTAL EXPEN- DITURE
			quantities	price	quantities	price	
1. BREAD	Kg.	45, -	30, -	5, -	15, -	90, -	1,350, -
2. PASTA	"	10, -	4,125	7, -	-	-	28, 5
3. RICE	"	10, -	0,200	25, -	-	-	5, 5
4. FLOUR	"	3, -	-	-	5,675	12, -	681, -
5. DRIED BEANS	"	15, -	1,250	30, -	1,750	130, -	227,50
6. POTATOES	"	40, -	5, -	15, -	10, -	40, -	400, -
7. VEGETABLES	"	20, -	-	-	40, -	15, 75	60, -
8. FRUIT	"	1, -	-	-	20, -	20, 75	575, -
9. JAM	"	2, -	-	-	1, -	250, -	25, -
10. MEAT (M. & V. STEW)	"	0,500	1, -	60, -	-	-	7, -
11. SALAMI (PORK)	"	1, -	0,900	110, -	-	-	110, 2
12. FISH	"	1, -	-	-	1, -	260, -	260, -
13. MILK	lt.	10, -	3, -	5, -	7, -	35, -	245, -
14. TABLE CHEESE	Kg.	1,500	-	-	1,500	330, -	525, -
15. EGGS	piece	25, -	-	-	25, -	23, -	345, -
16. FATS	Kg.	2, -	-	-	2, -	550, -	1,100, -
17. SEASONING CHEESE	"	0,500	-	-	0,500	550, -	275, -
18. TOMATO SAUCE	"	1, -	-	-	1, -	215, -	215, -
19. SUGAR	"	1,500	-	-	1,500	480, -	720, -

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS			TOTAL EXPEN- DITURE
			quantities	price	expenditure	quantities	price	expenditure	
1. BREAD	Kg.	45, -	30, -	8, -	150, -	15, -	90, -	1,350, -	1,500, -
2. PASTA	"	10, -	4,125	7, -	28,85	-	-	-	28,85
RICE	"	-	0,200	25, -	6,26	-	-	-	6,26
FLOUR	"	-	-	-	-	5,675	120, -	681, -	681, -
3. DRIED BEANS	"	3, -	1,250	30, -	37,50	1,750	130, -	227,50	265, -
4. POTATOES	"	15, -	5, -	15, -	75, -	10, -	40, -	400, -	470, -
5. VEGETABLES	"	40, -	-	-	-	40, -	15,45	605, -	645, -
6. FRUIT	"	20, -	-	-	-	20, -	26,75	575, -	595, -
7. JAM	"	1, -	-	-	-	1, -	250, -	250, -	250, -
8. MEAT (M. & V. STEW)	"	2, -	1, -	65, -	65, -	-	-	-	65, -
9. SALAMI (PORK)	"	0,500	1,900	110, -	106,20	-	-	-	106,20
10. FISH	"	1, -	-	-	-	1, -	260, -	260, -	260, -
11. MILK	lt.	10, -	3, -	5, -	15, -	7, -	35, -	245, -	260, -
12. TABLE CHEESE	Kg.	1,500	-	-	-	1,500	350, -	525, -	675, -
13. EGGS	piece	25, -	-	-	-	15, -	23, -	345, -	360, -
14. FATS	Kg.	2, -	-	-	-	2, -	550, -	1,100, -	1,100, -
15. SEASONING CHEESE	"	0,500	-	-	-	0,500	550, -	275, -	275, -
16. TOMATO SAUCE	"	1, -	-	-	-	1, -	265, -	265, -	265, -
17. SUGAR	"	1,500	-	-	-	1,500	400, -	720, -	720, -
18. KITCHEN SALT	"	1,500	-	-	-	1,500	200, -	300, -	300, -
19. WINE	lt.	15, -	-	-	-	15, -	40, -	600, -	640, -

TOTAL 9.2

4.4, 0.7, 1.5

TOTAL

75A

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 5 persons - 3, 73 consuming units)

BASIS: 2/200 calories daily per consuming unit

ROME, AUGUST 1944

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS			TOTAL EXPENDITURE
			quantities	price	expenditure	quantities	price	
1. BREAD	Kg.	45, -	30, -	8, -	150, -	10, -	100, -	1,150, -
2. PASTA	"	-	1,300	7, -	9,10	-	-	9,10
RICE	"	10, -	-	-	-	-	-	-
FLOUR	"	-	-	-	-	8,700	130, -	1,131, -
3. DRIED BEANS	"	3, -	5,900	30, -	177, -	-	-	177, -
4. POTATOES	"	15, -	-	-	-	13, -	40, -	520, -
5. VEGETABLES	"	40, -	-	-	-	40, -	16,70	668, -
6. FRUIT	"	20, -	-	-	-	20, -	26,70	534, -
7. JAM	"	1, -	-	-	-	1, -	265, -	265, -
8. MEAT (M. & V. STEW)	"	2, -	1, -	66, -	66, -	0,500	150, -	75, -
9. SALAMI (PORK)	"	0,500	1,150	110, -	133,70	-	-	133,70
10. FISH	"	1, -	-	-	-	-	-	-
11. MILK	lt.	10, -	5, -	5, -	15, -	7, -	35, -	245, -
12. TABLE CHEESE	Kg.	1,500	-	-	-	1,500	400, -	600, -
13. EGGS	pieces	25, -	-	-	-	25, -	29, -	725, -
14. FATS	Kg.	2, -	0,250	30, -	7,50	-	-	-



FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS			TOTAL EXPENDITURE
			quantities	price	expenditure	quantity	price	
1. BREAD	Kg.	45, -	30, -	5, -	150, -	10, -	100, -	1,150, -
2. PASTA	"	10, -	1,300	7, -	9,10	-	-	9,10
RICE	"	-	-	-	-	-	-	-
FLOUR	"	-	-	-	-	8,700	130, -	1,131, -
3. DRIED BEANS	"	3, -	5,900	30, -	177, -	-	-	177, -
4. POTATOES	"	15, -	-	-	-	13, -	40, -	520, -
5. VEGETABLES	"	40, -	-	-	-	40, -	16,70	668, -
6. FRUIT	"	20, -	-	-	-	20, -	26,70	534, -
7. JAM	"	1, -	-	-	-	1, -	265, -	265, -
8. MEAT (M. & V. STEW)	"	2, -	1, -	66, -	66, -	0,500	150, -	75, -
9. SALAMI (PORK)	"	0,500	1,150	110, -	133,70	5, -	-	135,70
10. FISH	"	1, -	-	-	-	-	-	-
11. MILK	lt.	10, -	5, -	5, -	15, -	7, -	35, -	245, -
12. TABLE CHEESE	Kg.	1,500	-	-	-	1,500	400, -	600, -
13. EGGS	piece	25, -	-	-	-	25, -	29, -	725, -
14. FATS	Kg.	2, -	0,250	30, -	7,50	1,750	450, -	785, -
15. SEASONING CHEESE	"	0,500	0,250	100, -	25, -	0,250	575, -	145,75
16. TOMATO SAUCE	"	1, -	-	-	-	1, -	265, -	265, -
17. SUGAR	"	1,500	0,070	16,25	14,15	0,630	450, -	283,50
18. KITCHEN SALT	"	1,500	0,500	10, -	5, -	1, -	150, -	155, -
19. WINE	lt.	15, -	-	-	-	15, -	77,50	1,162,50

TOTAL 604,45 0,557,25 9,161,7

733

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 3 persons = 3.73 consuming units)

BASIS: 2,200 calories daily per consuming unit ROME, JULY 1944

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS		TOTAL EXPEN-DITURE L.
			quantities	price L.	quantities	price L.	
1. BREAD	Kg.	45, -	30,700	3,00	14,300	100	1,545,7
2. PASTA	"	-	-	-	-	-	-
RICE	"	10, -	0,240	6, -	-	-	6, -
FLOUR	"	-	0,180	2,50	9,610	180	1,442, -
3. DRIED BEANS	"	3, -	0,870	30, -	2,130	160	366,9
4. POTATOES	"	15, -	-	-	15, -	35	525, -
5. VEGETABLES	"	40, -	-	-	40, -	19	760, -
6. FRUIT	"	20, -	-	-	20, -	33	660, -
7. JAM	"	1, -	-	-	1, -	275	275, -
8. MEAT (CANNED)	"	2, -	0,570	7,50	1,430	150	214,50
9. SALAMI	"	0,500	-	-	0,500	600	300, -
10. FISH	"	1, -	-	-	1, -	250	250, -
11. MILK	lt.	10, -	4,300	5, -	5,700	30	171, -
12. TABLE CHEESE	Kg.	1,500	-	-	1,500	425	637,50
13. EGGS	piece	25, -	5, -	10, -	20, -	30	600, -
14. FATS	Kg.	2, -	0,400	35, -	1,520	550	835, -
15. SEASONING CHEESE	"	0,500	-	-	0,500	425	212,5
16. TOMATO SAUCE	"	1, -	-	-	1, -	215	215, -

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS			TOTAL EXPEN- DITURE L.
			quantities	price L.	expenditure L.	quantities	price L.	expenditure L.	
1. BREAD	Kg.	45, -	30,700	3,00	116,70	14,300	100	1,430, -	1,546,7
2. PASTA	"	-	-	-	-	-	-	-	-
RICE	"	10, -	0,240	25, -	6, -	-	-	-	6, -
FLOUR	"	-	0,150	2,50	0,50	9,610	150	1,441,80	1,442, -
3. DRIED BEANS	"	3, -	0,870	30, -	26,10	2,130	160	340,80	366,9
4. POTATOES	"	15, -	-	-	-	15, -	35	525, -	525, -
5. VEGETABLES	"	40, -	-	-	-	40, -	19	760, -	760, -
6. FRUIT	"	20, -	-	-	-	20, -	33	660, -	660, -
7. JAM	"	1, -	-	-	-	1, -	275	275, -	275, -
8. MEAT (CANNED)	"	2, -	0,570	7,50	40,20	1,430	150	214,50	254,70
9. SALAMI	"	0,500	-	-	-	0,500	600	300, -	300, -
10. FISH	"	1, -	-	-	-	1, -	250	250, -	250, -
11. MILK	lt.	10, -	4,300	5, -	21,50	5,700	30	171, -	192,50
12. TABLE CHEESE	Kg.	1,500	-	-	-	1,500	425	637,50	637,50
13. EGGS	piece	25, -	5, -	18, -	9, -	20, -	30,	600, -	590, -
14. FATS	Kg.	2, -	0,480	35, -	16,80	1,520	550	835, -	852,0
15. SEASONING CHEESE	"	0,500	-	-	-	0,500	425	212,50	212,5
16. TOMATO SAUCE	"	1, -	-	-	-	1, -	215	215, -	215, -
17. SUGAR	"	1,500	0,680	15, -	13,20	0,620	350	217, -	230,2
18. KITCHEN SALT	"	1,500	-	-	-	1,500	150	225, -	225, -
19. WINE	l.	15, -	-	-	-	15, -	80	1,200, -	1,200, -

TOTAL 10,510,80 10,841,00

331, -

TOTAL

752

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 5 persons - 3,73 consuming units)

