

ACC 10000/146/276 L.S.C./1216 Food Cost - Como

AUG. - OCT. 1945

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MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY
(consisting of 5 persons = 3.75 consuming unites)

BASIS: 2.200 calories daily per consuming unit

COM

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS			PURCHASED WITH	
			quantities	price £.	expenditure £.	quantities	price £.
Bread	Eg.	45.=	33.==	18.=	594.=	12.=	70
Pasta	"	--	4.750	23.=	109.25	--	--
Rice	"	10.=	2.500	29.=	72.50	2.750	45
Flour	"	--	--	--	--	--	--
Dried beans	"	3.=	--	--	--	3.=	100
Potatoes	"	15.=	--	--	--	15.=	32
Vegetables	"	40.=	--	--	--	40.=	37
Fruit	"	20.=	--	--	--	20.=	76
Jam	"	1.=	0.600	200.=	120.=	0.400	350
Meat (beef)	"	2.=	2.==	275.=	550.=	--	--
Salumi (pork)	"	0.500	--	--	--	0.500	600
Fish	"	1.=	--	--	--	1.=	240
Milk	Lt.	10.=	0.860	19.=	16.40	9.140	25
Table cheese	Kg.	1.500	1.=	146.=	146.=	0.500	525
Eggs	piece	25.=	--	--	--	25.=	25
Fats: oil	Kg.	2.=	--	--	--	0.200	800
lard	"	--	0.500	158.=	79.=	0.400	700
burro	"	--	0.500	260.=	130.=	0.400	950
Seasoning cheese	"	0.500	--	--	--	0.500	950
Tomato sauce	"	1.=	--	--	--	1.=	300
Sugar	"	1.500	0.500	77.50	38.75	1.=	1000
Kitchen salt	"	1.500	1.000	11.50	11.50	0.500	150
Wine	Lt.	15.=	--	--	--	15.=	98
Total					1867.40		

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY

(consisting of 5 persons = 3.75 consuming unites)

BASIS: 2.200 calories daily per consuming unit

COMO: October 1945

026

UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS			TOTAL EXPENDITURE
		quantities	price £.	expenditure £.	quantities	price £.	expenditure £.	
Kg.	45.=	33.==	18.=	594.=	12.=	70.=	840.=	1.434.=
"	--	4.750	23.=	109.25	--	--	--	109.25
"	10.=	2.500	29.=	72.50	2.750	45.==	123.75	196.25
"	--	--	--	--	--	--	--	--
"	3.=	--	--	--	3.=	100.=	300.=	300.=
"	15.=	--	--	--	15.=	32.=	480.=	480.=
"	40.=	--	--	--	40.=	37.=	1480.=	1.480.=
"	20.=	--	--	--	20.=	76.=	1520.=	1.520.=
"	1.=	0.600	200.=	120.=	0.400	350.=	140.=	260.=
"	2.=	2.==	275.=	550.=	--	--	--	550.=
"	0.500	--	--	--	0.500	600.=	300.=	300.=
"	1.=	--	--	--	1.=	240.=	240.=	240.=
Lt.	10.=	0.860	19.=	16.40	9.140	25.=	228.50	244.90
Kg.	1.500	1.=	146.=	146.=	0.500	525.=	262.50	408.50
piece	25.=	--	--	--	25.=	25.=	625.=	625.=
Kg.	2.=	--	--	--	0.200	800.=	160.=	160.=
"	--	0.500	158.=	79.=	0.400	700.=	280.=	359.=
"	--	0.500	260.=	130.=	0.400	950.=	380.=	510.=
"	0.500	--	--	--	0.500	950.=	475.=	475.=
"	1.=	--	--	--	1.=	300.=	300.=	300.=
"	1.500	0.500	77.50	38.75	1.=	1000.=	1000.=	1038.75
"	1.500	1.000	11.50	11.50	0.500	150.=	75.=	86.50
Lt.	15.=	--	--	--	15.=	98.=	1470.=	1470.=
				1867.40			10679.75	12.547.75

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY
(consisting of 5 persons = 3.73 consuming units)

