

ACC 10000/146/305 LSC /1345 FOOD COST - NAPOLI

July - Sept. 1945

GOOD COST - NAPOLI

July - Sept. 1945

Naples
September, 1945

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY

(consisting of 5 persons - 3,73 consuming units)

BASIS: 2,200 calories daily per consuming unit

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS		TOTAL EXPEN- DITURE
			quantities	price L.	quantities	price L.	
1. BREAD	KG	45. -	0.200 daily (a)	17	110-brown 150-white		
2. PASTA	"	"	2	24	220-brown 260-white		
3. RICE	"	10. -	Unavailable	...	205		
4. FLOUR	"	"	0.166(a)	20	140-brown 170-white		
5. DRIED BEANS	"	3. -			165		
6. POTATOES	"	15. -			30		
7. VEGETABLES	"	40. -			(b)		
8. FRUIT	"	20. -			(b)		
9. JAM	"	1. -			14.00 per 5 lb. can		
10. MEAT (BEEF STEW)	"	2. -			325		
11. Beef (c)	"	0.500			400		
12. SALLIMI (PORK)	"	"			(b)		
13. FISH	"	1. -			25		
14. MILK	Lt.	10. -	0.333	60	80		
15. Powdered (d)	KG	1.500			400		
16. TABLE CHEESE	piece	25			26-30		
17. EGGS	KG	2. -			690		
18. BUTTER	Lt.	0.500	0.200	71	560(e)		
19. Olive Oil	"	"			700		
20. SEASONING CHEESE	"	1. -			180		
21. TOMATO SAUCE	"	1.500	0.125	20	675		
22. SUGAR	"	1.500	0.500	20	40		
23. BUTTEREN SAUCE	"	1.500					
							1303

FOOD STUFFS	UNIT	(standard budget)	quantities	price	expenditure	quantities	price	expenditure	EXPER- DITURE
1. BREAD	KG	45, -	0.200	17		110-brown			
2. PASTA	"		daily(a)			150-white			
3. RICE	"	10, -	2	24		220-brown			
4. FLOUR	"		Unavailable			260-white			
5. DRIED BEANS	"	3, -	0.166(a)	20		205			
6. POTATOES	"	15, -				140-brown			
7. VEGETABLES	"	40, -				170-white			
8. FRUIT	"	20, -				165			
9. JAM	"	1, -				30			
10. MEAT (WATER STEW)	"	2, -				(b)			
11. Beef (c)	"	0,500				(b)			
12. SALLIMI (PORK)	"	1, -				1400 per			
13. FISH	"	1, -				5 lb.can			
14. MILK	Lt.	10, -				325			
15. Powdered (d)	KG	1,500	0.333	60		400			
16. TABLE CHEESE	piece	25				(b)			
17. EGGS	KG	2, -				25			
18. FATS Butter	Lt.	0,500	0.200	71		80			
19. Olive Oil	"	1, -				400			
20. SEASONING CHEESE	"	1,500				26-30			
21. TOMATO SAUCE	"	1,500	0.125	20		690			
22. SUGAR	"	1,500	0.500	20		560(e)			
23. KITCHEN SALT	Lt.	15, -				700			
24. WINE						180			
						675			
						40			
						55			
									1303

TOTAL

(a) Choice of 1/6 kg. of flour or 1/5 bread daily

(b) Vegetables

(c) Other meats:

(d) Canned milk 135

(e) Lard 720

Naples
August, 1945

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY

(consisting of 4 persons - 3,73 consuming units)

BASED: 2,000 calories daily per consuming unit

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS		TOTAL EXPENSE DOLLARS
			quantities	price L.	quantities	price L.	
1. BREAD	KG	45, -	0.200 (a) 17 daily			110-brown 140-white	
2. PASTA RICE FLOUR	"	10, -	2 Unavailable	24		170-brown 240-white	
3. DRIED BEANS	"	3, -	0.166 (a) 20 daily			240	
4. POTATOES	"	15, -				100-brown 160-white	
5. VEGETABLES	"	40, -				180	
6. FRUIT	"	20, -				26	
7. JAM	"	1, -				(b)	
8. MEAT (M.XX STEW) Beef (c)	"	2, -				(b)	
9. SALAMI (PORK)	"	0,500				500	
10. FISH	"	1, -				380	
11. MILK powdered	LT.	10, -				750	
12. TABLE CHEESE	KG	1,500	0.333	63		(d)	
13. EGGS	piece	25				80-100 80 (e)	
14. FATS Butter Olive Oil	KG	2, -	0.200	72		650	
15. SEASONING CHEESE	LT.	0,500				23	
16. TOMATO SAUCE	"	1, -				750 400 (f)	
17. SUGAR	"	1,500	0.125	20		700	
						230	
						800-900	