BASIS: 2,200 calories daily per consuming unit.  
ROME, JUNE 1944

FOOD STUFFS	UNIT	QUANTITIES (standard food budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS		TOTAL EXPEN- DITURE L.		
			quantities	price L.	expenditure L.	price L.		expenditure L.	
1. BREAD	Kg.	45, -	20, -	3,60	72, -	25, -	90, -	2,250, -	2,322, -
2. PASTA	"	-	-	-	-	-	-	-	-
RICE	"	10, -	1,900	47,50	180, -	7,900	180, -	1,422, -	1,470, -
FLOUR	"	-	0,200	0,50	-	-	-	-	-
3. DRIED BEANS	"	3, -	0,300	9, -	-	2,700	115, -	310,50	319,50
4. POTATOES	"	15, -	-	-	-	15, -	50, -	750, -	750, -
5. VEGETABLES	"	40, -	-	-	-	40, -	22,85	914, -	914, -
6. FRUIT	"	20, -	-	-	-	20, -	37, -	740, -	740, -
7. JAM	"	1, -	0,100	3,05	-	0,900	250, -	225, -	220,85
8. MEAT (M. & V. STEW)	"	2, -	0,700	44,00	-	1, -	150, -	150, -	194,00
9. SALAMI	"	0,500	-	-	-	0,500	500, -	250, -	250, -
10. FISH	"	1, -	-	-	-	1, -	250, -	250, -	250, -
11. MILK	lt.	10, -	3, -	5, -	15, -	7, -	40, -	20, -	25, -
12. TABLE CHEESE	Kg.	1,500	-	-	-	1,500	200, -	375, -	435, -
13. EGGS	pieces	25, -	10, -	5, -	90, -	15, -	25, -	1,125, -	1,130, -
14. FATS	Kg.	2, -	0,500	25,40	13,20	1,500	750, -	150, -	1,61,00
15. SEASONING CHEESE	"	0,500	0,250	47,50	11,90	0,250	600, -	150, -	161,00
16. TOMATO SAUCE	"	1, -	-	-	-	1, -	250, -	250, -	250, -

FOOD STUFFS	UNIT	QUANTITIES (standard food budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS			TOTAL EXPEN- DITURE L.
			quantities	price L.	expenditure L.	quantities	price L.	expenditure L.	
1. BEEF	Kg.	45, -	20, -	3,60	72, -	25, -	90, -	2,250, -	2,322, -
2. PASTA	"	10, -	-	-	-	7,900	180, -	1,422, -	1,470, -
3. DRIED BEANS	"	3, -	0,300	30, -	9, -	2,700	115, -	310,50	319,50
4. POTATOES	"	15, -	-	-	-	15, -	50, -	750, -	750, -
5. VEGETABLES	"	40, -	-	-	-	40, -	22,85	914, -	914, -
6. FRUIT	"	20, -	-	-	-	20, -	37, -	740, -	740, -
7. JAM	"	1, -	0,100	30,50	3,05	0,900	250, -	225, -	228,05
8. MEAT (M. & V. STEW)	"	2, -	0,700	50, -	44,00	1, -	150, -	150, -	194,00
9. SALAMI	"	0,500	-	-	-	0,500	500, -	250, -	250, -
10. FISH	"	1, -	-	-	-	1, -	250, -	250, -	250, -
11. MILK	lt.	10, -	3, -	5, -	15, -	7, -	40, -	200, -	205, -
12. TABLE CHEESE	Kg.	1,500	-	-	-	1,500	200, -	420, -	420, -
13. EGGS	piece	25, -	10, -	5, -	90, -	15, -	25, -	375, -	405, -
14. FATS	Kg.	2, -	0,500	26,40	13,20	1,500	750, -	1,125, -	1,138,20
15. SEASONING CHEESE	"	0,500	0,250	47,50	11,90	0,250	600, -	150, -	161,90
16. TOMATO SAUCE	"	1, -	-	-	-	1, -	250, -	250, -	250, -
17. SUGAR	"	1,500	0,950	25, -	23,75	1,550	350, -	542, -	565,75
18. KITCHEN SALT	"	1,500	-	-	-	1,500	150, -	225, -	225, -
19. VINE	lt.	15, -	-	-	-	15, -	60, -	900, -	900, -

T O T A L 331,50 11,528,50 11,060, -

751

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 5 persons - 3,73 consuming units)

BASIS: 2,200 calories daily per consuming unit.

ROME, MAY 1944

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS		PURCHASED <sup>WITHOUT</sup> BY FOOD CARDS			TOTAL EXPEN- DITURE L.	
			Quantities	Price L.	Expenditure L.	quantities	Price L.		Expenditure L.
1. BREAD	Kg.	45, -	17,600	2,60	45,80	27,400	125, -	3,428	3,470, -
2. PASTA	"	-	0,405	3,30	1,35	-	-	-	-
RICE	"	10, -	0,405	26,00	10,50	-	-	-	-
FLOUR	"	-	1,235	2,50	3,10	7,955	220, -	1,750	1,711,15
3. DRIED BEANS	"	3, -	-	-	-	3, -	200, -	600	600, -
4. POTATOES	"	15, -	-	-	-	15, -	60, -	900	900, -
5. VEGETABLES	"	40, -	-	-	-	40, -	19, -	760	760, -
6. FRUIT	"	20, -	-	-	-	20, -	60, -	1,200	1,200, -
7. JAM	"	1, -	0,670	30,50	20,90	0,330	200, -	96	161, -
8. MEAT	"	2, -	0,480	51,50	20,15	1,520	250, -	360	407,15
9. SALAMI	"	0,500	-	-	-	0,500	45, -	225	5, -
10. FISH	"	1, -	-	-	-	1, -	250, -	250	250, -
11. MILK	lt.	10, -	-	-	-	10, -	50, -	500	500, -
12. TABLE CHEESE	Kg.	1,500	-	-	-	1,500	230, -	345	315, -
13. EGGS	piece	25, -	9, -	9, -	81, -	16, -	10, -	288	369, -
14. FATS	Kg.	2, -	0,400	46, -	22,10	1,520	300, -	1,216	1,239,10
15. SLICED CHEESE	"	0,500	0,500	47,50	23,75	-	-	-	25,75



MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY,  
(consisting of 5 persons - 3,73 consuming units)

ROME, APRIL 1944

BASIS: 2,200 calories daily per consuming unit

FOOD STUFFS	UNIT	QUANTITIES (standard food budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS	TOTAL EXPEN- DITURE L.			
			quantities	price L.			expenditure L.	price L.	expenditure L.
1. LARD	Kg.	45, -	17,750	2,60	46,15	27,250	60, -	1,635, -	1,681,15
2. PASTA	"	1, -	1,250	3,30	4,15	5, -	150, -	750, -	754,15
RICE	"	10, -	2,100	7,60	15,95	1,650	130, -	214,50	230,45
FLOUR	"	-	-	-	-	-	-	-	-
3. DRIED BEANS	"	3, -	0,400	12, -	4,80	2,600	110, -	286, -	290,80
4. POTATOES	"	15, -	-	-	-	45, -	45, -	675, -	675, -
5. VEGETABLES	"	40, -	-	-	-	40, -	24,05	994, -	994, -
6. FRUIT	"	20, -	-	-	-	20, -	40, -	800, -	800, -
7. JAM	"	1, -	-	-	-	1, -	165, -	165, -	165, -
8. MEAT (BEEF)	"	2, -	0,500	32, -	15, -	1,500	200, -	300, -	314, -
9. SALAMI	"	0,500	-	-	-	0,500	400, -	200, -	200, -
10. FISH	"	1, -	-	-	-	1, -	150, -	150, -	150, -
11. MILK	lt.	10, -	11,500	5, -	57,50	-	-	-	57,50
12. TABLE CHEESE	Kg.	1,500	0,500	34,50	17,25	0,650	200, -	130, -	447,25
13. EGGS	piece	25, -	15, -	9, -	135, -	10, -	15, -	150, -	205, -
14. FATS	Kg.	2, -	1, -	46, -	46, -	1, -	565, -	565, -	611, -



ROME, APRIL 1946

FOOD STUFFS	UNIT	QUANTITIES (standard food budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS			TOTAL EXPEN- DITURE L.
			quantities	price L.	expenditure L.	quantities	price L.	expenditure L.	
1. BREAD	Kg.	45, -	17,750	2,60	45,15	27,250	60, -	1,635, -	1,681,15
2. PASTA	"	1, -	1,250	3,30	4,15	5, -	150, -	750, -	754,15
RICE	"	10, -	2,100	7,60	15,95	1,650	130, -	214,50	230,45
FLOUR	"	-	-	-	-	-	-	-	-
3. DRIED BEANS	"	3, -	0,400	12, -	4,80	2,600	110, -	286, -	290,80
4. POTATOES	"	15, -	-	-	-	45, -	45, -	675, -	675, -
5. VEGETABLES	"	40, -	-	-	-	40, -	24,05	994, -	1,034, -
6. FRUIT	"	20, -	-	-	-	20, -	40, -	800, -	820, -
7. JAM	"	1, -	-	-	-	1, -	165, -	165, -	175, -
8. MEAT (BEEF)	"	2, -	0,500	32, -	16, -	1,500	200, -	300, -	316, -
9. SALAMI	"	0,500	-	-	-	0,500	400, -	200, -	200, -
10. FISH	"	1, -	-	-	-	1, -	150, -	150, -	150, -
11. MILK	lt.	10, -	11,500	5, -	57,50	-	-	-	57,50
12. TABLE CHEESE	Kg.	1,500	0,500	34,50	17,25	1,550	200, -	130, -	917,25
13. EGGS	piece	25, -	15, -	9, -	135, -	10, -	15, -	150, -	285, -
14. FATS	Kg.	2, -	1, -	46, -	46, -	1, -	365, -	365, -	611, -
15. SEASONING CHEESE	"	0,500	-	-	-	0,500	460, -	230, -	235, -
16. TOMATO SAUCE	"	1, -	-	-	-	1, -	200, -	200, -	200, -
17. SUGAR	"	1,500	0,050	25, -	21,50	0,650	300, -	195, -	215,50
18. KITCHEN SALT	"	1,500	1, -	5, -	5, -	0,500	100, -	50, -	55, -
19. WINE	lt.	15, -	-	-	-	15, -	32,20	403, -	418, -

TOTAL 6,172,50

309,30

TOTAL



	food budget)	quantities	price L.	expenditure L.	quantities	price L.	expenditure L.	L.
1. BREAD	45, -	23, -	2, 60	59, 80	20, -	30, -	600, -	1, 059, 00
2. PASTA	10, -	-	-	-	7, -	100, -	700, -	711, 70
RICE		2, 000	7, 20	18, 70	-	-	-	-
FLOUR	-	-	-	-	-	-	-	-
3. DRIED BEANS	3, -	1, -	12, -	12, -	2, -	90, -	180, -	192, -
4. POTATOES	15, -	-	-	-	15, -	30, -	450, -	45, -
5. VEGETABLES	40, -	-	-	-	40, -	19, 50	780, -	78, -
6. FRUIT	20, -	-	-	-	20, -	35, -	700, -	75, -
7. JAM	1, -	0, 500	30, 50	19, 25	-	-	-	5, -
8. MEAT (BEEF)	2, -	-	-	-	2, -	165, -	330, -	33, -
9. SALAMI	0, 500	-	-	-	0, 500	365, -	182, 50	1, 05, -
10. FISH	1, -	-	-	-	1, -	150, -	150, -	15, -
11. MILK	10, -	13, -	5, -	65, -	-	-	-	5, -
12. TABLE CHEESE	1, 500	0, 500	34, 50	17, 25	0, 700	160, -	126, -	143, 5
13. EGGS	25, -	10, -	9, -	90, -	15, -	12, -	180, -	7, -
14. FATS	2, -	0, 250	46, -	11, 50	1, 750	390, -	612, 50	62, -
15. SEASONING CHEESE	1, -	-	-	-	0, 500	300, -	150, -	15, -
16. TOMATO SAUCE	1, -	-	-	-	1, -	150, -	150, -	150, -
17. SUGAR	1, 500	3, 300	25, -	82, 50	-	-	-	82, 50
18. KITCHEN SALT	1, 500	0, 500	10, -	5, -	1, -	90, -	90, -	95, -
19. WINE	15, -	-	-	-	15, -	25, 40	380, -	300, -

T O T A L 301, - 6, 211, - 6, 592, -

785021

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 5 persons - 3,73 consuming units)