BASIS: 2.200 calories ⁵daily per consuming unit

COM

FOOD STUFFS	UNIT	QUANTITIES (standard Budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT	
			quantities	price L.	expenditure re L.	quantities	price L.
Bread	Kg.	45.==	30.==	18.=	540.==	15.==	60.=
Pasta	"	==	--	--	--	2.500	90.=
Rice	"	10.=	7.500	12.=	90.=	--	--
Flour	"	--	--	--	--	--	--
Dried beans	"	3.=	--	--	--	3.=	130.=
Potatoes	"	15.=	--	--	--	15.=	26.=
Vegetables	"	40.=	--	--	--	40.=	26.4
Fruit	"	20.=	--	--	--	20.=	45.2
Jam	"	1.*	--	--	--	1.=	350.=
Meat (Beef) (1)	"	2.=	2.=	275.=	550.=	--	--
Salumi (Pork)	"	0.500	--	--	--	0.500	850.=
Fish	"	1.=	--	--	--	1.=	225.=
Milk	lt.	10.=	--	--	--	10.=	19.=
Table cheese	Kg.	1.500	0.500	14.60	7.30	1.=	420.=
Eggs	piece	25.=	--	--	--	25.=	21.=
Fats: oil	Kg.	--	--	--	--	0.200	1000.=
lard	"	2.=	0.650	56.80	36.90	0.150	650.=
burro	"	--	0.250	260.=	65.=	0.750	850.=
Seasoning Cheese	"	0.500	--	--	--	0.500	900.=
Tomato sance	"	1.=	--	--	--	1.=	120.=
Sugar	"	1.500	0.625	77.70	48.55	0.875	1000.=
Kitchen salt	"	1.500	0.500	11.50	5.75	1.=	200.=
Wine	lt.	15.=	--	--	--	15.=	85.=
Total					1343.50		

(1) Sono stati distribuiti Kg. 3.750

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY

(consisting of 5 persons = 3.73 consuming units)

BASIS: 2,200 calories ^{daily} per consuming unit

COMO, SEPTEMBER 1945

UNIT	QUANTITIES (standard Budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS			TOTAL EXPEN- DITURE
		quantities	price L.	expenditure re L.	quantities	price L.	expenditure L.	
Kg.	45.==	30.==	18.=	540.==	15.==	60.=	900.=	1,440.=
"	==	==	==	==	2.500	90.=	225.=	225.=
"	10.=	7.500	12.=	90.=	==	==	==	90.=
"	==	==	==	==	==	==	==	==
"	3.=	==	==	==	3.=	130.=	390.=	390.=
"	15.=	==	==	==	15.=	26.=	390.=	390.=
"	40.=	==	==	==	40.=	26.40	1056.=	1056.=
"	20.=	==	==	==	20.=	45.20	904.=	904.=
"	1.*	==	==	==	1.=	350.=	350.=	350.=
"	2.=	2.=	275.=	550.=	==	==	==	550.=
"	0.500	==	==	==	0.500	850.=	425.=	425.=
"	1.=	==	==	==	1.=	225.=	225.=	225.=
lt.	10.=	==	==	==	10.=	19.=	190.=	190.=
Kg.	1.500	0.500	14.60	7.30	1.=	420.=	420.=	427.30
piece	25.=	==	==	==	25.=	21.=	525.=	525.=
Kg.	==	==	==	==	0.200	1000.=	200.=	200.=
"	2.=	0.650	56.80	36.90	0.150	650.=	97.50	134.40
"	==	0.250	260.=	65.=	0.750	850.=	637.50	702.50
"	0.500	==	==	==	0.500	900.=	450.=	450.=
"	1.=	==	==	==	1.=	120.=	120.=	120.=
"	1.500	0.625	77.70	48.55	0.875	1000.=	875.=	923.55
"	1.500	0.500	11.50	5.75	1.=	200.=	200.=	205.75
lt.	15.=	==	==	==	15.=	85.=	1275.=	1275.=
				1343.50			9855.=	11,198.50

ti Kg. 3.750

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August 10

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY
(consisting of 5 persons = 3,73 consuming units)