Item	Quantity	Unit	Budget	Price	Value	Notes
1. BREAD	0.200 (a)	kg	45,-	17	110-brown 140-white	
2. PASTA	2	"	10,-	24	170-brown 240-white	
3. DRIED BEANS	Unavailable	"	3,-		240	
4. POTATOES	0.166 (a)	"	15,-	20	100-brown 160-white	
5. VEGETABLES		"	40,-		180	
6. FRUIT		"	20,-		26	
7. JAM		"	1,-		(b)	
8. MEAT (M.XX, STEW)		"	2,-		(b)	
9. SALLUMI (POK)	0.500	"	0.500		500	
10. FISH		"	1,-		380	
11. MILK	10,-	kg	10,-	63	750	
12. POWDERED	0.333	kg	1,500		(d)	
13. TABLE CHEESE		kg	25		80-100 80 (e)	
14. EGGS		piece			650	
15. BUTTER	0.200	kg	2,-	72	23	
16. OLIVE OIL	0.500	lt.			750	
17. SEASONING CHEESE		lt.	1,-		400 (f)	
18. TOMATO SAUCE		"	1,-		700	
19. SUGAR	0.125	"	1,500	20	230	
20. KITCHEN SALT	0.500	"	1,500	20	800-900	
21. WINE		lt.	15,-		80	
					40-60	
					1302	

T O T A L

(a) Choice of 1/6 kg. of flour or 1/4 bread daily

(b) Vegetables

(c) Other meats:

(d) Fish

(e) Canned milk at 150

(f) Lard at 750

Naples
July 24, 1945

MONTHLY FOOD EXPENDITURE OF A TYPICAL FAMILY

(consisting of 5 persons • 3,73 consuming units)

BASIS: 2,200 calories daily per consuming unit

Source:
American
Embassy

FOOD STUFFS	UNIT	QUANTITIES (standard budget)	PURCHASED BY FOOD CARDS		PURCHASED WITHOUT FOOD CARDS	TOTAL EXPEN- DITURE
			quantities	price L.	price L.	
1. BREAD	KG	45, -	0.200 daily*	17	90-brown 140-white	
2. PASTA RICE FLOUR	" " "	10, -	2		140-brown 210-white 400	
3. DRIED BEANS	"	3, -	0.166 daily*	17	130-brown 130-white	
4. POTATOES	"	15, -			180	
5. VEGETABLES	"	40, -			18	
6. FRUIT	"	20, -			**	
7. JAM	"	1, -			**	
8. MEAT (XXXV STEW) Beef	"	2, -			400	
9. SALAMI (PORK)	"	0,500			300	
10. FISH	"	1, -			750	
11. MILK powdered	Lt. KG	10, - 1,500	0.333	63	**	
12. TABLE CHEESE	KG	1,500			25 80 500	
13. EGGS	piece	25			24	
14. FATS Olive oil Butter	Lt. KG	2, - 0,500	0.200	72	400 800 700	
15. SEASONING CHEESE	"	1, -			230	
16. TOMATO SAUCE	"	1,500			1361	
17. SUGAR	"	1,500	0.125	32	800	
18. KITCHEN SALT	"	1,500	0.500	16	160	
19. WINE	Lt.	15, -			40	

FOOD STUFFS	UNIT	(standard budget)	quantities	price L.	expenditure L.	quantities	price L.	expenditure L.	DTLURE
1. BREAD	KG	45, -	0.200 daily*	17				90-brown 140-white 140-brown 210-white 400	
2. PASTA RICE FLOUR	"	10, -	2					130-brown 180	
3. DRIED BEANS	"	3, -	0.166 daily*	17				18	
4. POTATOES	"	15, -						**	
5. VEGETABLES	"	40, -						**	
6. FRUIT	"	20, -						400	
7. LARD	"	1, -						300	
8. MEAT (BEEF, STEW)	"	2, -						750	
9. SALAMI (PORK)	"	0,500						**	
10. FISH	"	1, -						25	
11. MILK Powdered	KG.	10, -	0.333	63				80	
12. TABLE CHEESE	KG	1,500						500	
13. EGGS	piece	25						24	
14. FATS Olive oil	Lt	2, -	0.200	72				400	
15. BUTTER	KG	0,500						800	
16. SEASONING CHEESE	"	1, -						700	
17. TOMATO SAUCE	"	1,500	0.125	32				230	
18. SUGAR	"	1,500	0.500	16				1301	
19. KITCHEN SALT	"	1,500						800	
20. WINE	Lt.	15, -						160	
								40	

T O T A L

*Choice of 1/6 Kg. of flour or 1/5 Kg. bread daily
 ***Canned milk is also listed at 150

**Vegetables
 Tomatoes 24
 Green beans 30
 Peppers 50
 Egg plant 45

Fish
 Merluzzo 400
 Sardines 180
 Tuna 300
 Anchovies 180

(a) Other meats:
 Pork (American canned) 900
 Veal 400
 Mutton 400

(b) Lard 750, open market

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