BASIS: 2,200 calories daily per consuming unit

ROME, FEBRUARY 1948

FOOD STUFFS	UNIT	QUANTITIES (standard food budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS		TOTAL EXPEN- DITURE L.		
			quantities	price L.	quantities	price L.		expenditure L.	
1. BREAD	Kg.	45, -	24,750	2,60	64,35	20, -	35, -	700, -	764,35
2. PASTA	"	10, -	10,300	3,30	34, -	-	-	-	34, -
3. DRIED BEANS	"	3, -	0,500	12, -	6, -	2,500	75, -	187,50	193,50
4. POTATOES	"	15, -	-	-	-	15, -	25, -	375, -	375, -
5. VEGETABLES	"	40, -	-	-	-	40, -	13,90	556, -	556, -
6. FRUIT	"	20, -	-	-	-	20, -	25, -	500, -	500, -
7. JAM	"	1, -	-	-	-	1, -	100, -	100, -	100, -
8. MEAT (BEEF)	"	2, -	1, -	20, -	20, -	1, -	155, -	155, -	173, -
9. SALAMI	"	0,500	-	-	-	0,500	350, -	175, -	175, -
10. FISH	"	1, -	-	-	-	1, -	140, -	140, -	140, -
11. MILK	lt.	10, -	9, -	5, -	45, -	1, -	18, -	18, -	63, -
12. TABLE CHEESE	Kg.	1,500	-	-	-	1, -	160, -	160, -	160, -
13. EGGS	piece	25, -	-	-	-	25, -	12, -	300, -	300, -
14. YEASTING CHEESE	Kg.	2, -	1, -	27,90	27,90	1, -	370, -	370, -	397,90
15. TOMATO SAUCE	"	1, -	-	-	-	-	-	-	27,90
16. SPICES	"	1,500	-	-	-	1, -	125, -	125, -	125, -
17. KITCHEN SALT	"	1,500	1,300	12, -	15,60	0,200	220, -	44, -	89,60
18. BUTTER	lt.	15, -	0,500	5, -	2,50	1,800	80, -	80, -	88,50
TOTAL						15, -	21, -	315, -	315, -

2. PASTA	"	10, -	10,300	3,30	34, -	-	-	-	700, -	764,38
ICE	"	3, -	-	-	-	-	-	-	-	34, -
FLOUR	"	15, -	-	-	-	-	-	-	-	-
3. DRIED BEANS	"	40, -	0,500	12, -	6, -	2,500	-	-	187,50	193,50
4. POTATOES	"	20, -	-	-	-	15, -	-	-	375, -	375, -
5. VEGETABLES	"	20, -	-	-	-	40, -	-	13,90	556, -	557, -
6. FRUIT	"	1, -	-	-	-	20, -	-	25, -	500, -	501, -
7. JAM	"	2, -	-	-	-	1, -	-	100, -	100, -	100, -
8. MEAT (BEEF)	"	0,500	1, -	20, -	20, -	1, -	-	155, -	155, -	173, -
9. SALAMI	"	1, -	-	-	-	0,500	-	350, -	175, -	175, -
10. FISH	"	10, -	9, -	-	-	1, -	-	140, -	140, -	140, -
11. MILK	lt.	1,500	-	5, -	45, -	1, -	-	18, -	18, -	63, -
12. TABLE CHEESE	Kg.	25, -	-	-	-	1, -	-	160, -	160, -	160, -
EGGS	pieces	2, -	-	-	-	25, -	-	12, -	300, -	300, -
13. BUTTER	Kg.	0,500	1, -	27,90	27,90	1, -	-	370, -	370, -	377,90
14. YEASTING CHEESE	"	1, -	-	-	-	-	-	-	-	27,90
15. TOMATO SAUCE	"	1,500	1,300	12, -	15,60	0,200	-	125, -	125, -	125, -
16. SUGAR	"	1,500	0,500	5, -	2,50	1,800	-	80, -	80, -	89,60
17. KITCHEN SALT	lt.	15, -	-	-	-	15, -	-	21, -	315, -	315, -
TOTAL			251,25					4,300,50	4,551,70	

717

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 5 persons - 3,73 consuming unit)

ROME, JANUARY 1944  
BASIS: 2,200 calories daily per consuming unit

FOOD STUFFS	UNIT	QUANTITIES (standard food budget)	PURCHASED BY FOOD CARDS		PURCHASED BY FOOD CARDS		PURCHASED BY FOOD CARDS		TOTAL EXPEN- DITURE L.
			quantities	price L.	quantities	price L.	quantities	price L.	
1. BREAD	Kg.	45, -	24,750	2,60	14,35	10, -	30, -	500, -	364,35
2. PASTA	"	10, -	5,650	3,30	18,60	-	-	-	18,60
RICE	"	10, -	6, -	5, -	30, -	-	-	-	30, -
FLOUR	"	10, -	-	-	-	-	-	-	-
3. DRIED BEANS	"	3, -	4,030	12, -	58, -	-	-	-	50, -
4. POTATOES	"	15, -	2,400	2,90	7, -	12,600	20, -	232, -	259, -
5. VEGETABLES	"	40, -	-	-	-	40, -	7,40	296, -	296, -
6. FRUIT	"	20, -	-	-	-	20, -	12,50	250, -	250, -
7. JAM	"	1, -	1,900	20,90	39,70	-	-	-	39,70
8. LARD (BEEF)	"	2, -	2,100	28, -	56,90	-	-	-	56,90
9. SALT	"	0,500	-	-	-	0,400	325, -	130, -	130, -
10. FISH	"	1, -	-	-	-	1, -	180, -	130, -	130, -
11. MILK	lt.	10, -	6, -	5, -	30, -	4, -	15, -	60, -	90, -
12. TABLE CHEESE	kg.	1,500	0,720	23,15	16,70	0,320	150	48, -	64,7
13. EGGS	pieces	25, -	2, -	4, -	8, -	23, -	13, -	299, -	307, -
14. FATS	Kg.	2, -	0,720	18, -	13, -	1,280	313, -	403,20	415,2
15. SEASONING CHEESE	"	0,500	0,960	27,90	26,90	-	-	-	26,90

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 5 persons - 3, 73 consuming unit)

ROME, JANUARY 1944

BASIS: 2,200 calories daily per consuming unit

FOOD STUFFS	UNIT	QUANTITIES (standard food budget)	PURCHASED BY FOOD CARDS		PURCHASED BY FOOD CARDS		WITHOUT PURCHASED BY FOOD CARDS		TOTAL EXPEN- DITURE L.
			quantities	price L.	expenditure L.	quantities	price L.	expenditure L.	
1. BREAD	Kg.	45, -	24, 750	2, 50	64, 35	10, -	30, -	300, -	364, 35
2. PASTA	"		5, 650	3, 30	18, 60	-	-	-	18, 60
RICE	"	10, -	5, -	5, -	30, -	-	-	-	30, -
FLOUR	"		-	-	-	-	-	-	-
3. DRIED BEANS	"	3, -	4, 030	12, -	50, -	-	-	-	50, -
4. POTATOES	"	15, -	2, 400	2, 90	7, -	12, 600	20, -	252, -	259, -
5. VEGETABLES	"	40, -	-	-	-	40, -	7, 40	296, -	296, -
6. FRUIT	"	20, -	-	-	-	20, -	12, 50	250, -	250, -
7. JAM	"	1, -	1, 900	20, 00	39, 70	-	-	-	39, 70
8. TEND (BEEF)	"	2, -	2, 100	20, -	56, 00	-	-	-	56, 00
9. SALAMI	"	0, 500	-	-	-	0, 400	325, -	130, -	130, -
10. FISH	"	1, -	-	-	-	1, -	150, -	150, -	150, -
11. MILK	lit.	10, -	6, -	5, -	30, -	4, -	15, -	60, -	90, -
12. TABLE CHEESE	kg.	1, 500	0, 720	23, 15	16, 70	0, 320	150	48, -	64, 7
13. EGGS	pieces	25, -	2, -	4, -	0, -	23, -	13, -	299, -	307, -
14. FATS	Kg.	2, -	0, 720	10, -	13, -	1, 280	315, -	403, 20	416, 2
15. SEASONING CHEESE	"	0, 500	0, 900	27, 90	26, 50	-	-	-	26, 50





MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 5 persons • 3,73 consuming units)

ROME; DECEMBER 1943

BASIS: 2,200 calories daily per consuming unit

FOOD STUFFS	UNIT	QUANTITIES (standard food budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS			TOTAL EXPEN- DITURE
			quantities	price	expenditure	quantities	price	expenditure	
1. BREAD	Kg.	45, -	24,750	2,60	64,35	20,250	28, -	506,25	570,70
2. PASTA	"	10, -	7,600	3,10	23,55	-	-	-	23,55
RICE	"	-	1,800	4,50	8,10	-	-	-	8,10
FLOUR	"	-	-	-	-	-	-	-	-
3. DRIED BEANS	"	3, -	4,250	12, -	51, -	-	-	-	51, -
4. POTATOES	"	15, -	-	-	-	15, -	15, -	225, -	225, -
5. VEGETABLES	"	40, -	-	-	-	40, -	7,50	300, -	300, -
6. FRUIT	"	20, -	-	-	-	20, -	12,10	242, -	242, -
9. JAM	"	1, -	0,775	20,90	16,20	0,225	70, -	15,75	31,95
8. MEAT (BEEF)	"	2, -	3, -	29,75	89,25	-	-	-	89,25
9. SALT	"	0,500	-	-	-	0,500	200, -	100, -	100, -
10. FISH	"	1, -	-	-	-	1, -	100, -	100, -	100, -
11. MILK	lt.	10, -	11,800	3, -	35,40	-	-	-	35,40
12. TABLE CHEESE	kg.	1,500	0,240	23,15	5,55	0,750	90, -	67,50	73,05
13. EGGS	pieces	25, -	5, -	4, -	20, -	20, -	13,20	264, -	264, -
14. FATS	kg.	2, -	0,720	16,20	11,65	1,280	250, -	320, -	35,25
15. SEASONING CHEESE	"	0,500	-	-	-	0,500	180, -	90, -	90, -
16. TOMATO SAUCE	"	1, -	0,720	10,30	7,40	0,280	85, -	23,80	31,20
17. SUGAR	"	1,500	0,800	12, -	9,60	0,700	150, -	105, -	115,70
18. KITCHEN SALT	"	1,500	-	-	-	1,500	4,50	7,65	7,65



MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 5 persons - 3, 73 consuming units)

BASIS: 2,200 calories daily per consuming unit.