= C O M O =

BASIS: 2,200 calories daily per consuming unit

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS	
			quantities	price L.	expenditure L.	quantities	price L.
1. BREAD	KG.	45.=	27.75	16	499.50	17.25	55.
2. PASTA (	"		2.500	23	57.50	0.500	105.
RICE)	"	10.=	5.000	12	60.=	=	=
FLOUR)	"		=	=	=	2.=	75.
3. DRIED BEANS	"	3.=	=	=	=	3.=	120.
4. POTATOES	"	15.=	=	=	=	15.=	23.
5. VEGETABLES	"	40.=	=	=	=	40.=	20.
6. FRUIT	"	20.=	=	=	=	20.=	35.
7. JAM	"	1.=	=	=	=	1.=	275.
8. MEAT BEEF	"	2.=	2.000	220	440.=	=	=
9. SAMOLI (PORK)	"	0.500	=	=	=	0.500	650.
10. FISH	"	1.=	=	=	=	1.000	200.
11. MILK	Ll.	10.=	10.000	19	190.=	=	=
12. TABLE CHEESE	KG.	1.500	0.500	179	89.50	1.000	350.
13. EGGS	piece	25.=	=	=	=	25	27.
14. FATS	KG.	2.=	1.400	212.10	296.90	0.600.	73.
15. SEASONING CHEESE	"	0.500	=	=	=	0.500	95.

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY
(consisting of 5 persons = 3.73 consuming units)

BASIS: 2,200 calories daily per consuming unit

August 1945

UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS			PURCHASED WITHOUT FOOD CARDS			TOTAL EXPEN- DITURE
		quantities	price L.	expenditure L.	quantities	price L.	expenditure L.	
KG.	45.=	27.75	16	499.50	17.25	55.=	946.75	1446.25
"	.	2.500	23	57.50	0.500	105.=	52.50	110.=
"	10.=	5.000	12	60.=	=	=	=	60.=
"	.	=	=	=	2.=	75.=	150.=	150.=
"	3.=	=	=	=	3.=	120.=	360.=	360.=
"	15.=	=	=	=	15.=	23.50	352.50	352.50
"	40.=	=	=	=	40.=	20.=	800.=	800.=
"	20.=	=	=	=	20.=	35.=	700.=	700.=
"	1.=	=	=	=	1.=	275.=	275.=	275.=
"	2.=	2.000	220	440.=	=	=	=	440.=
"	0.500	=	=	=	0.500	850.=	425.=	425.=
"	1.=	=	=	=	1.000	200.=	200.=	200.=
LI.	10.=	10.000	19	190.=	=	=	=	190.=
KG.	1.500	0.500	179	89.50	1.000	350.=	350.=	439.50
piece	25.=	=	=	=	25	21.50	537.50	537.50
KG.	2.=	1.400	212.10	296.90	0.600.	737.50	442.50	739.40
"	0.500	=	=	=	0.500	950.=	475.=	475.=

8. MEAT BEEF	"	2.=	2.000	220	440.=	=	=
9. SAMULI (PORK)	"	0.500	=	=	=	0.500	650.=
10. FISH	"	1.=	=	=	=	1.000	200.=
11. MILK	Li.	10.=	10.000	19	190.=	=	=
12. TABLE CHEESE	KG.	1.500	0.500	179	89.50	1.000	350.=
13. EGGS	piece	25.=	=	=	=	25	21.=
14. FATS	KG.	2.=	1.400	212.10	296.90	0.800.	737.=
15. SEASONING CHEESE	"	0.500	=	=	=	0.500	950.=
16. TOMATO SAUCE	"	1.=	=	=	=	1.000	175.=
17. SUGAR	"	1.500	1.000	77.70	77.70	0.500	950.=
18. KITCHEN SALT	"	1.500	1.500	11.50	17.25	=	=
19. WINE	Li.	15.=	=	=	=	15.000	95.=

1728.35

TOTAL

917

"	2.=	2.000	220	440.=	=	=	=	440.=
"	0.500	=	=	=	0.500	650.=	425.=	425.=
"	1.=	=	=	=	1.000	200.=	200.=	200.=
LI.	10.=	10.000	19	190.=	=	=	=	190.=
KG.	1.500	0.500	179	89.50	1.000	350.=	350.=	439.50
piece	25.=	=	=	=	25	21.50	537.50	537.50
KG.	2.=	1.400	212.10	296.90	0.800.	737.50	442.50	739.40
"	0.500	=	=	=	0.500	950.=	475.=	475.=
"	1.=	=	=	=	1.000	175.=	175.=	175.=
"	1.500	1.000	77.70	77.70	0.500	950.=	475.=	552.70
"	1.500	1.500	11.50	17.25	=	=	=	17.25
LT.	15.=	=	=	=	15.000	95.=	1425.	1425.=

1728.35

6143.75

9872.10

916

2133