ROME, NOVEMBER 1943

F.F. STUFFS	UNIT	QUANTITIES (standard food budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS		TOTAL EXPENDITURE
			quantities	price	quantities	price	
1. BREAD	Kg.	45, -	22,500	2,60	22,500	22, -	552,50
2. PASTA	"	10, -	5, -	3,10	5, -	40, -	215,50
3. DRIED BEANS	"	5, -	1,350	6,50	1,650	35, -	66,55
4. POTATIES	"	45, -	-	-	15, -	13, -	195, -
5. VEGETABLES	"	40, -	-	-	40, -	4,95	190, -
6. FRUIT	"	20, -	-	-	20, -	0,50	100, -
7. JAM	"	1, -	-	-	1, -	50, -	50, -
8. MEAT (BEEF)	"	2, -	1, -	23,20	1, -	110, -	133,20
9. SAUSAGE	"	0,500	-	-	0,500	120, -	60, -
10. FISH	"	1, -	-	-	1, -	80, -	80, -
11. MILK	lts.	10, -	3, -	3, -	7, -	10, -	79, -
12. TABLE CHEESE	Kg.	1,500	-	-	1,500	70, -	105, -
13. EGGS	plate	25, -	-	-	25, -	10, -	250, -
14. FATS	Mg.	2, -	-	-	2, -	190, -	380, -
15. SEASONING CHEESE	"	0,500	0,150	26,90	0,350	120, -	46,75
16. TOMATO SAUCE	"	1, -	1,500	10,30	-	-	15,15
17. SUGAR	"	1,500	0,900	12, -	0,600	110, -	7, -

UNIT	(standard food budget)	quantities	price	expenditure	quantities	price	expenditure	EXPER-DITUE
1. BREAD	45, -	22,500	2,60	50,50	22,500	22, -	495, -	555,50
2. PASTA	10, -	5, -	3,10	15,50	5, -	40, -	200, -	215,50
3. DRIED BEANS	5, -	1,350	6,50	8,85	1,650	35, -	57,75	66,55
4. POTATOES	15, -	-	-	-	15, -	13, -	195, -	195, -
5. VEGETABLES	40, -	-	-	-	40, -	4,55	198, -	198, -
6. FRUIT	20, -	-	-	-	20, -	8,50	170, -	170, -
7. MEAT	9, -	-	-	-	1, -	50, -	50, -	50, -
8. MEAT (BEEF)	8, -	1, -	23,20	23,20	1, -	110, -	110, -	133,20
9. SALAMI	0,500	-	-	-	0,500	120, -	60, -	60, -
10. FISH	1, -	-	-	-	1, -	80, -	80, -	80, -
11. MILK	10, -	3, -	3, -	9, -	7, -	10, -	70, -	79, -
12. TABLE CHEESE	1,500	-	-	-	1,500	70, -	105, -	105, -
13. EGGS	25, -	-	-	-	25, -	10, -	250, -	250, -
14. FATS	2, -	-	-	-	2, -	190, -	380, -	380, -
15. SEASONING CHEESE	0,500	0,150	28,90	4,35	0,350	120, -	42,50	46,85
16. TOMATO SAUCE	1, -	1,500	10,30	15,45	-	-	-	15,45
17. SUGAR	1,500	0,900	12, -	10,80	0,600	110, -	66, -	77, -
18. KITCHEN SALT	1,500	-	-	-	1,500	5, -	7,50	7,50
19. WDE	15, -	-	-	-	15, -	20, -	300, -	300, -
<b>TOTAL</b>				145,60			2,000,75	2,952,75

20. OTHER MEATS								
21. OTHER VEGETABLES								
22. OTHER FRUIT								
23. OTHER MEAT								
24. OTHER PASTA								
25. OTHER SUGAR								
26. OTHER KITCHEN SALT								
27. OTHER WDE								

7.44

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 5 persons - 3,73 consuming units)

BASIS: 2,200 calories daily per consuming unit

ROME, OCTOBER 1943

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS			TOTAL EXTENDED VALUE
			quantities	price	expenditure	quantities	price	expenditure	
1. BREAD	Kg.	45, -	24,450	2,60	63,60	19, -	20, -	380, -	443,60
2. PASTA	"	-	-	-	-	-	-	-	-
RICE	"	10, -	1,600	2,65	4,25	4,300	35, -	150,50	165, -
FLOUR	"	-	4,100	2,50	10,25	-	-	-	-
3. DRIED BEANS	"	5, -	1,300	6,50	8,45	1,700	30, -	51, -	59,45
4. POTATOES	"	15, -	6,500	2, -	13, -	6,500	12, -	102, -	115, -
5. VEGETABLES	"	40, -	-	-	-	40, -	6,50	260, -	260, -
6. FRUIT	"	20, -	-	-	-	20, -	10, -	200, -	200, -
7. JAM	"	1, -	1, -	20,90	2,90	-	-	-	2,90
8. MEAT (BEEF)	"	2, -	1,350	23,20	31,30	0,650	00, -	52, -	64, -
9. SALAMI	"	0,500	0,135	36,00	5, -	-	-	-	5, -
10. FISH	"	1, -	-	-	-	-	-	-	-
11. MILK	lt.	10, -	3, -	3, -	9, -	7, -	6, -	42, -	51, -
12. TABLE CHEESE	Kg.	1,500	0,500	23,15	11,60	-	-	-	11,60
13. EGGS	pieces	25, -	15, -	3, -	45, -	-	-	-	45, -
14. FATS	Kg.	2, -	-	-	-	2, -	170, -	340, -	340, -

BASIS: 2,200 calories daily per consuming unit

RCVE, OCTOBER 1943

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS			TOTAL EXPENDITURE	
			quantities	price	expenditure	quantities	price		expenditure
1. BREAD	Kg.	45, -	24,450	2,60	63,60	19, -	20, -	300, -	443,60
2. PASTA	"	-	-	-	-	-	-	-	-
ICE	"	10, -	1,600	2,65	4,25	4,300	35, -	150,50	165, -
FLOUR	"	-	4,100	2,50	10,25	-	-	-	-
3. DRIED BEANS	"	5, -	1,300	6,50	8,45	1,700	30, -	51, -	59, -
4. POTATOES	"	15, -	6,500	2, -	13, -	6,500	12, -	102, -	115, -
5. VEGETABLES	"	40, -	-	-	-	40, -	6,50	260, -	260, -
6. FRUIT	"	20, -	-	-	-	20, -	10, -	200, -	200, -
7. JAM	"	1, -	1, -	20,90	20,90	-	-	-	20,90
8. MEAT (BEEF)	"	2, -	1,350	23,20	31,30	0,650	80, -	52, -	60, -
9. SALAD	"	0,500	0,135	36,00	5, -	-	-	-	5, -
10. FISH	"	1, -	-	-	-	-	-	-	-
11. MILK	lt.	10, -	3, -	3, -	9, -	7, -	6, -	42, -	51, -
12. TABLE CHEESE	Kg.	1,500	0,500	23,15	11,60	-	-	-	11,60
13. EGGS	pieces	25, -	15, -	3, -	45, -	-	-	-	45, -
14. FAT	Kg.	2, -	-	-	-	2, -	170, -	340, -	340, -
15. COOKING CHEESE	"	0,500	3,975	20, -	111,30	-	-	-	111,30
16. TOMATO SAUCE	"	1, -	0,500	9,30	4,65	0,500	45, -	22,50	27,15
17. BUTTER	"	1,500	-	-	-	1,500	80, -	120, -	120, -
18. KITCHEN SALT	"	1,500	-	-	-	1,500	5, -	7,50	7,50
19. SUGAR	lt.	15, -	-	-	-	15, -	20, -	300, -	300, -

TOTAL 350,30 2,027,50 2,365,00

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MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY  
(consisting of 5 persons - 3, 73 consuming units)

BASIS: 2,200 calories daily per consuming unit ROME, SEPTEMBER 1943

FOOD STUFFS	UNIT	QUANTITIES (standard food budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS		TOTAL EXPEN- DITURE L.
			quantity	price L.	quantities	price L.	
1. BREAD	Kg.	45, -	22,500	2,60	22,500	20, -	500,50
2. PASTA	"	-	-	-	6, -	20, -	120, -
RICE	"	10, -	0,830	2,65	3,170	30, -	97,30
FLOUR	"	-	-	-	-	-	-
3. DRIED BEANS	"	3, -	0,665	6,50	2,335	25, -	62,70
4. POTATOES	"	15, -	6,670	2,10	9,330	10, -	107,20
5. VEGETABLES	"	40, -	-	-	40, -	6,20	240, -
6. FRUIT	"	20, -	-	-	20, -	9,45	189, -
7. JAM	"	1, -	-	-	1, -	20, -	20, -
8. MEAT (BEEF)	"	2, -	2, -	23,20	-	-	46,40
9. SALAMI	"	0,500	-	-	-	-	-
10. FISH	"	1, -	-	-	1, -	80, -	80, -
11. MILK	Lt.	10, -	6, -	3, -	4, -	6, -	50, -
12. TABLE CHEESE	Kg.	1,500	0,500	19,60	-	-	9,60
13. EGGS	pieces	25, -	10, -	3, -	15, -	7, -	135, -
14. FATS	Kg.	2, -	-	-	2, -	150, -	300, -
15. SEASONING CHEESE	"	0,500	1,935	20, -	-	-	54,20
16. TOMATO SAUCE	"	1, -	-	-	1, -	25, -	25, -

FOOD STUFFS	UNIT	QUANTITIES (standard food budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS			TOTAL EXPENDITURE L.
			quantities	price L.	expenditure L.	quantities	price L.	expenditure L.	
1. BREAD	Kg.	45, -	22,500	2,60	58,50	22,500	20, -	450, -	500,50
2. PASTA	"	-	-	-	-	6, -	20, -	120, -	120, -
RICE	"	10, -	0,830	2,65	2,20	3,170	30, -	96,10	97,30
FLOUR	"	-	-	-	-	-	-	-	-
3. DRIED BEANS	"	3, -	0,665	6,50	4,30	2,335	25, -	58,40	62,70
4. POTATOES	"	15, -	6,570	2,10	13,90	9,330	10, -	93,30	107,20
5. VEGETABLES	"	40, -	-	-	-	40, -	6,20	248, -	248, -
6. FRUIT	"	20, -	-	-	-	20, -	9,45	189, -	189, -
7. JAM	"	1, -	-	-	-	1, -	20, -	20, -	20, -
8. MEAT (BEEF)	"	2, -	2, -	23,20	46,40	-	-	-	46,40
9. SALMON	"	0,500	-	-	-	-	-	-	-
10. FISH	"	1, -	-	-	-	1, -	80, -	80, -	80, -
11. MILK	Lt.	10, -	6, -	3, -	18, -	4, -	6, -	20, -	30, -
12. TABLE CHEESE	Kg.	1,500	0,500	19,60	9,80	-	-	-	9,80
13. EGGS	piece	25, -	10, -	3, -	30, -	15, -	7, -	105, -	135, -
14. FATS	Kg.	2, -	-	-	-	2, -	150, -	300, -	300, -
15. SEASONING CHEESE	"	0,500	1,935	20, -	54,20	-	-	-	54,20
16. TOMATO SAUCE	"	1, -	-	-	-	1, -	25, -	25, -	25, -
17. SUGAR	"	1,500	-	-	-	1,500	50, -	75, -	75, -
18. KITCHEN SALT	"	1,500	-	-	-	1,500	4, -	6, -	6, -
19. WINE	lt.	15, -	-	-	-	15, -	10, -	270, -	270, -

TOTAL 237,30 2,802,10



MONTHLY FOOD EXPENDITURE A TYPICAL FAMILY

(consisting of 5 persons • 3,75 consuming units)

BASIS: 2,200 calories daily per consuming unit

ROME, SEPTEMBER 1942

FOOD STUFFS	UNIT	QUANTITIES (standard food budget	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS		TOTAL EXPEN- DITURE		
			quantities	price	quantities	price			
1. BREAD	Kg.	45, -	22,500	2,60	58,50	20, -	12, -	240, -	290,50
2. PASTA	"	10, -	0, -	3,30	25,50	-	-	-	26,50
RICE	"	2, -	2, -	2,50	4,00	-	-	-	4,60
FLOUR	"	-	-	-	-	-	-	-	-
3. DRIED BEANS	"	3, -	-	-	-	3, -	20, -	60, -	60, -
4. POTATOES	"	15, -	15, -	4,40	66, -	-	-	-	66, -
5. VEGETABLES	"	40, -	-	-	-	40, -	4,30	172, -	172, -
6. FRUIT	"	20, -	-	-	-	20, -	7, -	140, -	140, -
7. JAM	"	1, -	2,500	14,30	35,75	-	-	-	35,75
8. MEAT (BEEF)	"	2, -	4,900	15,75	67,35	-	-	-	67,35
9. SALAMI	"	0,500	0,250	21, -	5,25	-	-	-	5,25
10. FISH	"	1, -	-	-	-	-	-	-	-
11. MILK	lt.	10, -	15, -	1,95	29,25	-	-	-	29,25
12. TABLE CHEESE	Kg.	1,500	1,250	10, -	22,50	-	-	-	22,50
13. EGGS	pieces	25, -	15, -	2, -	30, -	10, -	3, -	30, -	50, -
14. FATS	Kg.	2, -	2, -	16,25	32,50	-	-	-	32,50
15. SEASONING CHEESE	"	0,500	0,500	22,95	11,50	-	-	-	11,50
16. TOMATO SAUCE	"	1, -	-	-	-	1, -	5,40	5,40	5,40

FOOD STUFFS	UNIT	QUANTITIES (standard food budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS			TOTAL EXPENDITURE	
			quantities	price	expenditure	quantities	price		expenditure
1. BREAD	Kg.	45, -	22,500	2,60	58,50	20, -	12, -	240, -	298,50
2. PASTA	"		6, -	3,30	25,50	-	-	-	26,50
RICE	"	10, -	2, -	2,30	4,70	-	-	-	4,60
FLOUR	"		-	-	-	-	-	-	-
3. DRIED BEANS	"	3, -	-	-	-	3, -	20, -	60, -	60, -
4. POTATOES	"	15, -	15, -	4,40	66, -	-	-	-	66, -
5. VEGETABLES	"	40, -	-	-	-	40, -	4,30	172, -	172, -
6. FRUIT	"	20, -	-	-	-	20, -	7, -	140, -	140, -
7. JAM	"	1, -	2,500	14,30	35,75	-	-	-	35,75
8. MEAT (DEEP)	"	2, -	4,900	13,75	67,35	-	-	-	67,35
9. SALAMI	"	0,500	6,250	21, -	5,25	-	-	-	5,25
10. FISH	"	1, -	-	-	-	-	-	-	-
11. MILK	lt.	10, -	15, -	1,95	29,25	-	-	-	29,25
12. TABLE CHEESE	Kg.	1,500	1,250	10, -	22,50	-	-	-	22,50
13. EGGS	pieces	25, -	15, -	2, -	30, -	10, -	3, -	30, -	60, -
14. FATS	Kg.	2, -	2, -	16,25	32,50	-	-	-	32,50
15. SEASONING CHEESE	"	0,500	6,500	22,95	11,50	-	-	-	11,50
16. TOMATO SAUCE	"	1, -	-	-	-	1, -	5,40	5,40	5,40
17. SUGAR	"	1,500	1,500	7,π	11,55	-	-	-	11,55
18. KITCHEN SALT	"	1,500	-	-	-	1,500	3, -	4,50	4,50
19. WINE	lt.	15, -	-	-	-	15, -	6,30	94,50	94,50

TOTAL 401,25 746,40 1,147,65

7/11

MONTHLY STANDARD FOOD BUDGET OF TYPICAL FAMILY  
(consisting of 5 persons - 3,73 consuming unit)

BASIS: 1200 calories daily per consuming unit

FOOD STUFFS	Unit	Gross weight	% net weight	Net weight	No Calories per Kg. net weight	Total calories	REMARKS
1. BREAD	Kg.	45, -	100	45, -	2,765	124,425	gr. 300 daily per person
2. PASTA, RICE, FLOUR	"	10, -	100	10, -	3,400	34,000	gr. 300 weekly "
3. DRIED BEANS	"	3, -	100	3, -	3,500	10,500	gr. 150 " " "
4. POTATOES	"	15, -	95	14,250	600	11,400	gr. 750 " " "
5. VEGETABLES	"	40, -	70	28, -	350	9,800	gr. 250 daily " "
6. FRUIT	"	20, -	80	16, -	500	8,000	gr. 125 " " "
7. JAN	"	1, -	100	1, -	2,300	2,300	gr. 500 monthly per child
8. MEAT (beef)	"	2, -	75	1,550	1,400	2,170	gr. 100 weekly per person
9. SALAMI	"	0,500	100	0,500	4,000	2,000	gr. 100 monthly per person
10. FISH	"	1, -	70	0,700	1,300	910	gr. 50 weekly " "
11. MILK	Lt.	10, -	100	10, -	650	6,500	Lt. 0,10 daily per child
12. TABLE CHEESE	Kg.	1,500	100	1,500	2,000	4,200	gr. 75 weekly per person
13. EGGS pieces n. 25	"	1,325	90	1,190	1,450	1,725	5 pieces monthly per person
14. FATS	"	2, -	100	2, -	0,450	16,900	gr. 15 daily per person
15. SEASONING CHEESE	"	0,500	90	0,450	3,500	1,575	" 100 monthly per person
16. TOMATO SAUCE	"	1,000	100	1,000	650	650	" 200 " " "
17. SUGAR	"	1,500	100	1,500	4,100	6,150	" 10 daily " "
18. KITCHEN SALT	"	1,500	100	1,500	-	-	" 10 " " "
19. WINE	Lt.	15, -	100	15, -	600	9,000	Lt. 0,10 " " "



DAILY CALORIC VALUE OF FOOD-STUFFS ALLOCATED BY FOOD-CARDS

R O M E

MONTH	Nº CALORIES per person	MONTH	Nº CALORIES per person
SEPTEMBER 1942	1,600	JANUARY 1945	760
SEPTEMBER 1943	580	FEBRUARY "	735
OCTOBER "	760	MARCH "	904
NOVEMBER "	620	APRIL "	1,083
DECEMBER "	910	MAY "	935
JANUARY 1944	1,090	JUNE "	935
FEBRUARY "	900	JULY "	859
MARCH "	660	AUGUST "	838
APRIL "	560	SEPTEMBER "	862
MAY "	465	OCTOBER "	854
JUNE "	510	NOVEMBER "	899
JULY "	720	DECEMBER "	
AUGUST "	785		
SEPTEMBER "	750		
OCTOBER "	770		
NOVEMBER "	790		
DECEMBER "	751		

730

NOVEMBER	"	620	APRIL	"	1,083
DECEMBER	"	910	MAY	"	935
JANUARY	1944	1,090	JUNE	"	935
FEBRUARY	"	900	JULY	"	959
MARCH	"	660	AUGUST	"	888
APRIL	"	560	SEPTEMBER	"	862
MAY	"	465	OCTOBER	"	854
JUNE	"	510	NOVEMBER	"	899
JULY	"	720	DECEMBER	"	
AUGUST	"	785			
SEPTEMBER	"	760			
OCTOBER	"	770			
NOVEMBER	"	790			
DECEMBER	"	751			

730

OFFICIAL RETAIL PRICES IN ROME  
(LIRE)

FOOD STUFFS	1942	1 9 4 3					1 9 4 4													
		Sept.	Sapt.	Oct.	Nov.	Dec.	Jan.	Febr.	March.	April	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.
1. BREAD <i>kg.</i>	2,60	2,60	2,60	2,60	2,60	2,60	2,60	2,60	2,60	2,60	3,60	3,80	5,-	5,-	5,-	5,-	5,-	5,-	5,-	5,-
2. PASTA "	3,10	3,10	3,10	3,10	3,10	3,30	3,30	3,30	3,30	3,30	---	---	7,-	7,-	7,-	7,-	7,-	7,-	7,-	7,-
3. RICE "	2,65	2,65	2,65	2,65	4,50	5,-	5,-	7,20	7,60	26,-	25,-	25,-	---	---	---	---	---	---	---	---
4. DRIED BEANS "	5,70	6,50	6,50	6,50	12,-	12,-	12,-	12,-	---	---	30,-	30,-	30,-	30,-	30,-	30,-	30,-	30,-	30,-	30,-
5. POTATOES "	1,70	2,-	2,-	2,-	---	2,90	---	---	---	---	---	---	---	15,-	---	16,-	17,50	18,50	---	
6. VEGETABLES "	4,30	6,20	6,50	4,95	5,45	7,40	13,90	19,50	24,85	19,-	22,85	19,-	16,70	15,65	15,80	15,50	13,10	---	---	
7. FRUIT "	7,-	9,45	10,-	8,50	10,-	12,50	25,-	35,-	40,-	60,-	37,-	33,-	26,70	28,75	25,-	30,-	31,-	---	---	
8. MEAT { BEEF "	14,30	---	20,90	---	---	20,90	---	38,50	---	---	---	---	---	---	---	---	---	145,-	145,-	
9. MEAT { SHEEP "	13,75	23,20	23,20	23,20	26,50	26,-	26,-	---	32,-	---	---	---	---	---	---	---	---	215,-	188,-	
10. MILK <i>lt.</i>	1,95	3,-	3,-	3,-	3,-	5,-	5,-	5,-	5,-	5,-	5,-	5,-	5,-	5,-	5,-	7,-	8,75	15,-	15,-	
11. TABLE CHEESE <i>kg.</i>	18,-	19,60	23,15	23,15	23,15	23,15	38,-	34,50	34,50	34,50	---	---	---	---	---	---	---	95,-	95,-	
12. SEASONING CHEESE <i>kg.</i>	22,95	28,-	28,-	28,-	28,90	---	27,90	27,90	---	---	47,50	47,50	---	100	---	---	---	18,-	---	
13. EGGS <i>each</i>	2,-	3,-	3,-	3,-	4,-	4,-	12,-	9,-	9,-	9,-	9,-	18,-	---	---	---	---	---	39,-	50,30	
14. OIL <i>lt.</i>	13,60	14,80	16,20	16,20	16,20	18,-	19,20	---	---	19,50	26,40	30,-	30,-	---	---	---	---	---	---	
15. BUTTER <i>kg.</i>	27,-	27,-	33,-	33,-	---	52,-	52,-	46,-	46,-	46,-	47,50	40,-	---	---	---	---	---	---	---	
16. SUGAR "	7,70	9,10	12,-	12,-	12,-	12,-	12,-	25,-	25,-	25,-	25,-	15,-	16,25	---	15,-	---	---	185	185,-	
17. TOMATO SAUCE "	9,30	---	9,30	10,30	10,30	---	---	13,-	---	---	---	---	---	---	---	---	---	---	---	
18. WINE <i>lt.</i>	6,30	18,-	20,-	20,-	20,-	20,-	21,-	25,40	32,20	40,-	60,-	80,-	77,-	40,-	40,-	40,-	40,-	45	38,50	

OFFICIAL RETAIL PRICES IN ROME  
(LIRE)

3			1 9 4 4										1 9 4 3						
Nov.	Dec.	Jan.	Febr.	March.	April	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.	Jan.	Febr.	March	April	May	June
2,60	2,60	2,60	2,60	2,60	2,60	2,60	3,60	3,80	5,-	5,-	5,-	5,-	5,-	5,-	5,-	13,30	18	18	18
3,10	3,10	3,30	3,30	3,30	3,30	3,30	--	--	7,-	7,-	7,-	7,-	7,-	7,-	7,-	17,30	22,30	22,50	22,50
2,65	4,50	5,-	5,-	7,20	7,60	26,-	25,-	25,-	--	--	--	--	--	--	--	--	--	--	--
6,50	12,-	12,-	12,-	12,-	--	--	30,-	30,-	30,-	30,-	30,-	30,-	30,-	30,-	30,-	--	--	95	--
2,-	--	2,90	--	--	--	--	--	--	--	15,-	--	16,-	17,50	18,50	--	--	--	--	--
4,95	5,45	7,40	13,90	19,50	24,85	19,-	22,85	19,-	16,70	15,65	15,80	15,50	13,10	--	17,75	17,10	14,25	29	--
8,50	10,-	12,50	25,-	35,-	40,-	60,-	37,-	33,-	26,70	28,75	25,-	30,-	31,-	--	35,10	40,40	37,40	36	--
--	--	20,90	--	38,50	--	--	--	--	--	--	--	--	145,	145	--	170	185	--	--
23,20	26,50	26,-	26,-	--	32,-	--	--	--	--	--	--	--	215,	183	187,50	--	505	410	307
--	33,-	31,-	30,50	31,-	52,70	54,50	55,55	--	--	--	--	--	--	--	--	--	--	340	--
3,-	3,-	5,-	5,-	5,-	5,-	5,-	5,-	5,-	5,-	5,-	7,-	8,75	15,-	15,-	15,-	15	20	30	30
23,15	23,15	23,15	38,-	34,50	34,50	34,50	--	--	--	--	--	--	--	--	--	--	--	--	--
28,-	28,90	--	27,90	27,90	--	--	47,50	47,50	--	100	--	--	95,-	95,-	95,-	--	--	--	--
3,-	4,-	4,-	12,-	9,-	9,-	9,-	9,-	18,-	--	--	--	--	18,-	--	--	--	--	21	--
16,20	16,20	18,-	19,20	--	--	19,50	26,40	30,-	30,-	--	39	--	39,-	50,30	73,-	75	75	75	77,50
33,-	33,-	52,-	52,-	46,-	46,-	46,-	47,50	40,-	--	--	--	--	--	--	--	--	--	--	--
12,-	12,-	12,-	12,-	25,-	25,-	25,-	25,-	15,-	16,25	--	15,-	--	--	16,40	16,50	--	20	20	--
10,30	10,30	--	--	13,-	--	--	--	--	--	--	--	--	185	185,-	--	226	215	207	224
20,-	20,-	20,-	21,-	25,40	32,20	40,-	60,-	80,-	77,-	40,-	40,-	40	45	38,50	34,50	40	40	40	40







**LABOUR SUB-COMMISSION - ALLIED COMMISSION**  
**FOOD COST IN ROME AND IN NORTHERN ITALY**  
**JULY 1945**

FOOD PRICES & FOOD COST	ROME		NORTHERN ITALY								
			MODENA (EMILIA)	PADOVA (VENETIE)		PARMA (EMILIA)		PIACENZA (EMILIA)		TORINO (PIEMONTE)	
1. <u>Nº CALORIES DAILY PER PERSON</u> DISTRIBUTED BY FOOD CARDS.	959		2,389		542		1,006		1,166		700
2. <u>PRICES</u>	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL
A) BREAD	18	117 -	6	35	5	15	7	20	6	15	5
B) BEEF	302	396	70	150	-	177	70	200	75	350	-
C) EGGS	-	23	10	20	-	17.50	20	-	15	-	18.40
D) CHEESE	-	587	27.00	375	62	235	57.50	350	49.25	300	-
E) FATS	80	427	91	616	57	640	82	550	75	500	116
F) SUGAR	27.50	750	10	450	23	270	31.50	600	30	-	60.50
G) TOMATO PASTE	224	225	-	150	-	214.50	26	150	20.50	-	84
H) KITCHEN SALT	20	45	60	150	7	240	75	200	35	-	1.50
3. <u>MONTHLY FOOD EXPENDITURE OF A TYPICAL</u> <u>FAMILY CONSISTING OF 5 PERSONS = 3,73</u> <u>CONSUMING UNITS. BASIS: 2,200</u> <u>CALORIES DAILY PER CONSUMING UNIT.</u>											
I - A) CEREALS, VEGETABLES, FRUIT LIVE	4,754.95		2,945		2,061.80		1,936.25		2,120.40		3,400
B) MEAT, FISH & DAIRY PRODUCTS "	3,084.50		1,493.50		1,467.70		1,729.50		1,974		2,100
C) SEASONINGS & SUGAR "	1,368.15		2,125		1,595.65		1,750.70		1,117.60		1,500
D) WINE "	600		202.50		1,200		900		1,125		1,200
<b>TOTAL LIVE</b>	<b>9,829.60</b>		<b>6,766.40</b>		<b>6,328.15</b>		<b>6,356</b>		<b>6,342</b>		<b>8,700</b>
II - A) PURCHASED BY FOOD CARDS L.	1,454.35		827.55		519.70		576.50		1,653		600
B) PURCHASED WITHOUT FOOD CARDS L.	8,375.25		5,938.75		5,808.45		5,779.50		4,674		8,100
<b>TOTAL LIVE</b>	<b>9,829.60</b>		<b>6,766.40</b>		<b>6,328.15</b>		<b>6,356</b>		<b>6,342</b>		<b>8,700</b>

COMMISSION - ALLIED COMMISSION  
FOOD COST IN ROME AND IN NORTHERN ITALY  
 JULY 1945

SOURCE OF INFORMATION: REPORTS OF PRICES RECEIVED FROM LEGAL OFFICES IN NORTHERN DISTRICTS WORKED OUT TO STANDARD FOOD BUDGET FOR A TYPICAL FAMILY.

NORTHERN ITALY															
BLACK MARKET	PADOVA (VENETIE)		PARMA (EMILIA)		PIACENZA (EMILIA)		TORINO (PIEMONTE)		TRENTO (VENETIE)		TREVISO (VENETIE)		GENOVA (LIGURIA)		IMPERIA (LIGURIA)
	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL
35	5	15	7	20	8	15	5	40	6	30	5	30	5.50	24	5.40
150	-	177	70	200	75	350	-	452	-	440	77	200	170	460	-
20	-	17.50	20	-	10	-	10.40	-	-	10	20	-	20	-	-
375	62	235	57.50	350	49.25	300	-	507	-	750	-	437	72	500	170
616	57	610	82	550	75	500	116	725	50	650	36.20	750	82	700	-
450	25	270	31.50	600	30	-	68.50	950	30	400	29	350	24.65	700	38
130	-	214.50	25	130	20.50	-	84	245.50	-	300	-	300	-	247	-
150	7	240	75	200	35	-	1.50	140	10	300	-	260	-	122	102
		2,061.60		1,936.35		2,120.40		3,671		2,603.80		2,370		4,271.60	5,394.30
		1,467.70		1,729.50		1,974		2,175.50		2,942.50		1,353.10		2,394.95	2,457.30
		1,590.05		1,750.25		1,117.60		1,617.50		193.65		2,067.70		2,648.45	2,791.50
		1,200		900		1,125		1,200		800		1,600		1,200	1,500
		6,328.15		6,356		6,342		8,723.45		8,339.65		7,620.80		10,515	12,143.20
		519.70		376.50		1,663		644.25		345.05		611.10		491.75	413.25
		5,806.45		5,779.50		4,674		8,079.20		7,094.60		6,979.70		10,030.25	11,729.90
		6,328.15		6,356		6,342		8,723.45		8,339.65		7,620.80		10,515	12,143.20

COMMISSION

SOURCE OF INFORMATION: REPORTS OF PRICES RECEIVED FROM LOCAL OFFICES IN NORTHERN DISTRICTS WORKED OUT TO STANDARD FOOD BUDGET FOR A TYPICAL FAMILY.

NORTHERN ITALY														
EMILIA	PARACENZA (EMILIA)		TORINO (PIEMONTE)		TRENTO (VENETIA)		TREVISO (VENETIA)		GENOVA (LIGURIA)		IMPERIA (LIGURIA)		SAVONA (LIGURIA)	
	1,108		756		666		857		1,908		996		1,011	
BLACK MARKET	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET
20	6	15	5	49	6	30	5	20	5.50	73	5.40	110	5.60	80
200	75	380	-	432	-	440	77	280	170	450	-	361	174	345
-	19	-	19.40	-	-	40	10	20	-	20	-	19	-	18
350	19.25	300	-	507	-	750	-	437	72	580	170	-	199	-
550	75	500	116	728	58	650	56.20	750	82	709	-	607	64.50	-
600	30	-	68.50	950	30	400	29	590	24.65	700	38	-	63	-
130	20.30	-	84	245.70	-	300	-	300	-	247	-	357	-	-
200	35	-	1.50	140	10	300	-	200	-	122	102	102	-	100
836.25	2,120.40		3,671		2,601.50		2,370		4,771.60		5,394.50		5,931.60	
729.50	1,974		2,178.50		2,942.90		1,635.10		2,391.95		2,457.35		1,790.05	
720.25	1,117.60		1,671.25		1,193.65		2,047.70		2,648.45		2,791.55		1,481.75	
900	1,125		1,200		900		1,680		1,200		1,500		903	
856	6,342		8,723.45		8,339.65		7,620.00		10,515		12,143.20		8,106.60	
976.50	1,665		844.25		345.05		611.10		484.75		413.25		1,013.40	
779.90	4,674		8,079.20		7,994.60		6,976.70		10,030.25		11,729.35		7,093.20	
886	6,342		8,723.45		8,339.65		7,620.00		10,515		12,143.20		8,106.60	

Scope

Labour Sub-Commission - Allied Commission

Food cost in Rome and in Northern Italy  
July 1945

Food prices & food cost	Rome		6		2		Northern Italy		2		2		L
	Legal	Black market	Legal	Black market	Legal	Black market	Legal	Black market	Legal	Black market	Legal	Black market	
1. 112 calories daily per person distributed by food cards	959		2.389		942		1.006		1.106		756		
2. Prices													
a) Bread	18	117	6	35	5	15	7	20	6	15	5	29	6
b) Beef	302	396	70	150	-	177	70	200	75	350	-	432	-
c) Eggs	-	23	10	20	-	17,50	20	-	18	-	18,40	-	-
d) Cheese	-	587	27,80	375	62	235	57,50	350	69,25	300,-	-	507	-
e) Fats	80	427	91,-	616	57	610	82,-	550	73	500	116	725	59
f) Sugar	27,50	750	18	450	23	270	31,50	600	30	-	68,50	950	30
g) Tomato paste	224	225	-	130	-	214,50	26,-	130	20,50	-	84,-	243,50	-
h) Kitchen salt	20,-	45	60	150	7	240,-	75,-	200	35,-	-	1,50	140,-	10
3. Monthly food expenditure of typical family (consisting of 5 persons - 3,73 persons) Basis: 2,200 calories daily per consuming unit													
I a) Cereals, vegetables, fruit etc	4.756,95		2.945,-		2.061,80		1.936,25		2.120,40		3.671,-		2
b) Meat, fish & dairy products "	3.084,50		1.493,90		1.467,70		1.729,50		1.974,-		2.176,50		2
c) Tea/coffee & sugar "	1.388,15		2.125,-		1.598,65		1.790,25		1.117,60		1.675,95		2
d) Wine "	600,-		202,50		1.200,-		900,-		1.125,-		1.200,-		
Total I	9.829,60		6.766,40		6.328,15		6.356,-		6.342		8.723,45		8
II a) Purchased by food cards etc	1.454,35		827,65		519,70		576,50		1.663		644,25		
b) Purchased without food cards "	8.375,25		5.938,75		5.808,45		5.779,50		4.674		8.079,20		7
Total II	9.829,60		6.766,40		6.328,15		6.356,-		6.342		8.723,45		8

Labour Sub-Commission - Allied Commission  
Food cost in Rome and in Northern Italy  
July 1945

Source of information:  
 Reports of prices received from Labour Office in Northern districts  
 Worked out to standard food budget for a typical family

Cost	Rome		Modena (Emilia)		Padova (Venetia)		Parma (Emilia)		Piacenza (Emilia)		Torino (Piedmont)		Varese (Venetia)		Treviso (Venetia)		Genoa (Liguria)		Imperia (Liguria)		
	Legal	Black market	Legal	Black market	Legal	Black market	Legal	Black market	Legal	Black market	Legal	Black market	Legal	Black market	Legal	Black market	Legal	Black market	Legal	Black market	
Person cards	759		2,389		942		1,006		1,106		756		666		857		1,000		906		
	18	117	6	35	5	15	7	20	6	15	5	29	6	30	5	20	5,50	74	5,40	110	5
	302	396	70	150	-	177	70	200	75	350	-	432	-	640	77	280	170	450	-	361	17
	-	23	10	20	-	17,50	20	-	18	-	18,40	-	18	10	20	-	20	-	19	-	
	-	587	27,80	375	62	235	57,50	350	69,25	300,-	-	507	-	750	-	437,80	72	580	170	-	19
	80	427	91,-	616	57	610	82,-	350	73	500	116	725	59	650	30,20	750	82	709	-	607	64
	27,50	750	18	450	23	270	31,50	600	30	-	68,50	950	30	400	29	550	24,65	700	38	-	68
	224	225	-	130	-	214,50	26,-	130	20,50	-	84,-	243,50	-	300	-	300	-	247	-	357	-
	20	45	60	150	7	240,-	75,-	200	35,-	-	1,50	140,-	10	300	-	260	-	122	-	102	-
Line	4,756,95		2,945,-		2,061,80		1,936,25		2,120,40		3,671,-		2,603,50		2,370,-		4,271,60		5,394,30		30
"	3,084,50		1,693,90		1,467,70		1,729,50		1,974,-		2,176,50		2,942,50		1,523,10		2,394,95		2,457,35		17
"	1,388,15		2,125,-		1,598,65		1,790,25		1,117,60		1,675,95		2,193,65		2,067,70		2,648,45		2,791,55		12
"	600,-		202,50		1,200,-		900,-		1,125,-		1,200,-		600,-		1,650,-		1,200,-		1,500,-		9
Total line	9,829,60		6,766,40		6,328,15		6,356,-		6,342		8,723,45		8,339,65		7,620,80		10,515		12,143,20		81
Line	1,454,35		827,65		519,70		576,50		1,663		644,25		345,05		641,10		484,75		413,25		10
"	8,375,25		5,938,75		5,808,45		5,779,50		4,674		8,079,20		7,994,60		6,979,70		10,030,25		11,729,95		70
Total line	9,829,60		6,766,40		6,328,15		6,356,-		6,342		8,723,45		8,339,65		7,620,80		10,515		12,143,20		81

Additional data concerning unit

**MONTHLY COST OF FOOD IN DISTRICTS IN ITALY**  
 (BASED ON ITALIAN COST OF LIVING FIGURES AVAILABLE IN 1945)

LABOUR SUB COMMISSION

**SOURCE:**  
 EXCEPT WHEN MARKED \* FIGURES PROVIDED BY ISTITUTO CENTRALE DI STATISTICA - ROME. FIGURES MARKED \* FROM REPORTS FROM LABOUR OFFICES.

**FIGURES:**  
 LIRE COST.

**FAMILY:**  
 TYPICAL FAMILY OF 5 PERSONS (3.75 CONSUMING UNITS)

**BASIS:** 2,200 CALORIES DAILY PER CONSUMING UNIT.

REGION	CITY	1938	1940	M I D 1945	REGION	CITY	1938	1940	M I D 1945	
<u>PIEDMONT</u>	TURINO			10417 *	<u>ABRUZZI</u>	AQUILA	379		9560	
	VERCELLI			11292 *		AVELLINO			9546	
<u>LIGURIA</u>	GENOA			10515 *	<u>CAMPANIA</u>	BENEVENTO			9448	
						NAPOLI	394		10067	
<u>LOMBARDIA</u>	MILANO		514 *	11822 *		SALERNO			9985	
					<u>FUGLIE</u>	BARI	337		8731	
<u>VENEZIE</u>	PADOVA			6997 *		BRINDISI			9619	
	VENEZIA			9867 *		FOGGIA			8036	
	VERONA			6372 *		LECCE			8487	
	VICENZA			8188 *		TARANTO			9800	
	BOLZANO			6268 *		<u>CALABRIE</u>	CATANZARO			8261
TRENTO			8340 *	REGGIO C.			371		6134	
<u>EMILIA</u>	BOLOGNA		485 *	7962 *	<u>LUCANIA</u>		POTENZA	349		8973
	MODENA		451 *	6299 *		<u>SICILY</u>	PALERMO	364		8973
	PARMA		440 *	5223 *	<u>SARDEGNA</u>		CAGLIARI	408		8216
<u>TUSCANY</u>	AREZZO			9886			NUORO			8808
	FIRENZE	426		11917			SASSARI			8964
	LIVORNO			10638						
	PISA			10792						
<u>MARCHE</u>	ANCONA			7783						
<u>LAZIO</u>	FROSINONE			11776						
	LATINIA			10574						
	RIETI			10811						
	ROME	449 *	515 *	9885 *						
	VITERBO			11807						



**LABOUR SUB-COMMISSION - ALLIED COMMISSION**  
**FOOD COST IN ROME AND IN NORTHERN ITALY**  
**JUNE 1945**

FOOD PRICES & FOOD COST	ROME		NORTHERN ITALY									
			BOLOGNA (EMILIA)		BOLZANO (VENETO)		PARMA (EMILIA)		TURIN (PIEMONTE)		VERONA (VENETO)	
<b>1. NO CALORIES DAILY PER PERSON DISTRIBUTED BY FOOD CARDS.</b>	905		1,029		957		1,053		885		1,000	
<b>PRICES</b>	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET	LEGAL	BLACK MARKET
A) BREAD PER KG LITE	18	92	6	30	4.50	70	4.50	20	4	56	5	5
B) BEEF " " "	307	547	70	500	52.50	250	70	200	-	300	69.50	69.50
C) EGGS EACH "	-	22	25	-	7.50	16	4.70	20	16	-	20	20
D) CHEESE PER KG "	-	736	60	525	60	250	58	275	57.50	555	65.25	65.25
E) FATS " " "	77.50	373	61.25	1,200	66.50	825	74	550	47	682	70	70
F) SUGAR " " "	-	633	34.50	550	25.70	350	29.40	450	-	920	26	26
G) TOMATO PASTE " " "	224	285	37	150	120	-	60	120	-	236	-	-
H) KITCHEN SALT " " "	12	40	10	480	10	250	75	200	-	140	-	7.25
<b>3. MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY CONSISTING OF 5 PERSONS = 3.75 CONSUMING UNITS. BARRIS 2,200 CALORIES DAILY PER CONSUMING UNIT.</b>												
I - A) CEREAL, VEGETABLES, FRUIT, LITE	4,315.50		3,378		2,960		1,632.50		4,121.80		4,121.80	
B) MEAT, FISH AND DAIRY PRODUCTS "	3,099		1,366		1,295		1,051.50		1,602		1,602	
C) SEASONING AND SPICES "	1,850.30		2,468.95		1,413.10		1,639.60		3,183.30		3,183.30	
D) WINE "	600		750		600		900		1,200		1,200	
TOTAL LITE	9,865.40		7,962.95		6,268.10		5,223.60		10,417.70		10,417.70	
II - A) PURCHASED BY FOOD CARDS L.	2,614.40		965.70		591.10		686.10		336.35		336.35	
B) PURCHASED WITHOUT FOOD CARDS L.	7,251		6,997.25		5,677		4,537.50		10,081.35		10,081.35	
TOTAL LITE	9,865.40		7,962.95		6,268.10		5,223.60		10,417.70		10,417.70	

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Labour Sub-Commission - Allied Commission

FOOD COST IN ROME AND IN NORTHERN ITALY

APRIL 1945

Source of Information  
= Reports of  
officers in  
worked out  
food budget  
family

FOOD - PRICES & FOOD COST	ROME		NORTHERN ITALY											
			BOLOGNA		MODENA		PARMA		REGGIO EMILIA		MANTOVA		MILANO	
1. <u>Nº CALORIES DAILY PER PERSON DISTRIBUTED BY FOOD-CARDS:</u>	1,083		1,115		1,220		710		1,180		1,050		836	
2. <u>BLACK MARKET PRICES:</u>			OFFICIAL	NON OFFICIAL	OFFICIAL	NON OFFICIAL	OFFICIAL	NON OFFICIAL	OFFICIAL	NON OFFICIAL	OFFICIAL	NON OFFICIAL	OFFICIAL	NON OFFICIAL
A) BREAD PER KG	18	165	6	30	2,10	17	4,50	-	3,50	-	4,50	30	5	40
B) BEEF " "	505	880	-	400	50	160	-	-	60,-	110	50	150	85	600
C) EGGS EACH	-	26	-	26	-	17	-	-	-	13	-	20	-	20
D) CHEESE PER KG	-	750	-	320	30	300	-	-	55,-	275	40	275	45	350
E) FATS " "	75	430	-	1100	37	1100	65,50	350	61,60	300	70	800	65	800
F) SUGAR " "	20	1200	-	750	32,10	700	29,	550	38,-	380	24	300	27,50	600
G) TOMATO PASTE " "	215	360	-	200	21	100	-	-	36,-	110	50	150	85	250
H) KITCHEN SALT " "	12	70	-	400	-	400	-	145	14,-	185	1,40	500	-	600
3. <u>MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY (CONSISTING OF 5 PERSONS= 3,75 CONSUMING UNITS) BASIS : 2,200 CALORIES DAILY PER CONSUMING UNIT.</u>														
A. A) CEREALS, VEGETABLES, FRUIT LINE		6100,55		6125 -		2750,65		1228,35		972,50		2797,50		5175 -
B) MEAT, FISH, DAIRY PRODUCTS "		3201, -		2705 -		1400 -		818,20		1240 -		855 -		2678 -
C) SEASONING AND CHEESE "		2315, -		4360 -		1825,75		1423,80		667,95		1470,60		2510,75
D) WINE "		600 -		630 -		310,75		255 -		180 -		375 -		1350 -
LINE		12296,55		13820 -		6296,15		3728,45		3060,45		5548,10		11821,75
B. A) PURCHASED BY FOOD-CARDS LINE		1080,55		135 -		312,30		247,55		699,20		900,10		461,75
B) PURCHASED WITHOUT FOOD-CARDS "		11216, -		13685, -		5982,25		3480,90		2361,25		4640, -		11360, -
TOTAL "		12296,55		13820, -		6296,15		3728,45		3060,45		5548,10		11821,75

Labour Sub-Commission - Allied Commission

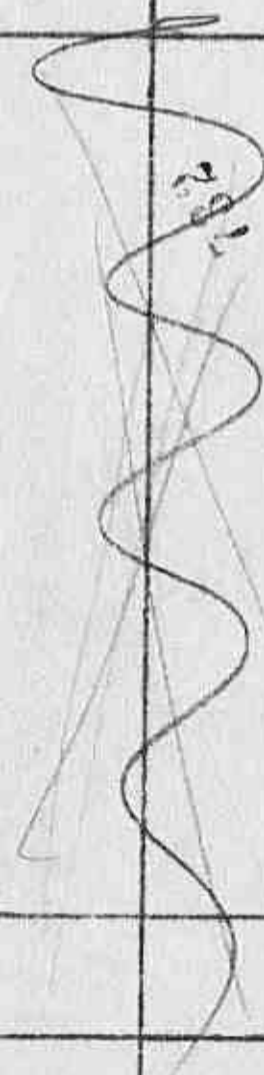
FOOD COST IN ROME AND IN NORTHERN ITALY

APRIL 1945

Source of Information:

= Reports of prices received from labour officers in Northern districts worked out to standard food budget for typical family

PRICES & FOOD COST	ROME		NORTHERN ITALY											
			BOLOGNA		MODENA		PARMA		REGGIO EMILIA		NANTOVA		MILANO	
<u>EXPENSES DAILY PER PERSON DISTRIBUTED</u>	1,083		1,413		1,228		710		1,480		1,000		836	
<u>UNIT PRICES:</u>														
	OFFICIAL	NON OFFICIAL	OFFICIAL	NON OFFICIAL	OFFICIAL	NON OFFICIAL	OFFICIAL	NON OFFICIAL	OFFICIAL	NON OFFICIAL	OFFICIAL	NON OFFICIAL	OFFICIAL	NON OFFICIAL
PER KG	18	143	6	30	2,10	17	4,50	-	3,50	-	4,50	30	5	40
" "	505	880	-	420	50	150	-	-	60,-	110	50	150	85	600
EACH	-	24	-	26	-	17	-	-	-	13	-	20	-	20
PER KG	-	730	-	320	30	300	-	-	55,-	275	40	275	45	350
" "	75	430	-	1100	37	1100	65,50	350	61,60	300	70	600	65	600
" "	20	1200	-	750	32,10	700	29,-	350	38,-	380	24	300	27,50	800
TO PASTE	215	550	-	200	21	100	-	-	36,-	110	50	150	85	250
WHEN SALT	12	70	-	400	-	400	-	145	14,-	185	1,50	500	-	600
<u>FOOD EXPENDITURE OF A TYPICAL FAMILY</u>														
<u>GROUP OF 5 PERSONS - 3,75 CONSUMING</u>														
<u>ON BASIS: 2,200 CALORIES DAILY PER</u>														
<u>UNIT.</u>														
MEATS, VEGETABLES, FRUIT	LIRE	6100,55	6125	-	2750,65		1220,35		972,50		2737,50		5275	-
FISH, DAIRY PRODUCTS	"	3381,-	2705	-	1400	-	819,20		1210	-	955	-	2678	-
EGGS AND CHEESE	"	2315,-	4380	-	1825,75		1425,90		667,95		1420,80		2518,75	
	"	600	630	-	310,75		255	-	100	-	375	-	1350	-
	LIRE	12296,55	13820	-	6295,15		3728,45		3060,45		5548,10		11821,75	
PAID BY FOOD-CARDS	LIRE	1880,55	155		312,30		247,55		699,20		508,10		461,75	
PAID WITHOUT FOOD-CARDS	"	10416,-	13665,-		5982,85		3480,90		2361,25		4940,-		11360,-	
<b>TOTAL</b>	"	12296,55	13820,-		6295,15		3728,45		3060,45		5548,10		11821,75	



**FOOD COST IN ROME AND IN NORTHERN ITALY**

	ROME	NORTHERN ITALY					
		BOLOGNA	MODENA	PARMA	EMILIA	MONTOVA	MILAN
<b>1. N° CALORIES DAILY PER PERSON DISTRIBUTED BY FOOD-CARDS (OF 500 OF MICHM MONTHLY)</b>	75	75	75	75	75	75	75
<b>C. RETAIL PRICES OF:</b>							
A) BREAD	PER KG	2.40	2.55	2.35	2.40	2.10	2.25
B) BEEF	" "	19 -	13.20	11.20	9.80	10 -	12.40
C) EGGS	EACH	0.70	0.60	0.60	0.60	0.60	0.55
D) CHEESE	PER KG	15.90	16.50	16 -	16.85	15.60	16.40
E) FORTS	" "	13.60	13.60	12.80	13.20	12.70	13.20
F) SUGAR	" "	7.20	7.25	7.30	7.30	7.30	7.30
G) TOMATO PASTE	" "	6 -	7 -	6.15	6 -	5.55	6 -
H) KITCHEN SALT	" "	1 -	1 -	1 -	1 -	1 -	1 -
<b>3. MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY (CONSISTING OF 5 PERSONS= 3.75 CONSUMING UNITS) BASIS: 2,200 CALORIES DAILY PER CONSUMING UNIT</b>							
<b>A.</b>							
A) CEREALS, VEGETABLES AND FRUIT	LINE	304.90	287.55	279.20	270 -	254 -	269.05
B) MEAT, FISH, DAIRY PRODUCTS	"	107.45	94.85	85.15	87.15	84 -	84.40
C) SEASONING AND SUGAR	"	61.85	63.05	61.00	61.65	59.80	60.40
D) WINE	"	40.50	39 -	27 -	30.20	27 -	30 -
<b>TOTAL</b>	LINE	514.70	484.85	450.55	449 -	424.80	443.85
<b>B.)</b>							
A) BY FOOD-CARDS	LINE	18 -	18.10	18.25	18.25	18.25	18.25
B) WITHOUT FOOD CARDS	"	496.70	466.75	432.30	430.75	406.55	425.60
<b>TOTAL</b>	"	514.70	484.85	450.55	449 -	424.80	443.85

**FOOD COST IN ROME AND IN NORTHERN ITALY**

		ROME	NORTHERN ITALY						
			BOLOGNA	MODENA	PARMA	PERUGIA	PIACENZA		
PER DISTRIBUTED (SUGAR MONTHLY)		75	75	75	75	75	75	75	
PER KG		2.40	2.50	2.35	2.40	2.10	2.25	2.45	
" "		19 -	13.00	11.20	9.80	10 -	12.10	16.90	
EACH		0.70	0.60	0.60	0.60	0.80	0.55	0.65	
PER KG		15.90	16.50	16 -	16.05	15.60	16.40	17 -	
" "		13.60	13.60	12.80	13.20	12.70	13.20	13.40	
" "		7.20	7.25	7.30	7.30	7.30	7.30	7.25	
" "		6 -	7 -	6.15	6 -	5.55	6 -	6.45	
" "		1 -	1 -	1 -	1 -	1 -	1 -	1 -	
<b>OF A TYPICAL FAMILY</b>									
<b>3.75 CONSUMING</b>									
<b>LOTTES DAILY PER</b>									
FRUIT	LINE	304.90	287.93	279.26	270 -	254 -	259.05	305.65	
VEGETABLES	"	107.45	94.85	83.35	87.15	84 -	84.40	111.53	
"	"	61.85	63.58	61.00	61.65	59.80	60.40	62.65	
"	"	40.50	39 -	27 -	30.20	27 -	30 -	33.75	
	LINE	514.70	484.85	450.55	449 -	424.80	443.85	513.60	
	LINE	18 -	18.10	18.25	18.25	18.25	18.25	18.10	
	"	496.70	466.75	432.30	430.75	406.55	425.60	495.70	
	"	514.70	484.85	450.55	449 -	424.80	443.85	513.60	

**FOOD COST IN ROME AND IN NORTHERN ITALY**

APRIL 1945

FOOD - PRICES & FOOD COST	ROME	NORTHERN ITALY					
		BOLOGNA	MODENA	PARMA	REGGIO EMILIA	TREVISO	
1. <u>N° CALORIES DAILY PER PERSON DISTRIBUTED BY FOOD-CARDS:</u>	1,083	413	1,226	710	1,480	1,050	
2. <u>BLACK-MARKET PRICES:</u>							
A) BREAD PER KG	143	30	17	-	-	30	
B) BEEF " "	850	400	160	-	110	150	
C) EGGS EACH	24	26	17	-	13	20	
D) CHEESE PER KG	730	320	300	-	275	275	
E) FATS " "	430	1100	1100	350	300	600	
F) SUGAR " "	1200	750	700	550	350	300	
G) TOMATO PASTE " "	360	200	100	-	110	150	
H) KITCHEN SALT " "	70	400	400	145	165	300	
3. <u>MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY (CONSISTING OF 5 PERSONS- 3.75 CONSUMING UNITS) BASIS : 2,200 CALORIES DAILY PER CONSUMING UNIT.</u>							
A. A) CEREALS, VEGETABLES, FRUIT LINE	6100,55	6120 -	2750,65	1229,55	972,50	2797,50	
B) MEAT, FISH, DAIRY PRODUCTS "	3281, -	2705 -	1400 -	818,20	1240 -	585 -	
C) SEASONING AND CHEESE "	2315, -	4300 -	1825,75	1425,90	607,95	1420,60	
D) WINE "	600 -	630 -	318,75	255 -	180 -	375 -	
	LINE	12296,55	13680 -	6295,15	3728,45	3060,45	5548,10
B. A) PURCHASED BY FOOD-CARDS LINE	1880,55	135 -	342,90	247,55	699,20	508,10	
B) PURCHASED WITHOUT FOOD-CARDS "	18416, -	13645, -	5952,25	3480,90	2361,25	4040, -	
	TOTAL	12296,55	13680, -	6295,15	3728,45	3060,45	5548,10

**FOOD COST IN ROME AND IN NORTHERN ITALY**

APRIL 1945

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COST	ROME	NORTHERN ITALY						
		BOLGONA	FERRARA	PARMA	REGGIO EMILIA	RAVENNA	MILANO	
PERSONS DISTRIBUTED	1,005	415	1,228	710	1,480	1,050	836	
PER KG	143	30	17	-	-	30	40	
" "	850	400	180	-	110	150	600	
EACH	28	26	17	-	13	30	20	
PER KG	750	320	300	-	275	275	330	
" "	430	1100	1100	350	300	600	800	
" "	1200	750	700	350	380	300	600	
" "	360	200	100	-	110	150	250	
" "	70	400	400	145	185	300	600	
<b>OF A TYPICAL FAMILY</b>								
<b>3.75 CONSUMING</b>								
<b>CALORIES DAILY PER</b>								
FRUIT	LIRE	8100,55	6128 -	2750,68	1228,39	972,50	2797,50	5275 -
VEGETABLES	"	3281, -	2705 -	1400 -	818,20	1240 -	955 -	2678 -
"	"	2315, -	4380 -	1928,75	1428,90	667,95	1420,60	2518,75
"	"	600 -	630 -	318,75	255 -	180 -	375 -	1380 -
	LIRE	12296,55	13843 -	6295,18	3724,49	3060,45	5548,10	11821,75
MEATS	LIRE	1880,55	135 -	342,30	247,58	693,20	908,10	461,75
EGGS	"	16414, -	13885, -	5982,25	3480,30	2361,25	4840, -	11360, -
<b>TOTAL</b>	"	12296,55	13843, -	6295,18	3724,49	3060,45	5548,10	11821,75



MONTHLY FOOD EXPENDITURE AT BLACK MARKET OF A TYPICAL FAMILYas at 1 - 15 MAY 1945

(consisting of 5 persons = 3,73 consuming units)

BASIS: 2.200 calories daily per consuming unit

Food Stuffs	Unit	Quantities	TURIN		MILAN		ROME	
			B.M. price L.	Expenditure L.	B.M. price L.	Expenditure L.	B.M. price L.	Expend. L.
Bread	Kg.	50,-	80,-	4.000	40,-	2.000	100	5.00
Pasta-rice-flour	"	12,-	58,-	696	40,-	480	105	1.26
Potatoes	"	30,-	90,-	2.700	30,-	900	35	1.05
Fruit	"	20,-	40,-	800	60,-	1.200	70	1.40
Jam	"	1,-	200,-	200	250,-	250	350	35
Meat	"	3,-	700,-	2.100	600,-	1.800	850	2.55
Eggs	piece	25,-	17,-	425	20,-	500	23	57
Cheese	Kg.	3,-	700,-	2.100	225,-	675	857	2.57
Fats	"	2,50	950,-	2.375	750,-	1.875	400	1.00
Sugar	"	2,50	800,-	2.000	600,-	1.500	950	2.37
Salt	"	1,500	300,-	450	600,-	900	50	7
TOTAL				17.846		12.080		18.20

MONTHLY FOOD EXPENDITURE AT BLACK MARKET OF A TYPICAL FAMILY  
as at 1 - 15 MAY 1945

(consisting of 5 persons = 3,73 consuming units)

BASIS: 2.200 calories daily per consuming unit

Food Stuffs	Unit	Quantities	T U R I N		M I L A N		R O M E	
			B.M. price L.	Expenditure L.	B.M. price L.	Expenditure L.	B.M. price L.	Expenditure L.
Bread	Kg.	50,-	80,-	4.000	40,-	2.000	100	5.000
Pasta-rice-flour	"	12,-	58,-	696	40,-	480	105	1.260
Potatoes	"	30,-	90,-	2.700	30,-	900	35	1.050
Fruit	"	20,-	40,-	800	60,-	1.200	70	1.400
Jam	"	1,-	200,-	200	250,-	250	350	350
Meat	"	3,-	700,-	2.100	600,-	1.800	850	2.550
Eggs	piece	25,-	17,-	425	20,-	500	23	575
Cheese	Kg.	3,-	700,-	2.100	225,-	675	857	2.571
Fats	"	2,50	950,-	2.375	750,-	1.875	400	1.000
Sugar	"	2,50	800,-	2.000	600,-	1.500	950	2.375
Salt	"	1,500	300,-	450	600,-	900	50	75
T O T A L				17.846		12.080		18.206

1814